

PARA EVENTS in Nordic Championships

1. Championships will be swum under World Para Swimming Rules and regulations 2018.
2. Sport classes S1-10 (Physically impaired swimmers), S11-13 (visually impaired swimmers) and S14 (intellectually impaired swimmers). Swimmers need to be nationally classified before the start of the competition
3. Events for para-swimmers are marked with classes that are eligible to enter. There will be heats in the morning and finals in the evening for 8 best multi-class swimmers by points in 50-400 m distances. If there are **3 or less swimmers** in the event, the event will be swum as **a direct final in the morning**. If there are **4-8 swimmers** in the event, the event will be swum as **a direct final in the evening**. When there are **9 or more swimmers** in the event, the event will be swum as **heats in the morning and a final for 8 swimmers in the evening**.
4. Finalists and medalists will be determined by multi-class points (World Para Swimming point system).
5. Medals and points will be awarded by –1 rule in para events.
6. There will maximum of 2 eligible swimmers/nation/event.
7. Swimmers can only swim events that are on the WPS Rules 10.4 for their class.
8. Events:
 - 50m Freestyle S1 – 13
 - 100m Freestyle S1 - 14
 - 200m Freestyle S1 - 5, S14
 - 400m Freestyle S6 - 14
 - 50m Backstroke S1 - 5
 - 100m Backstroke S1-2, S6 - 14
 - 50m Breaststroke SB1 - 3
 - 100m Breaststroke SB4 – SB9, SB11- 14
 - 50m Butterfly S2 - 7
 - 100m Butterfly S8 - 14
 - 150m Ind. Medley SM1 - 4 (without Butterfly)
 - 200m Ind. Medley SM5 – 14

Following Rules will be amended to particular bullet point in NSF Rules:

- 1.7 The winner of the junior final is the Nordic Junior Champion and the winner of the senior final is the Nordic Champion, ***the winner of the para final by WPS points is the Nordic Para Champion***. NSF logo medals are awarded to swimmers who finish first, second and third in each age group and discipline, and the same for teams in team events.
- 1.9 Points will be awarded according to the NSF general rules and regulations (section A, pkt. 13).
 - Only points achieved in finals can be counted.

- A trophy will be awarded to the winning team in the junior group and the winning team in the senior group, **and the winning team in the para group.**

1.11 The following **six** trophies will be awarded in the “Best performance award”:

- Trophy for overall best female youth performances according to FINA points (junior girls)
- Trophy for overall best male youth performances according to FINA points (junior boys)
- Trophy for overall best female youth performances according to FINA points (senior)
- Trophy for overall best male youth performances according to FINA points (senior)
- ***Trophy for overall best female para performances according to WPS points***
- ***Trophy for overall best male para performances according to WPS points***