

**TRE™ Provider trainee certification process:**



Name: \_\_\_\_\_

**Enroll in TRE Certification Enrollment system**

**Create & signed TRE™ Learning plan (with responsible CT)**

After enrolling and sent proof of registration to responsible CT & signed learning plan, receive

- 1. Areas of Awareness in TRE**       **2. TRE™ Template**

**Min 4 hours/4 sessions:** Personal sessions – work through own process, questions, books, tremors  
(Journaling of own process to be submitted prior to session)

- 1. Date \_\_\_\_\_ Skype  on site  Trainer/Mentor \_\_\_\_\_
- 2. Date \_\_\_\_\_ Skype  on site  Trainer/Mentor \_\_\_\_\_
- 3. Date \_\_\_\_\_ Skype  on site  Trainer/Mentor \_\_\_\_\_
- 4. Date \_\_\_\_\_ Skype  on site  Trainer/Mentor \_\_\_\_\_

**Approx. 6 hours/4 sessions:** Leading an individual through TRE™ under supervision (submitted film)

- 1. Date \_\_\_\_\_ Skype  on site  Trainer/Mentor \_\_\_\_\_
- 2. Date \_\_\_\_\_ Skype  on site  Trainer/Mentor \_\_\_\_\_
- 3. Date \_\_\_\_\_ Skype  on site  Trainer/Mentor \_\_\_\_\_
- 4. Date \_\_\_\_\_ Skype  on site  Trainer/Mentor \_\_\_\_\_

**7-8 hours/4 sessions:** Leading a group through TRE™ under supervision(submitted film and pre-edit)

- 1. Date \_\_\_\_\_ Skype  on site  Trainer/Mentor \_\_\_\_\_
- 2. Date \_\_\_\_\_ Skype  on site  Trainer/Mentor \_\_\_\_\_
- 3. Date \_\_\_\_\_ Skype  on site  Trainer/Mentor \_\_\_\_\_
- 4. Date \_\_\_\_\_ Skype  on site  Trainer/Mentor \_\_\_\_\_

**Reading required literature/media and write a 1-2 page summary**

Book: \_\_\_\_\_ Summary Completed date: \_\_\_\_\_

Book: \_\_\_\_\_ Summary Completed date: \_\_\_\_\_

Book: \_\_\_\_\_ Summary Completed date: \_\_\_\_\_

Book: \_\_\_\_\_ Summary Completed date: \_\_\_\_\_

DVD: \_\_\_\_\_ Summary Completed date: \_\_\_\_\_

DVD: \_\_\_\_\_ Summary Completed date: \_\_\_\_\_

DVD: \_\_\_\_\_ Summary Completed date: \_\_\_\_\_

**Final Assessment**

Date \_\_\_\_\_ Skype  on site  Certification Trainer \_\_\_\_\_

**Outlined from the minimum core certification requirements to become a Certified TRE® Provider**