



## **INVITATION TO NORDIC DIVING/NORDIC JUNIOR DIVING CHAMPIONSHIPS 2021**

Finnish Swimming Federation has the pleasure to invite you to Nordic Championships and Nordic Junior Championships from December 17th to 19th in Helsinki, Finland.

## Host, Venue and Dates

The host of this Championship is the Finnish Swimming Federation in collaboration with Diving Club Tiirat. The event will be held at Mäkelänrinne Sports Centre 17<sup>th</sup> to 19<sup>th</sup> of December.

### **The address of the Venue:**

Mäkelänrinne Sports Centre  
Mäkelänkatu 49, 00550 Helsinki.

### **Contact details:**

Finnish Swimming Federation  
krista.salonen@uimaliitto.fi  
+358451114093

### **Dates to note:**

Preliminary entry **by 17.10.**  
Final accommodation form and travel form **by 15.11.**  
Final entry form **by 1.12**  
All forms need to be sent to [krista.salonen@uimaliitto.fi](mailto:krista.salonen@uimaliitto.fi)

## Events

Springboard 1 m and 3 m and platform for seniors and age group A (2002-2004), B (2005-2007) and C (2008 and younger). Synchro 3m and Platform senior and age group. Team Event.

## Rules

According to the rules of the Nordic Swimming Federation and FINA.

## Program

You can find the preliminary program attached to this invitation. The final program will be sent out in the beginning of November.

## Facilities

2 \* 1 m springboards, 2 \* 3 m springboards and 5 m, 7,5 m and 10 m platform.

## Training

The pool is available for training for all teams from Thursday 16th of December.

## Accommodation

Sokos Hotel Tripla, address Fredikanterassi 1 B, 00520 Helsinki. The hotel is located at Pasila railway station and Mall of Tripla. It is situated 1,1 km from the pool.

Prices include full board from Thursday (dinner) to Sunday (lunch). All meals are at the pool's cafeteria Uppopulla, except for social dinner on Saturday evening which is at the hotel.

Single room: 380 euros

Double room: 320 euros

Triple room: 280 euros

National Federations will receive a pro forma invoice for 50% of the total amount based on the preliminary entry. After the final entry the NF's will receive an invoice for the balance.

## Transportation

From Helsinki-Vantaa airport you can take the airport train to Pasila station where the hotel is located.

## Technical meeting

Thursday 16th of December at Mäkelänrinne.

## Welcome to Helsinki!