

# SCHEMA VECKA 29

MÅNDAG	TISDAG	ONSDAG	TORSDAG
<b>18.10-19.10</b> <b>LES MILLS</b> <b>BODYPUMP</b> Jessica H-F	<b>17.30-18.00</b> <b>LES MILLS</b> <b>GRIT</b> STRENGTH Christian		<b>17.35-18.05</b> <b>LES MILLS</b> <b>CXWORX</b> Annelie
<b>19.15-20.00</b> <b>LES MILLS</b> <b>tone</b> 45 Jonna/Annelie	<b>18.10-18.55</b> <b>LES MILLS</b> <b>BODYCOMBAT</b> 45 Elin		<b>18.10-18.40</b> <b>CYKLING 30</b> Karolina
	<b>19.00-20.00</b> <b>LES MILLS</b> <b>BODYBALANCE</b> Caroline		<b>18.45-19.45</b> <b>LES MILLS</b> <b>BODYPUMP</b> Annelie

# SCHEMA VECKA 30

MÅNDAG	TISDAG	ONSDAG	TORSDAG
<b>18.10-19.10</b> <b>LES MILLS</b> <b>BODYPUMP</b> Anna	<b>17.30-18.00</b> <b>LES MILLS</b> <b>GRIT</b> STRENGTH Christian		<b>17.35-18.05</b> <b>LES MILLS</b> <b>CXWORX</b> Annelie
<b>19.15-20.00</b> <b>LES MILLS</b> <b>tone</b> 45 Jonna/Annelie	<b>18.10-18.55</b> <b>LES MILLS</b> <b>BODYCOMBAT</b> 45 Matilda		<b>18.10-18.40</b> <b>CYKLING 30</b> Karolina
	<b>19.00-20.00</b> <b>LES MILLS</b> <b>BODYBALANCE</b> Caroline		<b>18.45-19.45</b> <b>LES MILLS</b> <b>BODYPUMP</b> Annelie

