

GLEN CHRISTIANSEN SWIMMING CAMPS

TENERIFE TOP TRAINING

ATHLETICSPHERE

2019



INDIVIDUAL MASTER CAMP
THE ART OF PERFORMANCE EXCELLENCE
09.03.2019 – 17.03.2019





INDIVIDUAL MASTERS CAMP 09.03.2019 – 17.03.2019

INCLUDED IN THE PRICE

Accommodation in Hotel HOVIMA Jardín Caleta, superior room	✓
Full Board (Breakfast, Lunch, Dinner) including ½ l mineral water or 1 soft drink with lunch and dinner	✓
Daily use of T3 pool according to training schedule Glen Christiansen	✓
Daily use of T3 gym according to training schedule Glen Christiansen	✓
Use of T3 flume channel according to training schedule Glen Christiansen*	✓
All lectures Glen Christiansen	✓
Technical analyze Glen Christiansen	✓
Towel Service in T3 (1 clean towel per person per training session)	✓
Water supply (1,5 l mineral water per person per day)	✓
1 free T3-T-Shirt per participant	✓
7% Canarian Tax IGIC	✓
Deep tissue massages, 30 minutes	32,00 €
Airport Transfers	On request
Rental cars	On request

* = Clients are welcome to bring their own USB-Drive or extern disc to save their recording.

In case you would like to take along a DVD with your recording, this is available at a price of 5,00 € per DVD.





INDIVIDUAL MASTERS CAMP 09.03.2019 – 17.03.2019

All prices are per person per day

	Single occupation		Double occupation		Triple occupation*	
HOVIMA Jardín Caleta***	Booking and payment before 15.10.2018	Booking and payment after 15.10.2018	Booking and payment before 15.10.2018	Booking and payment after 15.10.2018	Booking and payment before 15.10.2018	Booking and payment after 15.10.2018
For days Hotel only / Accompanying persons	107,00 €	112,00 €	74,00 €	77,00 €	66,00 €	69,00 €
For days with camp participation	159,00 €	163,00 €	125,00 €	129,00 €	109,00 €	114,00 €

*- **Triple occupation** - 2 persons sleep in the separate bedroom equipped with twin beds, the third person sleeps on sofa bed in the living area.

Children under 14 years have a discount of 30% on the adult's price accommodating with them in the same apartment (both on hotel only price and price with camp participation).

Accompanying persons wishing to use the training facilities without participating in the camp can use the T3 facilities (pool, gym, athletic track) at a promotional price of 125,00 € / week / person. To avoid misunderstandings here in the center, we recommend booking this in before arrival.

