Welcome Letters .......................... 3

People .......................................... 8

The Cultural Frame ......................... 12

PRE-Congress:
Description of Activities .............. 16
Timetable .................................. 16
Abstracts ................................. 17

Congress:
Description of Activities ............. 23
Timetable .................................. 25
Daily Programme ......................... 26
Abstracts ................................. 34
KEYNOTES ................................. 34
SYMPOSIA .................................. 36
Paper Presentations ................. 54
Workshops .............................. 62
Poster Presentations ............. 90
From Kate Bradshaw Tauvon (Sweden)
President IAGP

I so love the amazing resilience of this International Association and can only express huge gratitude to all of you who have contributed to building this Congress which I think will inspire us all. We were overjoyed to receive the rich flood of scientific proposals and your generous monetary gifts enabling scholarships as never before for those who otherwise would not have been able to join us. It comes some way to fulfilling IAGP’s stated aim of bringing greater geographical, scientific, professional, cultural, generational and gender diversity, to regenerate and renew the spontaneity and creativity needed for growth and development in the context of our Congress. It enables us to create a vigorous holding environment, in this case in the city of Malmö, from which to explore the theme of the Congress - RISING TIDES of CHALLENGE and HOPE: healing identity in society, groups and individuals.

I will end my term as President of IAGP having served on the IAGP board since 1998 with a gap of 3 years and having been its Executive Secretary twice. My first international psychodrama conference participation in Cattolica, Italy in 1987, to which I was invited by IAGP Distinguished Fellow Marcia Karp, was key in my future participation in IAGP’s international work. Joining my previous group analytic teacher colleague IAGP Fellow Göran Ahlin to become co-founder of the Stockholm Conference Group for Social Issues (SOCI) was a foundation stone for the last 20 years of my work in IAGP. The SOCI was founded in 1996 on the basis of a growing awareness of social and political changes that undermine self-evident human rights and obstruct social and psychotherapeutic work.

There is a sculpture outside the United Nations building in New York entitled ‘Hope’, created by the Swedish artist Gustav Kraitz, dedicated to the Swedish diplomat Raoul Wallenberg who is celebrated for his extraordinary courage and disregard for the constant danger to himself, in saving the lives of almost one hundred thousand men, women and children during the later stages of World War II. As Sweden’s special envoy in Budapest between July and December 1944, Wallenberg issued protection passes, which he could do because of his position as a diplomat but also because he saw and valued the lives of people and was able to recall their names. He protected them in buildings designated as Swedish territory, thus saving thousands of lives. In this memorial to Wallenberg you see his little suitcase – the only thing found long after his capture by the Red Army. His alertness, observation, engagement, heart and ability to recollect the name of each person he’d seen, spontaneity, courage and determination are all qualities which enabled him to save those people in a vulnerable position unable in that situation to protect themselves. This is an example of constant flow, genuine here-and-now mindfulness over time.
I was reminded of this when I saw a sculpture from the series ‘Les Voyageurs’ by the Moroccan, Franco-Italian sculptor, Bruno Catalano, which together with the Öresund bridge became the image for this Congress. An image of a ‘you’ who while travelling lost part of yourself in the vacuum created by being forced to leave your land, your life, your people... for any reason or a ‘you’ who moves on to find what will fill the vacuum. With an introspective look the ‘you’ proceeds to meet an unknown future.

Many refugees have sought their way for many years to the cosmopolitan city of Malmö, Sweden - our host for this Congress. The citizens of Malmö today are from 175 countries of 193 listed by the United Nations. Since the theme of the Congress is much about shifts of power constellations, mass migration, climate change and re-adjustment of gender relations; processes which carry great opportunities as well as a huge violent potential; it is our hope that by bringing professionals from all over the world to exchange ideas with local professionals and the people of Malmö that we can bring about some significant, constructive and lasting change in societies both locally and abroad. We as group workers can be a vital resource to help reduce the psychological costs of these powerful forces and to keep in mind the needs of our time. This will particularly be addressed in the Groups in the City part of our programme where professionals from the congress meet the people of the city for mutual learning and exchange.

A goal for IAGP is to spread ideas, train in group psychotherapy, and network in parts of the world where scientific group-focused thinking is still at the beginning of its development. Therefore, we especially welcome the colleagues who either carry out this pioneer work or want to learn how to. We have sought to bring together colleagues who have the collective wisdom from which we need to learn in spite of and due to our differences!
I would like to publicly thank the members of the two great teams that have brought this excellent event and its programme to fruition:

The Scientific Programme Committee (SPC) chaired by Regine Scholz, Germany, co-chaired by Teresa von Sommaruga Howard, UK and NZ and consultant Esther Stone, USA and the Pre-Congress Committee (PCC) Chair Eva Fahlström- Borg, Sweden and consultants Maurizio Gasseau, Italy and Maria van Noort, the Netherlands and the members of the Local Organizing Committee (LOC) chaired by Paul Benér, Sweden. Let us express our gratitude and our admiration to them as this congress is the fruit of their service to all of us and their untiring dedication to this event. Thank you!

We’d also like to express huge gratitude to the Scholarship Committee, Chair Gerda Winther, Denmark. Raising sponsorship funds of US$6000 was no mean feat in these struggling times. We are so happy to have been able to bring colleagues whose unique and valued perspective otherwise would not have been available to us here. Thank you so much! You will find specific acknowledgment of the donations in this congress book.

We have had the involvement of several congress organisers during this three-year period who for various reasons were not able to continue. It’s not surprising really that when the theme of the congress is about forced relocation that we have moved between three potential sites finally arriving at Malmö Live Hotel. Many thanks too to our champion Congress Organisers in Malmö, Meetagain, Helene Nilsson iagpcongress@meetagain.se and our Events Manager from the UK, Michelle Gallagher www.hulioevents.com. Without them we wouldn’t be here. Go gratitude!

Apart from our invited symposia and special events in the pre-congress and our esteemed keynote speakers we received more than 200 scientific proposals, so we will be spoilt for choice in deciding, in which sessions to participate! There are also many delightful places close by to visit also, which is not only of importance for our accompanying people but probably also for all of us. You will find information on the congress website www.iagpcongress.org and in your conference bags.

We will have the opportunity to meet and celebrate our Board of Directors, Section Chairs, CAOA Chair and Committee Chairs and members and list leaders who work constantly to fulfil our goals. We are all guided by our General Assembly of general members which promotes the development and expression of democracy.

Although we only have 400 individual members, through our Affiliate (Organisational) members we cautiously estimate our outreach to approximately 5000 people. This makes us the largest organisation globally, working internationally with group psychotherapy and group processes so I hope we can support each other in reaching out with the richness of our theory, experience, practice and research findings.

Finally, I ask us to join forces to work toward mourning the lost parts, transforming disturbing societal trauma, moving toward discovering and creating the parts we need to find to be able to hold and work through pain, share joy and celebration and build long-lasting understanding, appreciation, and friendship between us and in the world. Together we can walk the walk maintaining hope between us to keep on keeping on.

Thank you for coming, welcome to Malmö, thank you for revitalizing the dream of JL and Zerka Moreno, of Anne Ancelin Schützenberger, SH Foulkes, J Bierer, Raymond Battegay, of K Lewin and many others to be able to dream again!

Kate Bradshaw Tauvon, President
Welcome to our Congress,

**Rising Tides of challenge and hope: healing identity, in society, groups and individuals.** The theme both recognises and is a reaction to the intense changes in the world order that emerged after WW II. For many of us this was our childhood. These dramatic changes facing us now, are accompanied by fascinating prospects as well as intense threats. And, as with every transition phase, there are high levels of insecurity – both collectively and individually. We as group psychotherapists and group processors are ourselves part of these processes – and at the same time, we are called upon to try to understand what is going on – to bring our expertise to help us all cope with these Rising Tides and instil realistic hope.

This Congress will provide a platform for investigation, analysis and dialogue of issues and processes that affect all of us regardless of our ethnic, cultural, political similarities or differences.

We need to continue to raise our consciousness about the major global shifts in power with its often-violent changes. People lose home, health and beloved ones through wars and/or climate change; social structures are overthrown, reshaped by new technologies; formerly well-established states fail while new nations emerge and fight for their place in the international community; persons and groups of all sizes are struggling in often highly emotional conditions to adapt to new situations.

We hope to focus on how questions such as these below affect our clinical and community work:

1. The emotional impact of a rapidly, often traumatically, changing world: how are threats experienced and constructed?
2. How do these events change the power balance in gender relations?
3. What does it mean with for race relations, relations of former colonizers with the colonized?
4. What do we (have to) expect for the future? How to love, work and live? What are the dynamics between the rich and poor, the included and marginalized? How do we contribute?
5. In addition to these issues, there will be a special highlight, offering open experiential groups inside and outside the conference and in public places of the city.

We invite you to join us in this journey by participating actively in the programme, benefitting especially from the ongoing daily events such as the Social Dreaming Matrix, the Small, Median and Large Groups and enjoying the lectures of our Keynote Speakers, who come from Sweden, Norway, Germany and the USA. We look forward to an exciting Congress in Malmö, Sweden.

Hjärtligt välkomna ... Welcome

Regine Scholz, Chair of the Scientific Committee
From Paul Benér (Sweden)
Chair of the Local Organizing Committee

You are most welcome to Malmö!

We are delighted and honoured to host the IAGP XX International Congress for Group Psychotherapy and Group Processes in Malmö, the third largest city in Sweden. As a meeting point at the south border of our country, Malmö welcomes people from all the world. The narrow straits close to Copenhagen opens up to the Baltic and the North Sea, and once our city was well known for its shipyards. Going by train over the Öresund Bridge from Copenhagen, you will be welcomed by the sun glittering in the sea and the landmark of the Turning Torso building.

The theme of our Congress, Rising Tides of Challenge and Hope will help us to meet the challenges and hopes that our city of Malmo experiences welcoming refugees from around the world. The engagement of many citizens at the Malmö central train station taking care and helping refugees arriving from over the bridge at the peak in 2015, is a vivid picture of our hospitality in southern Sweden. It is necessary both to work with our own identity and to heal as much as possible, to keep a dialogue and communication alive in our society. A lot of political work is going on because of the need to put into words our identity, as well as for newcomers who are trying to find a new place for their future. This theme of challenge and hope also calls for the political work that our Saphmi people of Northern Sweden have been doing for so long, even though the Swedish government has been harshly criticised by the European Union for their unjust treatment over the years.

We are sure that the Congress will enlighten us all when experiencing the complex feelings arising out of meeting in small and larger groups, confronting us all in our individuality and group identity. It will be a microcosm of all the feelings and thoughts that come when we have to leave and look at our individual and group territorial behaviour.

The Local Organizing Committee welcomes you all to Malmö and we will be at your service as best we can at Malmo Live Hotel. The venue is situated near the train station, only 20 minutes by train from Copenhagen airport, and you can easily take part of Malmo city, with its canals, and the old town. When in Malmö you can easily take the opportunity to visit Copenhagen and Zealand, and the Louisiana Art Museum in Humlebaek. To get the scent of the Swedish summertime we invite you to take bus trips around Skåne, the landscape in the south of Sweden, visiting castles and other cities.

We in the Local Organizing Committee wish you a living experience of the Congress of 31 July to 4 August and a pleasant stay in Malmö.

Paul Benér,
Chair of the Local Organizing Committee
THANK YOU for DONATIONS to the SCHOLARSHIP FUND

Earl Hopper
Ray Haddock
Regine Scholz
Anonymous
Gerda Winther
Kate Bradshaw Tavou
Teresa von Sommaruga Howard
Refaat Mahfouz
Marianne Wiktorin
Thor Kristian Island
Jorge Burmeister
Mona el Rakawy
Roberta Mineo
Anonymous
Sabar Rustomjee
Center for the Study of Psychology and Psychosomatic Medicine, Pescara (Italy)
Alberto Serrano in memory of Fern Cramer-Azima
Maria Grigoriou
Kate Hudgins
Maria van Noort
Anonymous
Copenhagen Institute of Group Analysis
Catharina Asklin Westerdahl
Anonymous
Rebecca Walters
Cecilia Winkelman
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Cecilia Winkelman
Giovanna Cantarella
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Congress Vice-Chair:
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Dipl Arch, (UK/New Zealand)

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Pre-Congress Chair:
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Consultants to Pre-Congress Chair:
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Maurizio Gasseau, PhD (Italy)

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Kristina Elofsson (Sweden)
Annika Trunnerup (Sweden)
Kirsten Kronkvist (Sweden)
Nike Brandt Poulsen (Denmark)

Professional Congress Organizers

Meetagain:
Helene Nilsson
Johan Menso
Katrina Helm
Eliza Hoelstad

Hulio Events:
Michelle Gallagher

Preparing for congress in lobby of Clarion MalmöLive
ABOUT IAGP and its COMMITTEEs

IAGP, The International Association for Group Psychotherapy and Group Processes, is a world-wide network of professionals involved in the development and study of group psychotherapy and group process as applied to clinical practice, consultancy, education, scientific studies and socio-cultural settings. IAGPs goal is to fact-find, develop and use our knowledge about groups to take responsibility as world citizens for co-creating our world: to be present and engaged in relationship with each other, with strangers and with the world we live in.

IAGP is dedicated to the inspiration and action of
JL Moreno, MD (1889–1974) and SH Foulkes MD (1898–1976)

PREVIOUS IAGP CONGRESSES

PREVIOUS IAGP REGIONAL CONGRESSES

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Organisational Consultancy Section
Peter Howie BSc, MEd, TEP, PhD Cand (Australia)

Consultative Assembly of Affiliate Organizations (CAOA)
Michael Wieser, Mag Dr (Austria) and
Kate Bradshaw Tauvon MA, GA Dip, TEP (Sweden)

PAST PRESIDENTS
Samuel B. Hadden, MD (USA): 1973-1977
Raymond Battegay, MD (Switzerland): 1977-1980
Malcolm Pines, MD (UK): 1980-1984
Jay W. Fidler, MD (USA): 1984-1986
Grete Leutz, MD (Germany): 1986-1989
Fern Cramer Azima, PhD (Canada): 1989-1992
Earl Hopper, PhD (UK): 1995-1998
Robert de Inocencio, MD (Spain): 1998-2000
Sabar Rustomjee, FRANZCP (Australia): 2000-2003
Christer Sandahl, PhD (Sweden): 2003-2006
Jorge Burmeister, MD (Switzerland/Spain): 2009-2012
In building the matrix of the congress we have anchored our theme in music, song and art - the cultural arms around us, as we work together on the significant issues we all bring. We know how important non-verbal modalities are in the working through of traumatic events.

Our Congress title this time RISING TIDES of CHALLENGE and HOPE: Healing identity in society, groups and individuals will start at the roots with the experience of our indigenous people, the Sámi folk, reflecting our concern regarding the effects of climate change, wars, famine, related power issues, gender issues, sexuality issues racial issues and fighting for resources and the resulting forced relocation of the peoples of the world.

In IAGP’s first meeting following our last Congress in January 2016 I opened my Presidential speech by playing a characteristic song of the Sámi, the nomadic people of northern Scandinavia as it said so much about the force of destruction and demarcation in the management of creative processes. We are living in relation to our environment and can do well to learn the signs of environmental change. The nomadic peoples of the world are often finely tuned to reading such non-verbal communications.

**Mari Boine, renowned Norwegian Sámi musician**

It is such a joy to welcome to our opening ceremony Mari Boine, a renowned Norwegian Sámi musician acknowledged for having musically integrated the joiks of her native people with jazz and rock. Her parents were Sámi. They made a living from salmon fishing and farming. She grew up steeped in the region’s natural environment, but also amidst the strict Laestadian Christian movement with discrimination against her people: for example, singing in the traditional Sámi joik style was considered ‘the devil’s work. The local school that Mari attended reflected a very different world from that of her family. All the teaching was in a foreign language - Norwegian.

As Mari grew up, she rebelled against prejudicial attitudes being seen as an inferior ‘Lappish’ woman in Norwegian society. For instance, the booklet accompanying her CD ‘Leahkastin’ (Unfolding) is illustrated with photographs with racist captions. When Mari’s album Gula Gula was first released on Peter Gabriel’s Real World label in July 1990, its front cover showed an iconic image of the tundra of the far north, the eye of a snowy owl. The front cover curiously did not show the name of the album, or the name or face of Mari Boine herself; the back cover printed the name ‘Mari Boine Persen’, the Persen surname identifying her as a Norwegian rather than a Sámi. On the 2007 release on her own Lean label, the album cover explicitly names Mari Boine with her Sámi surname, and shows her in full Sámi costume as a shamanistic dancer of her own people, while the white background, like the snowy owl of the original release, hints at the snows of the north.

Mari was asked to perform at the 1994 Winter Olympics in Lillehammer but refused because she perceived the invitation as an attempt to bring a token minority to the ceremonies.
Reflections on People and the Biosphere

During the Congress you will have the opportunity to see a marvellous exhibition entitled ‘Reflections on People and the Biosphere’ created by Photographer Lars Hall and Carl Folke leading scientist and pioneer on socio-ecological systems, resilience thinking and sustainability science. Lars photographed the island Grillskäret in the Baltic Sea from an exact point on the same day once a year for 30 years, showing diverse impressions and changing environments. The pictures are complemented by music quotes, and texts from three decades of developing sustainability science and resilience thinking in relation to the Biosphere. But resilience cannot be taken for granted. Humanity stands before a major resilience challenge. The Biosphere provides our life foundation. Globally interconnected societies have become a significant force in the operation of the Biosphere, altering its resilience and the future of people on earth. Carl Folke is Professor, Director of the Beijer Institute of Ecological Economics of the Royal Swedish Academy of Sciences and founder and Scientific Director of the Stockholm Resilience Centre, Stockholm University. Since the mid 1980’s he has broken new ground in understanding the dynamic interplay of humans and nature, of economy and ecology, from management and stewardship of ecosystem services in the seas and on the land to global sustainability.

Carl was excited to hear of our Congress. He is unfortunately unable to attend himself but shared his exhibition with us free of charge and sent in his place the exhibition’s curator Ulrika Levén and her assistant from the Beijer Institute, Agneta Sundin. They will be happy to talk to you about the exhibition and their work. Sadly Lars Hall died last year.

The archipelago outside Stockholm is an amazing place. We hope the exhibition will inspire and provide space for contemplation about this critical relationship and help reconnect us to the Biosphere and preconditions for humanity.

Fredrik Kronkvist and Miriam Aïda and accompanying musicians

We had the pleasure of meeting Miriam and Fredrik on a site visit during our preparations for the congress and asked if they could play for us with some friends during the farewell dinner at the end of the Congress. If you know Kirsten Artin-Kronkvist from the Local Organising Committee you may guess how we had the privilege of getting to know Fredrik and Miriam.
We're very happy to have with us some of Sweden’s finest musicians who are flourishing in the international jazz and world music scene converging in their great love of rhythms. They believe that music and art are for healing one another and with that message closest to heart, they invite you to a colourful mix of jazz, Brazilian music and folk songs. The music reflects beautiful differences - but above all, it shows that what we have in common is much greater and that people’s similarities are far more than the differences.

Miriam Aïda - song
Fredrik Kronkvist - Alto Saxophone, Flute
Mats Andersson - 7-string acoustic guitar
Emil Sjunnesson - Percussion

Their music accompaniment you’ll hear in the breaks! This is our music of Malmö. This will be a kind of musical parting embrace.

We hope you'll enjoy these elements of the congress as well as sharing an excellently composed Scientific Programme.

You can find their music online on Spotify by including their names.

**Expressive Arts Space/Container supported by the Transcultural Section**

The Transcultural Section of IAGP led by the new chair, Marcia Honig will provide a dedicated place for everyone to record their feelings and impressions through colour and drawing.
Programme of Cultural Activities

WELCOME Reception at CITY HALL

Wednesday 1 August at 19.15
We are being welcomed to a reception by the City of Malmö in the beautiful Knutssalen in the City Hall, Rådhuset Stortorget.
The historical town hall in Malmö was built in 1544–1547, at a time, when Malmö was one of the largest cities in Scandinavia. The two-storey building was the largest town hall which was built in the 16th century. The town hall received its present, Dutch Renaissance style façade around 1860 in the wake of extensive restoration work. It was attempted to restore the original medieval façade. The vaulted cellars still look like in the Middle Ages, the ceiling of the upper floors were decorated with elaborate stucco work in the 19th century. The Knut hall was designed like the Hall of Mirrors of the Versailles Palace and is used for special events and balls.

MUSIC in the Intervals
Miriam Aïda and Fredrik Kronkvist have generously given us permission to prepare these tracks from Spotify for you to listen to in the interval before the keynotes.

FAREWELL DINNER at the OLD POST OFFICE

Saturday 3 August
4 Posthusplatsen, Malmö
Description of Activities

The Pre-Congress is a one-day event that includes Masterclasses for seasoned professionals as well as workshops designed for young professionals and students.

These will give you the opportunity to meet international trainers and colleagues from all over the world and to find a place for yourself before the main congress.

You can choose from workshops relating to Analytic Group work, Psychodrama, Family Therapy, Transcultural work, Systems Centred approach, Organisational Consulting and Research, The Social Unconscious.

Pre-Congress Timetable

<table>
<thead>
<tr>
<th>TIME</th>
<th>31 July</th>
</tr>
</thead>
<tbody>
<tr>
<td>08:30 - 09:00</td>
<td>Gathering of whole group</td>
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<tr>
<td>09:00 - 10:00</td>
<td>First Session</td>
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<tr>
<td>10:00 - 10:30</td>
<td>REFRESHMENT BREAK</td>
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<tr>
<td>10:30 - 11:30</td>
<td>Second Session</td>
</tr>
<tr>
<td>11:30 - 12:00</td>
<td>REFRESHMENT BREAK</td>
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<tr>
<td>12:00 - 13:30</td>
<td>Third Session</td>
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<td>13:30 - 15:00</td>
<td>LUNCH</td>
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<td>15:00 - 16:30</td>
<td>Fourth Session</td>
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<tr>
<td>16:30 - 17:00</td>
<td>REFRESHMENT BREAK</td>
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<tr>
<td>17:00 - 18:30</td>
<td>Concluding Session</td>
</tr>
<tr>
<td>18:30 - 19:15</td>
<td>BREAK</td>
</tr>
<tr>
<td>19:15</td>
<td>CONGRESS OPENING</td>
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</tbody>
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Ola Saleh and Yahia Saleh (Sweden)

**SWEDISH REALITIES**  
This workshop will be in two but related parts

**Ola Saleh: Enhancing a Community's Resilience to Violence**

The concept of Countering Violent Extremism (CVE) was introduced in Europe after the attacks in Madrid (2004) and London (2005) in response to the fear of home-grown terrorism. The notion of CVE gained increasing footing in 2015 among state actors around the world and has come to be perceived as a crucial component of sustainable counterterrorism strategies. Whereas the debate on the conceptual challenge of CVE continues in policy discussions, practitioners push forward their engagement with preventing and countering violent extremism practices to enhance the community's resilience to violence. What is violent extremism, who is at risk of radicalisation, does gender matter, and what are some of the best practices for frontline practitioners? In an interactive workshop, Ola Saleh will address those questions and further discuss radicalisation, interdisciplinary connections, and family support interventions.

**Ola Saleh works as a peacebuilding advisor at the Kvinna till Kvinna foundation in Sweden. She has over 10 years of experience from the humanitarian and development cooperation sectors. Her profile covers programme design and management, advising on mediation, preventing and countering violent extremism, conflict sensitivity, gender responsiveness, participation and leadership in conflict contexts focusing on Syria, Iraq, Ukraine, and Bosnia. She holds a master's degree in conflictology with a focus on gender pragmatism in extremism, and is a contributor to the Do No Harm and gender guidance note with CDA Collaborative.**

**Yahia Saleh: Sex and Relations for Young Newcomers**

The political and social debate around refugees and migration policies in Europe became to its highest level in the last quarter of the year 2015. And shortly after the discussions included sex and sexuality specially after Cologne incidents at the end of 2015. It was very obvious how the debate was taken and used to demonize migrants by far right and racist groups trying to show that sex, sexuality and sexual assaults are issues imported to Europe with migrants and refugees. We at RFSU know it would be problematic but there is actually a need to provide sexual education for young newcomers because it is their right to get it, specially that many of them might have had to skip school or lived in countries that does not provide sexed in schools. It is also very hard for a young migrant to navigate between different cultures and social codes and languages. Our project provide antiracist and intersectional sexual education with simplified Swedish, but as the newcomers needed this education so did the staff and professionals who work with them. They lacked the experience and the competense to discuss and talk about such subject. Our project aims to have a wholesome perspective for sexuality education.

**Yahia Saleh works as a project leader within RFSU Malmö since 2017. With sexuality education for students and young newcomers. Yahia has been working on gender and women rights and minorities in Egypt since 2009.**

**MASTER CLASSES**

**Earl Hopper (UK)**

GROUP ANALYSIS and TERRORISM

Group Analysis, with its roots in the social sciences, the study of group dynamics, and psychoanalysis, can contribute to our understanding of terrorism, which has become a feature of modern life, not only in the war-torn regions of the world, but also in our most powerful nations. Especially relevant to this topic is the post-Foulkesian theory of the tripartite matrix and the post-Bionian theory of the fourth basic assumption of Incohesion: Aggregation/Massification. Violent terrorism is both initiated by and directed towards particular social groupings that at the present time are demarcated in terms of class, race, ethnicity, nationality and religion. After I introduce these ideas, participants will have an opportunity to discuss them critically. We will also have an opportunity to explore our own views and feelings about terrorism, which can be located in our personal and social experience as well as in the politics of hope and despair.
Earl Hopper PhD is a psychoanalyst, group analyst and organisational consultant in private practice in London. A former President of IAGP, his special interests include the study of social issues and of personal and social trauma. An internationally renowned lecturer and teacher, Dr Hopper is the author of many books and articles in psychoanalysis, group analysis and sociology. He is the Editor of The New International Library of Group Analysis.

Macario Giraldo (USA)

TRANSFERENCE and DESIRE in the PSYCHOANALYTIC GROUP

When patients join a group, they bring their complaints, their suffering, their symptoms to the therapist. Through this process they are asking for love and asking for a cure. Does the therapist have enough love to go around? How does group treatment heal? A group member recently said, “As I was leaving the group last time I realized something very important: That what I am learning in the group is to learn about being disappointed. I never get all I want, and sometimes very little or nothing. And yet I keep coming back and it is so central in my life”. This comment expresses the patient's transference and how they are working on healing. In this class I will develop the two concepts: ‘Transference’ and ‘Desire’, following the teachings of Jacques Lacan and how to use Lacanian theory in our work with the group.

Macario Giraldo, PhD, MS, BA, has been faculty at the Washington School of Psychiatry since 1974. He is a founding member of the Lacanian Forum of Washington, DC. He has published a number of articles for books and journals including, The Dialogues IN and OF the Group: Lacanian perspectives on the psychoanalytic group, Karnac (2012).

Marcia Karp (UK)

TRANSFORMING the IMPOSSIBLE

An experiential psychodrama workshop focusing on:

“Do not love half lovers.
Do not entertain half friends.
Do not indulge in works of the half talented.
Do not live half a life
and do not die a half death.
If you choose silence, then be silent.
When you speak, do so until you are finished.
Do not silence yourself to say something.
And do not speak to be silent.
If you accept, then express it bluntly.
Do not mask it.
If you refuse then be clear about it,
for an ambiguous refusal is but a weak acceptance.
Do not accept half a solution
...half a life.” Kahlil Gibran

Marcia Karp, MA, TEP is an international trainer in private practice in London. She is an IAGP Distinguished Fellow, FEP-TO Honorary and Founding Member, ASGPP Fellow, BPA Honorary President Emeritus and has received the JL Moreno Lifetime Achievement Awards in USA and UK. She is Co-editor of Handbook of Psychodrama; Psychodrama Since Moreno; Psychodrama: Inspiration and Technique.

Peter Howie (Australia)

EXAMINING IMPOSSIBLE ORGANISATIONAL SYSTEMS for CONSULTANTS

This workshop will be an opportunity for experienced organisational consultants and trainers to explore the systems they work in and with, to apply the genius of the group using role training and engagement to develop deep liveable human solutions for themselves. Participants can expect to contribute, to learn, and to play well with others. Those working in this area already know that organisational consultancy it tough. Often, we are brought in as a hired gun after someone else has made a superficial analysis of a wicked situation. There may be competition between our own colleagues rather than cooperation. This work can be isolating and frustrating. And, when we do work with people there is often an absence of volunteers with people being made to attend, be constructive, and work cooperatively: an impossible task. Self-disclosure is only ever partial. Trust is utterly conditional and can be lost in a moment. Relationships that may appear strong can turn out to be thin and weak. Confident managers and leaders can have difficulty seeing themselves as often the cause of their problems. This can difficult to deal
with as well as being ethically dubious and sometimes unbearable. Organisational consultants and trainers are always working to balance competing value systems and world views, including their own. This workshop will be an opportunity for participants to explore the systems that they work in and apply the genius of the group using role training and engagement to develop liveable and human solutions for themselves. Participants can expect to contribute, to learn, and to play well with others.

Peter Howie BSc, MEd, TEP, PhD is a Director of Psychodrama Australia and the Director of Training for the School of Education and Professional Studies, Brisbane. He also serves on the Board of Examiners for the Australian and Aotearoa New Zealand Psychodrama Associations which oversees training and practice standards in the region. Peter has been working in organisational settings for over 20 years developing and running deep learning experiential leadership development programs. In these programs he uses group therapy constructs and psychodrama processes to enhance the group and individual learning. He has also been running psychodrama experiential groups for 25 years and psychodrama training groups since 1998. He recently successfully completed a PhD researching the psychodramatic concept of warm-up in 2017. He recently took up the position of Chair of the Organisational Consultancy Section in the IAGP. Peter operates as an independent scholar clarifying, writing and researching elements of human functioning used in groups processes and psychodrama.

Eduardo Mandelbaum (Argentina) and Alberto Serrano (USA)

MULTIFAMILY GROUPS: INTEGRATING PSYCHOANALYTIC THEORY and PRACTICE

This workshop will offer a summary of Eduardo Mandelbaum’s experience with Multifamily groups in a wide range of clinical and community contexts. His work is based on 70’s Therapeutic Community and traditional Freudian principles. Initially he treated psychotic patients at the Day Hospital of Hospital Borda in Buenos Aires and later developed new applications of multifamily groups in different clinical contexts both in the private and public sectors. His experience includes families of juvenile delinquents, alcoholics, drug addicts and most recently with families living in marginal communities, in the city of San Isidro, province of Buenos Aires.

The workshop will present the theoretical principles for the integration of various theories and techniques in the use of Multifamily Groups with clinical illustrations. Workshop registrants are expected to actively participate in the workshop.

Eduardo Mandelbaum is a licensed psychologist from Argentina. Since 1964 he has been researching and working with Multifamily Groups. He was president of the Argentinian Society of Family Therapy from 1994 to 97 and since 2004 until now, he has been Advisor in Mental Health to the Municipality of San Isidro, a municipality of Buenos Aires.

Alberto Serrano MD is a child and adolescent psychiatry specialist who lives and works in San Antonio, Texas and has been practising for 61 years. He graduated from Universidad De Buenos Aires, Facultad De Ciencias Medicas in 1956 and specializes in child and adolescent psychiatry, paediatric psychiatry and neurology.

Susan Gantt (USA)

BUILDING SYSTEMS-CENTERED SYSTEMS to WORK with the CHALLENGE and REALITY off INTEGRATING DIFFERENCES in INDIVIDUALS, GROUPS and SOCIETY

Systems-centered (Agazarian, 1997) offers a theory that posits that all living human systems, whether as small as a single person or a group or an organization or as big as a nation or the whole of the world; survive, develop and transform through the process of discriminating and integrating differences. This experiential pre-congress workshop introduces systems-centered’s conflict resolution method of functional subgrouping to explore differences within ourselves as a person and within the group system, enabling the group to test to see if discriminating and integrating differences enables something different to happen.

Susan Gantt PhD, DFAGPA, ABPP, FAPA is Director of the System-Centered Training and Research Institute and a licensed SCT practitioner, based in Atlanta, USA. She consults and trains internationally in the USA and Europe. She worked for Emory University School of Medicine in the Psychiatry department for 29 years where she taught and coordinated group psychotherapy training. She has co-authored several texts with Yvonne Agazarian and has written about emotional intelligence in organisations and phases of development in organisational work groups.

Maria van Noort (The Netherlands)

TIE = TRANSCULTURAL INTERVISION EXPERIMENT (Invitational Project for 1 year)

‘Intervision’ is an educational method to provide protection for the quality of our work as group therapists and
group leaders.

We will meet with 8 people from several parts of the world working with a variety of methods and years of experience in the Pre-Congress in the first instance. We will form an ‘Intervision’ group that will work together in both a didactic and an experiential way. In one day we can learn to know each other a little and get information and tools about how to do Intervision with people from different cultures. Then we will decide together the frequency and best times to meet online as an ongoing Intervision group. After 1 year we will evaluate our process and participants can start a new Intervision group within their own section or their own region.

*Maria van Noort Psy.D is a Psychotherapist, Training Analyst, Supervisor and Trainer Intervision groups and works with NGO Doctors of the World.*

**Anne Lindhardt, Gerda Winther (Denmark)**

**INTRODUCTION to GROUP ANALYSIS**

In this workshop we will explore the foundations of Group Analysis. We will present some of the key concepts such as Matrix, Figure-Ground perspective, mirroring and resonance, levels of communication, and the role of the group therapist (the conductor). We will work in interchange between short theoretical presentations, demonstration groups where the members of the workshop will experience how a group analytic groups functions. Finally, there will be room for mutual reflection on the experience.

*Anne Lindhardt MD is a specialist in psychiatry and qualified groups analyst and chair of The Analytic Group Section of IAGP.*

*Gerda Winther MA is a psychologist, specialist in psychotherapy, and qualified group analyst. She is former president of Group Analytic Society International and member of the board of IAGP.*

**Maurizio Gasseau (Italy)**

**SOCIAL DREAMING MATRIX and PSYCHODRAMATIC SOCIAL DREAMING MATRIX**

The Social Dreaming Matrix (SDM) is a powerful method, founded by Gordon Lawrence in 1982 to work with organizations on the unconscious of the organization and the social context. Psychodramatic Social Dreaming Matrix (PSDM) was created by the Gasseau at FEPTO Annual Meetings and in the International Sociodrama Conference on a boat between Finland and Sweden to work through the dynamic process of the organization by sharing dreams and associations to dreams in the matrix. Gasseau (2007) realized with colleagues that the classic SDM was not enough for psychodramatists and other people who have action-hunger and wish to enact dreams as Moreno taught. In Psychodramatic Social Dreaming Matrix a session of psychodrama on dreams is integrated at the end of the classic SDM, where the first and some following dreams are played because a SDM is like a soufflé made from the first and last dream.

After a brief theoretical introduction, experiential sessions of SDM and PSDM will be presented, where participants will share their dreams and associations to grow the social matrix. A group reflection on the different models will be held at the end. Maurizio plans to present this workshop with a young professional.

*Maurizio Gasseau PhD, is Associate Professor of Dynamic Psychology at the University of Aosta, a Jungian analyst and psychodramatist in Italy and works internationally. His main interests are researching dreams in psychodrama in Social Dreaming Matrix and transgenerational themes. Author of more than ninety publications, he received the FEPTO Excellence Award in 2017.*

**Maite Pi Ordonez (España)**

**INTRODUCCIÓN a TERAPIA FAMILIAR / INTRODUCTION to FAMILY THERAPY**

En el taller se introducirán los principales principios de terapia familiar basados en la teoría Sistémica, pero también las contribuciones de la teoría del apego. Desde las primeras teorizaciones en Palo Alto de Watzlawick, Bateson y Jackson en la segunda mitad del siglo XX, varios autores han trabajado y desarrollado la teoría creando otras escuelas y enfoques, como Minuchin (escuela Estructural), Haley (escuela Estratégica), Selvini Palazzoli (escuela de Milan), Cancrini (escuela de Roma) y varios más. Muchos de ellos han incorporado contribuciones de otros campos y hallazgos de la investigación en ciencias humanas. Después de la introducción practicaremos algunas técnicas como el trabajo con esculturas familiares y video-intervención.
In the workshop we will introduce the main principles in family therapy based in Systemic theory but also contributions of attachment theory. Since first theorizations in Palo Alto by Watzlawick, Bateson and Jackson in the second half of XX Century, many authors have worked and developed the theory creating other schools and approaches, including Minuchin (Structural school), Haley (Strategic school), Selvini Palazzoli (Milan school), Cancrini (Roma school) and many others. Many of them have incorporated contributions from other fields and evidence from research in human sciences.

After the introduction we will practise some techniques such as working with family sculpting and video-intervention.

Maite Pi Ordonez MD is from Spain. She studied psychology in Barcelona and subsequently trained in group analysis, psychodrama, integrative psychotherapy and family systems and has been working with families since 1983. Initially she worked with families of schizophrenic and severely mentally affected people in Pere Mata, a public Mental Health Service in Reus and Tarragona until 1991, and then from 1992 with children and adolescents in Institut d'Assistencia Sanitaria, a public Mental Health Service in Girona (Catalonia, Spain). In her work she applies the principles of Attachment Theory, very important in family relations.

She teaches on two Masters' programmes: Attachment and Families at Social Risk and Health Psychology as an associate professor. She has been an IAGP member from 1995, chair of the ‘Dream Translation Team’ from 2009 and board member from 2012, after being co-chair of the SPC in the IAGP International Congress in Cartagena (Colombia). Since 2014 she has fulfilled the role of Chair of the Family Therapy Section.

Dena Baumgartner (USA)

INTRODUCTION to PSYCHODRAMA: LIFE in ACTION

This workshop will be an introduction to psychodrama as well as helping people brush up on their skills and be introduced to new ideas. The goal is to add more action methods into one's work. We will look at the three phases of a psychodrama and the importance of metaphor. Basic elements will be introduced as well as a look at the social atom and other sociometry techniques. Psychodrama ideas will be shared to help make your work more alive. Please come to learn, practice, and be more informed about psychodrama.

Dena Baumgartner PhD, TEP, LMFT, LPC, CGP is an international trainer in psychodrama for over thirty years. She is past chair of the American Board of Examiners, was awarded the J.L. Moreno Lifetime Achievement Award by the American Society of Group Psychotherapy and Psychodrama. She is also the current chair of the Psychodrama Section for IAGP (International Association for Group Psychotherapy and Group Processes) and Director of the Tucson Center for Action Methods and Psychodrama in Tucson, Arizona in the United States.

Arsaluys Kayir (Turkey)

INTRODUCTION to TRANSCULTURAL SEXUALITY

Sexuality is the most pleasurable of the drives and is universal. But it is also vulnerable to inner and relational conflicts and difficulties. People are moving, immigrating from one place to the other, carrying with them their traditions, cultures, and upbringing styles related to their sexuality. Intercultural marriages, relations are growing day by day. Some sexual problems arise among couples due to mainly cultural etiological factors. An increasingly important issue concerns the management of couples from different cultural backgrounds from that of the therapist. Some understanding of the sexual values of the particular culture is usually essential.

In this workshop I want to share and teach from my clinical experience of sexual therapy where cultural and traditional factors, taboos play an important role. My style is integrating sex therapy techniques within same sex therapy groups where psychodrama is mostly used.

Besides professional learning about sexuality this workshop will offer an experiential opportunity to ask the question ‘What else about myself and my relations?’ It will be in English.

Arsaluys Kayir MSc Dr is a clinical psychologist, and faculty member of Istanbul University Medical School, Department of Psychiatry. I am a sexual psychotherapist, group therapist and psychodramatist, and trainer and supervisor at CETAD (Sexual training, Treatment and Research Association) and Dr. Abdulkadir Ozbek Psychodrama Institute. I also lecture at Okan University Psychology Department teaching psychodrama to master's students. Maximum group size: 25

Ana Maria Ruiz Sancho (Spain)

PLEASURE, SATISFACTION, MEANING and CONNECTEDNESS in LIFE through Pesso-Boyden Therapy

This experiential workshop will be an introduction to Pesso Boyden therapy (“PBSP”) and an opportunity to update on its latest developments. PBSP is a unique and powerful body-mind therapeutic method pioneered
about 40 years ago by Albert Pesso and Diane Boyden in the USA. It works in a group context and uses objects and role players to provide participants with a healing experience for past traumas, wounds and losses. Echoing the main theme of the conference, PBSP is a system that allows for the restoration of an individual’s identity in a group context. It draws on psychoanalytic and systemic principles and is supported by recent advances in neuroscience and attachment theories. In his best seller, The body keeps the score, the trauma expert Bessel van der Kolk devotes one chapter to Pesso-Boyden. The workshop will have a short intro, two or three structures, PBSP sessions, and practical exercises. It will be guided so we will take advantage of everything that happens in the group and each member’s participation to describe, demonstrate, discuss and raise knowledge about key PBSP concepts.

Language: English

Ana Maria Ruiz Sancho is psychiatrist and psychotherapist with more than 25 years of experience. She is currently working in private practice in Madrid. She is a Pesso-Boyden accredited therapist who trained with Al Pesso and Lowijs Perquin in the United States, Portugal and more recently in the United Kingdom (UK) where she is a member of the PBSP Association. She is also a group dynamic and institutional consultant. Founder and Director of VocAcción (www.vocacion.com) and associated consultant at Team Motivation Consulting (TMC).

Mona Rakhawy (Egypt) and Magdalene Jeyarathnam (India)

INTRODUCTION to CREATIVE ARTS: USING MORE than WORDS in our DIVERSE WORLD

There is no doubt that words have their special impact. Images, colours, shapes, rhythms, movements and other non-verbal means of communication also have their own distinctive influence. Not only do they shape the pattern of communications, interactions and relationships, but they also carry the potential for enabling us to see what lies in our blind spots and shapes our attitudes and behaviour. This workshop offers an opportunity to navigate our differences. Together, through the lens of creativity, we will explore our considerable diversities that exist in our different cultures such as boundaries, values, emotional expression and rituals.

The aim of this workshop to enable participants to:
Learn about how to use creative arts in groups.
Appreciate the non-verbal component of communication.
Explore cultural differences between different places of the world.
Acknowledge the commonality that lies behind cultural diversity.
Appreciate the power of one’s own creativity.
Experience a method of using creativity in transforming one’s vision.

Mona Rakhawy MD is a professor of psychiatry at Cairo University and is responsible for introducing psychotherapeutic approaches including creative arts and psychodrama into Egypt. She teaches psychiatry, psychology and psychotherapy, integrating experiential and interactive techniques in teaching and training medical students. In 2010, she founded the EAGT, the first Egyptian/Arab Association for Group Psychotherapy and Group Processes (EAGT) and is now the president. She also chairs the BioRhythmic Evolutionary Psychiatry section in the Arab Federation of Psychiatrists and is a member of the board of directors of IAGP. She founded a private psychotherapy center (Diwan Psychotherapy Center, 2006). She has recently (May, 2017) established Rakhawy Training and Research Center. She has contributed to several national and international publications. She organized the first, second and third International Conference in Group Psychotherapy and Group Processes in Egypt, Africa and the Arab world.

Magdalene Jeyarathnam is an Expressive Arts Therapist and Board certified Psychodramatist. She is the Director of East-West Center for Counselling & Training which is an Expressive Arts Therapy center in Chennai, South India and she is also the founder and Director of the Indian Institute of Psychodrama. Magdalene has extensive experience of working with substance abuse, HIV/ AIDS, sexual minorities, sex workers and other marginalised communities. She works with individuals, couples and families using psychodrama and/ expressive arts therapy. She periodically conducts Psychodrama courses with international trainers that attract many students of psychology, social work and business.
Description of Activities

SMALL EXPERIENTIAL GROUPS
Continuous early morning experiential groups, are organized around theoretical orientations or specific interests. Sessions will last 1 hour and 30 minutes with up to 12 participants, who are requested to attend all 4 sessions. Small groups offer a unique opportunity to find one’s place in the conference, to share and explore thoughts, irritations and new inspiring ideas in a protected space. It is a very special place for connecting with others and to feel connected. Conductors are by invitation.

MEDIAN EXPERIENTIAL GROUPS
Continuous early morning experiential groups, are organized around theoretical orientations or specific interests. Sessions will last 1 hour and 30 minutes with up to 25 participants, who are requested to attend all 4 sessions. These offer a transitional space between the individual and the social experience of the conference, focusing on the social, the cultural and the organisational dimension of the experience. It is a space to explore with the community of colleagues from around the world and the international spirit of the conference. Conductors are by invitation.

THE LARGE GROUP
Offers a space at the end of the day that helps to contain the irritating, frustrating or disturbing as well as enchanting, experiences we experience throughout the congress. It is a space to be together at one time of the day and to overcome the confusing diversity of a large conference and to experience what it feels like to be a member of an international professional community in all its diversity and with all its despairs and desires. In this congress, unusually, the whole congress community is invited to take part in one group convened by a team from different modalities. Sessions will last 1 hour and 30 minutes. Conductors are by invitation.

THE SOCIAL DREAMING MATRIX
Offers ongoing daily sessions early in the morning with dream telling … they bring to life some unconscious meanings of our emotional experiences at the congress and help to understand some of our feelings and emotions.

PLENARY SESSIONS – KEYNOTES
There will be a plenary session each day of the Congress. The speakers are invited and will represent diverse areas of interest and come from different parts of the world.

PAPER SESSIONS
Mostly two, in a few cases three papers organized around a related theme. The sessions will last 1 hour and 30 minutes.
SYMPOSIA
Panels are organized around a theme. The symposium format can be a single session symposium or an ongoing symposium over several sessions, where a major theme is explored in depth over a number of days. Each session will last 1 hour and 30 minutes.

WORKSHOPS
Organized around a specific topic or theme. The focus of the workshop is interactive; where information is exchanged between the participants and the leader(s). Workshops are 1 hour and 30 minutes, in some exceptional cases workshops will extend over more sessions.

POSTERS
A visual presentation of a topic mounted on poster. 18 Posters will be displayed throughout the 4 days of the congress.

SECTION and TASK FORCE MEETINGS
These will be held at lunchtime.

‘GROUPS IN THE CITY’
Groups in the City’ is a new innovation. A meeting place has been arranged in Malmö outside the congress venue. Different Malmö-based organizations, network members and others interested are welcomed and offered the possibility of meeting and working together with congress participants.

The meetings will use a combination of group approaches based on Reflective Citizens’ (Mojovic et.al.), a way of working that has recently been further developed by a number of IAGP members around the world including Serbia, Brazil, Mozambique and the UK.

Reflective Citizens seeks to enable reconciliation, support through opening up of dialogue between social groups that are distant from one another, often caught in mistrust and tension resulting in either open conflict and/or manifest violence.

IAGP Welcomes you to the seminar
Groups-In-the-City
Friday 3 August at 19:00
Venue: Malmö City’s Meeting place and Library
GARAGET, Lönngatan 30.
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<thead>
<tr>
<th>TIME</th>
<th>31 July</th>
<th>1 August</th>
<th>2 August</th>
<th>3 August</th>
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<tr>
<td>08:30 - 10:00</td>
<td>PRE - CONGRESS</td>
<td>On-Going Social Dreaming, Small and Median Groups</td>
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<td>10:00 - 10:30</td>
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<td>12:00 - 13:30</td>
<td>First Working Session: Symposia, Paper Sessions and Workshops</td>
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<td>13:30 - 15:00</td>
<td>LUNCH - Section and Task Force, CAOA and Special Meetings</td>
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<td>15:00 - 16:30</td>
<td>Second Working Session: Symposia, Paper Sessions and Workshops</td>
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<td>REFRESHMENT BREAK</td>
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<td>17:00 - 18:30</td>
<td>Large Group</td>
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<td>18:30 - 19:15</td>
<td>Break</td>
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<td>19:15</td>
<td>CONGRESS OPENING</td>
<td>WELCOME RECEPTION in CITY HALL</td>
<td>IAGP GENERAL ASSEMBLY</td>
<td>GROUPS IN THE CITY at GARAGET</td>
<td>FAREWELL PARTY in Old Post Office</td>
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WEDNESDAY
1 August

Theme of the Day:
CHALLENGES in a CHANGING WORLD

07:00 - 08:15
Meeting New People
BREAKFAST GATHERING

08:30 - 10:00
ON-GOING SOCIAL DREAMING,
SMALL AND MEDIAN GROUPS

10:00 - 10:30
BREAK

10:30 - 11:30
KEYNOTE SPEAKER
Paul Mecheril (Germany):
European Anxieties: Logics of Affect
and Power

11:30 - 12:00
REFRESHMENT BREAK

12:00 - 13:30
WORKING SESSIONS 1: SYMPOSIA,
PAPERS SESSIONS and WORKSHOPS

EDUCATIONAL STREAM
ROUND TABLE
Anne Lindhardt (Denmark):
Round Table on Training in Ramallah
under the Umbrella of IAGP

SYMPOSIUM: Transcultural 1
Cristina Martinez-Taboada (Spain)
Carolina Becerril Maillefert (France):
Looking for my Identity. Is a cultural, a
social or a personal request?
Yafi Shpirer (Israel):
Arts, Identity and Social Hope:
Transcultural and Group Processes
Marcia Honig (Israel):
Art as ...A Bridge over Troubled Oceans
Alice Byrne (USA):
Universality of Poetry and Music to
Transcend and Unite Differences

SYMPOSIUM: Systems Centred
Ray Haddock (UK)
Ray Haddock (UK):
Healing traumatised systems:
Systems-Centered® methods with
dissociative disorder and system
splits.
Juliet K oprowska (UK):
Social work: education that offers
hope and challenge
Sven-Erik Viskari (Sweden):
How to build ‘healthy’ workplaces

WORKSHOPS

ANALYTIC GROUP
Kurt Husemann (Germany) and
Giovanna Cantarella (Italy):
Transgenerational Transcultural
issues in Families

ANALYTIC GROUP
Richard Billow (USA):
Relational Theory and Technique,
2 sessions

PSYCHODRAMA
Izabella Kasza (Romania) and Eva
Fahlstrom Borg (Sweden):
Trying to overcome 700 years of
mutual distrust: Working in the waste
dump with marginalized people.

PSYCHODRAMA
Nevzat Uctum Muhtar (Turkey):
The Refugee Within

PSYCHODRAMA
Jacob Gershoni (USA):
Transcultural Connections through
Sociometry and Psychodrama

TRANS CULTURAL
Monique Leferink op Reinink (Netherlands):
A Deep Listening Group

PSYCHODRAMA
Aga tese Crespel (Belgium):
Be the change that you wish to see in
the world (Gandhi) Nine inner
attitudes [AV needed]

PSYCHODRAMA
Tatiana Kryukova (Russia):
Job, Health, and Relationships
Changes: how to survive?

TRAUMA
Dorcas McLaughlin (USA):
Group work for Youth with Complex
Trauma: Promoting Regulation,
Relationships and Resilience

TRAUMA
Shira Marin (USA):
Out of Exile: Integrating Trauma
through Mixed-Media Journaling and
Group Process

ONGOING WORKSHOP

PSYCHODRAMA
Sue Daniel (Australia):
Role Theory Today: 4-Day Series

PAPER SESSION

Luigi Dotti (Italy):
Public Psychodrama: A Link Between
Personal and Social

Gloria Mateu I Vives (Spain):
Psycho dynamic Psychotherapy Group
Indications: What works for whom and
the meaning of research

PAPER SESSION

Raúl Vaimberg (Spain):
Theory of the body, Theory of the
objects and Theory of the scene in
Psychodrama.
Kornelija Oelsner (Croatia):
Healing stories - new perspective for
trauma patients

13:30 - 15:00
LUNCH
Section Meetings: Analytic Group, Psychodrama

15:00 - 16:30
WORKING SESSIONS 2: SYMPOSIA,
PAPERS SESSIONS and WORKSHOPS

SYMPOSIUM: Family Therapy 1
Maite Pi Ordoñez (Spain)
Eduardo Mandelbaum (Argentina):
Comparing Dynamics: The Therapeutic Group,
Family Therapy and the Multifamily Group
(MFG)
Alberto Serrano (USA):
Ho’oponopono: A Hawaiian Family
Problem Solving Procedure Based on
Cultural Traditions

SYMPOSIUM: The Social Unconscious 1
Earl Hopper (UK)
Anne Lindhardt and Gerda Winther
(Denmark):
Conducting Large Groups in different
Cultures and Contexts
Xu Yong (China)
Gerhard Wilke (UK and Germany)
Marina Mojovic (Serbia)
Theme of the Day:

**CHALLENGES in a CHANGING WORLD**

**ONGOING WORKSHOPS**
- **ORGANISATIONAL SYSTEMS CENTRED**
  Björn Josefsson (Sweden): Human Interaction Processes - within and between social systems. A Systems-Dynamic approach

**WORKSHOPS**
- **PSYCHODRAMA**
  Pedro Fabião (Portugal): Clown – Mask/Counter-Mask in Identity and Togetherness

**TRANSCULTURAL**
- Chantal Nève Hanquet (Belgium) and Agathe Crespel (Belgium): Exploring Stories Through Landscape Genogram

**ORGANISATIONAL SYSTEMS CENTRED**
- Yafi Shpirer (Israel): Which Double Do I need?

**ANALYTIC GROUP**
- Andreas von Wallenberg Pachaly (Germany): Group Analysis with Victims of Extreme Traumatization

**YOUNG PEOPLE**
- Hanan El-Mazahy (Egypt): Lessons Learned from Group Psychotherapy with Children and Adolescents

**ORGANISATIONAL SYSTEMS CENTRED**
- Maria Åkerlund (Sweden) and Susan Gantt (USA): Applying Systems-Centered Training to Leadership – developing leadership as a team process

**RESEARCH**
- Amira Soliman (Egypt), Eman Soliman (Egypt) and Aya Haussain (Egypt): New prospect of integrative puppet therapy with breast cancer women - Elevate BA_ppet

**PAPER SESSION**
- Alice Mulasso (Italy): Holding the Group

**PAPER SESSION**
- Sheila Ritchie (UK): The Rising Tide of Parental Mental Illness: Bringing together mother and baby in groups to balance the hopes and challenges of motherhood

**PAPER SESSION**
- Monika Schröder (Germany) and Ljiljana Joksimovic (Germany): Providing Multimodal Psychosomatic Care for Traumatized Refugees within the German Healthcare System

**RESEARCH**
- Daniel Wutti (Austria): Asylum, Migration, Heterogeniety and Intercultural Integration. The Example of Inclusion Companions.

**ORGANISATIONAL SYSTEMS CENTRED**
- Robert Hartford (USA): Systems-Centered's Functional Subgrouping – Integrating Conflict as an Alternative to Scapegoating

**ORGANISATIONAL SYSTEMS CENTRED**
- Andreas von Wallenberg Pachaly (Germany): Group Analysis with Victims of Extreme Traumatization

**PAPER SESSION**
- Monika Schröder (Germany) and Ljiljana Joksimovic (Germany): Providing Multimodal Psychosomatic Care for Traumatized Refugees within the German Healthcare System

**PAPER SESSION**
- Daniel Wutti (Austria): Asylum, Migration, Heterogeniety and Intercultural Integration. The Example of Inclusion Companions.
07:00 - 08:15
Meeting New People
BREAKFAST GATHERING

08:30 - 10:00
ON-GOING SOCIAL DREAMING, SMALL AND MEDIAN GROUPS

10:00 - 10:30
BREAK

10:30 - 11:30
KEYNOTE SPEAKER
Lene Auestad (Norway): Re-membering and resisting in darkening times

11:30 - 12:00
REFRESHMENT BREAK

12:00 - 13:30
WORKING SESSIONS 1: SYMPOSIA, PAPERS SESSIONS and WORKSHOPS

SYMPOSIUM: Exploitation Colonialism 1
Pablo Castanho (Brazil)

Pablo Castanho (Brazil): Excess of power and the psychic footprints of exploitation colonialism in Brazil.

Dick Blackwell (UK): Reason and Violence: Colonisation and colonial violence in the analytic process.

SYMPOSIUM: Transcultural 2
Cristina Martinez-Taboada (Spain)

Maria Silvera (Italy – Israel): Why, Now, My Daughter Is Muslim?

Isil Bulut (Turkey): Social acceptance and integration of Syrians in Turkey

Cristina Martinez-Taboada (Spain): Identity and Social Hope: Transcultural and Group Processes

Alberto Amutio (Spain): Identity as a Complex Concept made by Culture and Social Interaction: The case of Latin American adolescents in the north of Spain

SYMPOSIUM: Research 1
Catharina Mela (Greece)

Catherine Mela (Greece): Evaluation of the Stressful social conditions that influence refugees’ mental and organic health. Which Group Psychotherapeutic factors can treat them?

Mona Rakhawy (Egypt):
Live, love and co-lead: working with the Other in the Education and Training Group: A Research Oriented Perspective

Jorge Luiz Veschi (Brazil): On Interculture

WORKSHOPS

ANALYTIC GROUP
Ronnie Levine (USA):
Becoming Comfortable with Uncomfortable Feelings

ORGANISATIONAL ANALYTIC GROUP
Gerhardt Wilke (UK) and Henning Green (Denmark):
Breaking Free of Organizational Madness – working with leading and consulting in uncertain times

FAMILY THERAPY
Küllike Lillistick (Estonia):
From Conflict to Connection: Imago Dialogue Skills for Helping People Connect

PSYCHODRAMA
Lars Tauvon (Sweden):
Psycho-sociodramatic exploration of gender

PSYCHODRAMA
Nevzat Uctum Muhtar (Turkey):
Being a Woman in a Muslim Country

PSYCHODRAMA
Leandra Perrotta (Italy):
Sexuality in a Changing World: Exploring the Poetics of Sex and the Nature of Desire

PSYCHODRAMA
Stylianos Lagarakis (Greece), Soner Senol (Greece):
Challenges of Human Sexuality - Healing gender identity and revisiting gender roles.

PSYCHODRAMA
Çiğdem Fulya Dönmez (Turkey) and Turabi Yetli (Turkey):
Death fear, trauma and using guided imagery combined with psychodrama

PSYCHODRAMA
Magdalene Jeyarathnam (India):
Psychedrama & Expressive Arts in group psychotherapy with sexual minority & gender dysphoric clients

TRAVEL:
Caner Bingöl (Turkey):
Colonial Trauma and Border Stories

TRANSCULTURAL:
Elaine Cooper (USA):
Personal Exploration of Generational Trauma and Literature Update

ONGOING WORKSHOP

PSYCHODRAMA
Sue Daniel (Australia):
Role Theory Today: 4-Day Series

PAPER SESSION/WORKSHOP

Marele Venter (South Africa) and Natasja Rowe-Rowe (South Africa):
BullyBusters: Anti-bullying Therapeutic Groups with Children and Adolescents

13:30 - 15:00
LUNCH
Section Meetings: Transcultural, Young Professionals, Organisational

15:00 - 16:30
WORKING SESSIONS 2: SYMPOSIA, PAPERS SESSIONS and WORKSHOPS

SYMPOSIUM: Family Therapy 2
Maite Pi Ordoñez (Spain)

Maria Antonieta Pezo del Pino (Peru and Brazil):
Lo Traumático: Las Mediaciones Pictográficas En El Abordaje Familiar (The Traumatic: Pictographic Mediations in Family Approach)

Mariangela Wechsler (Brazil):
Rising Tides of Challenge and Hope in a Psychotherapy Process: Healing Identity in a Family with a 6-year-old Child who still Poos in his Diapers

Domenico Agresta (Italy):
Anthropopoiesis of Dreams

SYMPOSIUM: The Social Unconscious 2
Earl Hopper (UK)

Xu Yong (China):
Experiences of Group Analysis in China

Anne Lindhardt (Denmark)
Gerda Winther (Denmark)
Gerhard Wilke (UK and Germany)
Marina Mojovic (Serbia)

Sarah Caner Bingöl (Turkey):
Colonial Trauma and Border Stories

Elaine Cooper (USA):
Personal Exploration of Generational Trauma and Literature Update

ON-GOING WORKSHOP

PSYCHODRAMA
Sue Daniel (Australia):
Role Theory Today: 4-Day Series
Theme of the Day: GENDER ROLES REVISITED

SYMPOSIUM: Research 2
- Catherina Mela (Greece), Cristina Martinez de Taboada (Spain): Enhancing Well-Being, Compassion and Physical Health in different Populations through Mindfulness

ONGOING WORKSHOPS
- ANALYTIC GROUP Göran Ahlin (Sweden): Challenge and Hope for Large Group Research: 3 sessions
- ORGANISATIONAL Björn Josefsson (Sweden): Human Interaction Processes - within and between social systems. A Systems-Dynamic approach: 2 sessions

WORKSHOPS
- ANALYTIC GROUP James Bardis (Canada): The psychosomatic self, caught in a signa-somatic feedback loop gathers how much moss?
- ANALYTIC GROUP Adam Frankel (USA): A New Paradigm Shift in a Changing World: Running Integrative Harm Reduction Psychotherapy Group
- PSYCHODRAMA Caroline Becerril Mailléfert (France): Healing on Doing the Way Back
- PSYCHODRAMA Jorge Burmeister (Spain and Switzerland) and Ivana Petulá (Italy): The way of the heart (el camino del corazón = CDC) - how to open, listen, protect and heal our heart
- PSYCHODRAMA Jeff Thompson (Canada): The neuroscience of psychodrama, okayness, and chi gong
- PSYCHODRAMA Irene Henche Zabala (Spain): Crossing abysmal passages on The Journey of Ulysses
- ANALYTIC GROUP Joan Fogel (UK) and Belinda Moller (Ireland): Learners and Teachers: challenges and traumas in schools.

ORGANISATIONAL PSYCHODRAMA
- Gabriella Nicotra (Italy): Psychodrama supervision group for multi-professional team in palliative home cancer care
- FAMILY THERAPY
- Elisabet Wollsén (Sweden): Life Staging® - Using Group Sculpting for Creative Supervision and Group Work

PAPER SESSION
- Ta Jen Chang (Taiwan): Integrative Model of 2-step Training Program for Group Psychotherapists in Taiwan.
- Yoshiya Ishikawa (Japan): Hypersensitive Narcissism: Personality Disorder or Protracted Pubertal Response

PAPER SESSION
- Carlos Temperini (Brazil): Chameleon Families: Adaptations, Changes and Challenges of Gay Men Parenthood
- Melas Khole (Australia): Empathy Building for Violent Men

16:30 - 17:00 REFRESHMENT BREAK
17:00 - 18:30 Combined Modality LARGE GROUP for CONGRESS COMMUNITY
- Conducting Group: Ray Haddock (UK), Susan Gantt (USA), Penha Nery (Brazil), Manuela Maciel (Portugal), Dick Blackwell (UK), and Pablo Castanho (Brazil)

19:15 IAGP GENERAL ASSEMBLY
FRIDAY
3 August

Theme of the Day:
RACE and RACIALIZATION

07:00 - 08:15
Meeting New People
BREAKFAST GATHERING

08:30 - 10:00
ON-GOING SOCIAL DREAMING,
SMALL AND MEDIAN GROUPS

10:00 - 10:30
BREAK

10:30 - 11:30
KEYNOTE SPEAKER
Rudy Lucas (USA):
A BLACK man's experience with racism
in America

11:30 - 12:00
REFRESHMENT BREAK

12:00 - 13:30
LUNCH

13:30 - 15:00
15:00 - 16:30
16:30 - 18:00
18:00 - 20:00

WORKING SESSIONS 1: SYMPOSIA,
PAPERS SESSIONS and WORKSHOPS

SYMPOSIUM: Exploitation Colonialism 2
Pablo Castanho (Brazil)
Margot Solomon (NZ):
Engaging with the colonial struggle in the
psychotherapy profession in Aotearoa New Zealand.
Gregoire Thibouville (New Caledonia/ France):
The other who comes from afar as an imaginary heir of the
colonizer: the overlapping of present and past in the group.

SYMPOSIUM: Trauma 1
Richard Beck (USA)
Marco Longo (Italy):
The Evolution of the Social Intervention in
Psycho-Emergency in Italy
Caner Bingöl (Turkey):
Colonial Trauma and Post-Colonial
Recovery (Colonial Trauma and Borderstories:
Working with Refugees, Asylum Seekers and
Undocumented Migrants (Colonised) in the Middle
East, Asia Minor and Mesopotamia)
Turabi Yerli (Turkey):
Obesity as an unconscious coping strategy against
Post Traumatic Stress Disorder

SYMPOSIUM: Research 3
Catharina Mela (Greece)
Galabina Tarashoeva (Bulgaria):
More Spontaneity Less Anxiety. Can We
Measure Spontaneity?

PAPER SESSION
Kai Ogimoto (Japan) and Yoshie
Ohashi (Japan):
Independence in quasi-family group: A
research project with a psycho-educational
group for women's university students
Yoshie Ohashi (Japan):
Projective Identification and Negative
Capability in a Group of Teachers
Involved in Educational Setting for
Abused Kids.

WORKSHOPS

PSYCHODRAMA
Kate Bradshaw Tauvon (Sweden):
Transforming violence

PSYCHODRAMA
Manuela Maciel (Portugal):
Psycho-genealogy and Transgenerational
Psychodrama

PSYCHODRAMA
Rozie Telias (Israel):
Moreno's personality theory and its
relationship to Psychodrama

PSYCHODRAMA
Peggy Cook (Australia):
Deepening the Capacity to Double

SYMPOSIUM:
The Social Unconscious 3
Earl Hopper (UK)
Xu Yong (China)
Anne Lindhardt (Denmark)
Gerda Winther (Denmark)
Gerhard Wilke (UK and Germany)
Marina Mojovic (Serbia)

SYMPOSIUM:
Family Therapy 3
Maite Pi Ordoñez (Spain)
Alessio Sangiuliano (Italy):
‘Mapping the Unconscious’. Culture or
Tragedy? A Psychosocial Programme
of Social Dreaming Matrix with
Refugees and Migrants
Natalia Novitsky (Finland and
Switzerland): Inner Multiculturalism

SYMPOSIUM:
The Social Unconscious 3
Earl Hopper (UK)
Xu Yong (China)
Anne Lindhardt (Denmark)
Gerda Winther (Denmark)
Gerhard Wilke (UK and Germany)
Marina Mojovic (Serbia)

SYMPOSIUM: Research 4
Catherina Mela (Greece)

SYMMPOSIUM: Trauma 2
Richard Beck (USA)

SYMPHOSIUM:
Family Therapy 3
Maite Pi Ordoñez (Spain)
Alessio Sangiuliano (Italy):
‘Mapping the Unconscious’. Culture or
Tragedy? A Psychosocial Programme
of Social Dreaming Matrix with
Refugees and Migrants
Natalia Novitsky (Finland and
Switzerland): Inner Multiculturalism

SYMPHOSIUM:
The Social Unconscious 3
Earl Hopper (UK)
Xu Yong (China)
Anne Lindhardt (Denmark)
Gerda Winther (Denmark)
Gerhard Wilke (UK and Germany)
Marina Mojovic (Serbia)

SYMPHOSIUM: Research 4
Catherina Mela (Greece)

SYMPHOSIUM: Trauma 2
Richard Beck (USA)

Ongoing Workshop
PSYCHODRAMA
Sue Daniel (Australia):
Role Theory Today: 4-Day Series
Theme of the Day:

RACE and RACIALIZATION

Sue Daniel (Australia):
Stepping Back in Time in the Present Moment

Melas Khole (Australia): ‘Mapping the Unconscious’. Culture or Tragedy?
A Psychosocial Programme of Social Dreaming Matrix with Refugees and Migrants

Ongoing Workshop

Analytic Group
 Göran Ahlin (Sweden):
Challenge and Hope for Large Group Research: 3 sessions

Workshops

Analytic Group
 Einar Gudmundsson (Iceland):
Sibling Relationships in Group Therapy

Psychodrama
 Camino Urrutia (Spain):
Languages in IAGP

Psychodrama
 Adena Bank Lees (USA):
The Child as Substitute Spouse: Naming, Validating and Healing Covert Emotional Incest

Psychodrama
 Maurizio Gasseau (Italy):
Fear, Challenge and Hope in Dreams and Collective Unconscious

Psychodrama
 Marco Greco (Italy) and Paola de Leonardis (Italy):
Psychodrama as a Tool of Social Change

Young People
 Psychodrama
 Jun Maeda (Japan) and Masahito Ishikawa (Japan):
Psychodrama for educational contribution in school setting

Organisational
 Kari Kaarento (Finland):
The Development of Professional Identity among Group Psychoanalysts and Therapists - Theory and Practical Experiences

Organisational Systems Centred
 Susan Gantt (USA):
Systems-Centered’s Phases of Group Development: A Map for Guiding Leaders and Therapists

Psychodrama
 Asmaa Abdel Fattah (Egypt) and Sara Habib (Egypt):
Integrative techniques with special groups of patients ‘Hands on Action’.

Psychodrama
 Anath Garber (USA)
Safe, Seen, and Secure: From Isolation to Inclusion

Paper Session

Julia Borossa (UK):
Language and Home: Theoretical and Clinical Reflections on Working Therapeutically with Refugees.

Jorge Veschi (Brazil):
Consequences of Intercultural Intermixtures.

Nancy Yassine (Egypt):
The Experiences of International Students from War-Torn Countries Studying in the UK

16:30 - 17:00
Refreshment Break

17:00 - 18:30
Combined Modality
Large Group
for Congress Community
Conducting Group:
Ray Haddock (UK), Susan Gantt (USA), Penha Nery (Brazil), Manuela Maciel (Portugal), Dick Blackwell (UK), and Pablo Castanho (Brazil)

19:15
Group in the City at Garaget
07:00 - 08:15  Meeting New People  
BREAKFAST GATHERING

08:30 - 10:00  ON-GOING SOCIAL DREAMING, SMALL AND MEDIAN GROUPS

10:00 - 10:30  BREAK

10:30 - 11:30  KEYNOTE SPEAKER  
Camila Salazar Atías (Sweden): The Construction of Gangs: How we can all be Part of the Solution

11:30 - 12:00  REFRESHMENT BREAK

12:00 - 13:30  WORKING SESSIONS 1: SYMPOSIA, PAPERS SESSIONS and WORKSHOPS

SYMPOSIUM: Exploitation Colonialism 3  
Pablo Castanho (Brazil)  
Pietro Alfano (Italy) and Giuseppe lo Piccolo (Italy Switzerland): Image of colonialism in unaccompanied refugee minor’s care.

Teresa von Sommaruga Howard (UK/New Zealand): Despite Our Best Intentions: Unconscious Colonisation in IAGP

SYMPOSIUM: Trauma 3  
Richard Beck (USA)  
Einao Kaufman (Israel): VIOS, Function instead of feeling

Andreas von Wallenberg Pachaly (Germany): Challenges in Group Psychotherapy for Psychological Trauma

Yafi Shpirer (Israel): Caminante no hay camino, se hace camino al andar. Walker, there is no path, the path is made by walking

SYMPOSIUM: Research 5  
Catharina Mela (Greece)  
Konstantinos Lioiolos (Greece): When Poetry Meets Group Analysis

Michael Wieser (Austria): Evaluation of Interpreter Supported Trauma Psychotherapy for Asylum Seekers

Michael Wieser (Austria): Centenary of the journal DAIMON in an Austrian perspective

WORKSHOPS

PSYCHODRAMA  
Rebecca Walters (USA): Giants and Trolls: Sociodramatic Fairy Tales with Children’s Groups

PSYCHODRAMA  
Kate Hudgins (USA) and Scott Giacomucci (USA): (2) PTSD Unites the World: The Therapeutic Spiral Model Transforms Trauma (Theory)

PSYCHODRAMA  
Küllike Lillistik (Estonia): Challenge and Hope in the Family – Psychodrama and Systemic Family Therapy

PSYCHODRAMA  
Julie Wells (USA): Exploring the Emperor’s New Clothes: What happens after Revelation?

PSYCHODRAMA  
Hoda Refaat (Egypt) and Reem Deif (Egypt): Healing our True Self: An Integrative Group Approach

PSYCHODRAMA  
Norma Del Carmen Cárceras (Argentina): In the dawn, recreating the new challenges and hopes

PSYCHODRAMA  
Teodoro Herranz (Spain): When did I stop being the protagonist of my life? A proposal to throw out the colonists of our psyche.

ONGOING WORKSHOP

PSYCHODRAMA  
Sue Daniel (Australia): Role Theory Today: 4-Day Series

PAPER SESSION

Gloria Mateu I Vives (Spain) and Beatriz Garcia Ruiz (Spain): MBT-BDPi Treatment Based on Mentalization in an Intensive Outpatient

Raphael Schüster (Austria): Exploring computer- app- and media-supported Group Therapy for Depression

Monica Henrich (Argentina): Multifamily Groups Networking

13:30 - 15:00  LUNCH  
CAOA Meeting

15:00 - 16:30  WORKING SESSIONS 2: SYMPOSIA, PAPERS SESSIONS and WORKSHOPS

SYMPOSIUM: Transcultural  
Mona Rakhawy (Egypt)

Reem Deif (Egypt), Eva Fahlstrom Borg (Sweden), Roberta Mineo (Italy), Magdalene Jeyarathnam (India), Aya Hussein (Egypt), RieNasu (Japan), Ismail Tag Alasfia Hassan (Sudan), Amira Soliman (Egypt), Asmaa Abdel Fattah (Egypt): Juniors, Seniors and Groups in a Vibrant World: From IAGP to the Real World and Vice Versa

SYMPOSIUM: Research 6  
Catharina Mela (Greece)

Marco Longo (Italy): Identities, Relationships and Group Memberships Suspended and/or Fragmented Between Real and Virtual Real and Virtual Part 2

ONGOING WORKSHOPS

ANALYTIC GROUP  
Göran Ahlin (Sweden): Challenge and Hope for Large Group Research: 3 sessions

WORKSHOPS

ANALYTIC GROUP  
Cindy Aaron (USA): Starting Where We Are: A Neurobiological Understanding of Scapegoating and Transformative Possibility
Theme of the Day:

**TRAUMA and its AFTERMATH**

### 16:30 - 17:00

**REFRESHMENT BREAK**

### 17:00 - 18:30

**Combined Modality**

**LARGE GROUP**

for CONGRESS COMMUNITY

Conducting Group:
- Ray Haddock (UK)
- Susan Gantt (USA)
- Penha Nery (Brazil)
- Manuela Maciel (Portugal)
- Dick Blackwell (UK)
- Pablo Castanho (Brazil)

### 19:15

**FAREWELL DINNER**

at the Posthuset

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**PSYCHODRAMA**

Laura Consolati (Italy): Path of psychodramatic treatment for refugees

**FAMILY THERAPY**

Nehal Elnahrawy (Germany): From the turmoil of war to shelter in a therapy room

**PSYCHODRAMA**

Turabi Yerli (Turkey): Changing Eating Behavior

**YOUNG PEOPLE**

Gabriella Nicotra (Italy): Group-therapy increasing resilience in children victims of maltreatment and abuse or other traumas

**ORGANISATIONAL**

Marianne Wiktorin (Sweden): No boss, no hierarchy and a CEO only on paper

**ORGANISATIONAL ANALYTIC GROUP**

Bill Roller (USA) and Xu Yong (China): Creating a Group Context that Supports Courageous Nonviolent action in Defence of Ethical Principles

**TRAUMA**

Melinda Meyer-Demott (Norway): Reconstructing meaning after trauma

**PSYCHODRAMA**

Kate Hudgins (USA) and Scott Giacomucci (USA): (2) PTSD Unites the World: The Therapeutic Spiral Transforms Trauma (Practical)

**PAPER SESSION**

- Edi Gatti Pertegato (Italy): Who is afraid of Trigant Burrow’s revolutionary group analysis? On the recovery of its historical identity.
- Robert Pepper (USA): The Complicity of Members in Groups that do Harm
KEYNOTES

Lene Auestad
presenting author: Lene Auestad (Norway)

RE-MEMBERING AND RESISTING IN DARKENING TIMES
Keynote | English

In today's world, we are witnessing a revival of aggressive racism and sexism, and as a corollary, revitalised nationalism, as fantasies of ‘the I made we’, is construed as against repudiated others. Freud wrote that “we need not feel ashamed” about our lack of knowledge of female sexuality, characterising woman as the ‘dark continent’, a metaphor for the unknown, and a term first used by Henry Morton Stanley in his explorer's, account of Africa, Through the Dark Continent. As he wrote, it “includes many dangers from man, beast and climate”. The unknowability occurs due to the fact that this stereotype reflects the viewer, not the person viewed. “You, my creator, would tear me to pieces, and triumph; remember that, and tell me why I should pity man more than he pitied me?”, says the monstrous being to his creator, Frankenstein. Mary Wollstonecraft Shelley's story can be read as a parable of a female subject, constructed by a man who has taken over the act of creation, as an assembly of parts objects who then speaks back to its creator. On this basis, I shall explore how critical speech may acknowledge, without repeating, epistemic violence, narrating without covering up what is lost or missing, as an alternative to today's totalising discourses.

Lene Auestad is an author and a philosopher from the University of Oslo. She has written on the themes of prejudice, social exclusion and minority rights, and has contributed to public debates on hate speech. The book Respect, Plurality, and Prejudice (2015) combined critical theory with psychoanalysis and psychosocial studies, examining the underlying unconscious forces and structures that make up the phenomena of xenophobia, Antisemitism, Islamophobia, homophobia and sexism. It provides a nuanced, detailed overview of how social prejudices, and the discrimination and violence that often tend to accompany the latter, come into being. Auestad (2014) has written persuasively about the rise of nationalism in European countries, both in terms of its expression in extreme far-right groups and in the context of everyday political language and policy. She founded and runs the international and interdisciplinary conference series Psychoanalysis and Politics.

Rudy Lucas
presenting author: Rudy Lucas (USA)

A BLACK MAN'S EXPERIENCE WITH RACISM IN AMERICA
Keynote | English

Look at me!...What Do You See?...A man talking about racism. Is he light or white like...Malcolm X or is he a dark chocolaty brown like...MLK? What does it all mean and why do these meanings stick?... Like...Barack Obama...
I was MADE a BLACK man BY America

The One Drop Rule...That's how I got here, to IAGP. Would that have happened if I'd been born a member of the majority community? The laws that have absolutely controlled my family's access to wealth and power have been built on a diabolical foundation of inhuman violence and terror sanctioned behind the cloak of WhiteSupremacy. These mean-spirited principals have bred racism that is both institutional and interpersonal... the former has always touched every decision ever made by me and my ancestors. The interpersonal treatment, which has been more a matter of bias and discrimination directed at me, has been far less a feature of my daily life, primarily because of my more European-like skin color, hair, lips and nose. I am rageful at my treatment...that is also how I've ended up here in Malmo. I am constantly unpacking the resultant psychic terror of living in what W E B DuBois has called double-consciousness. The trauma associated with living in a nation that sees me as The Problem. Strange bedfellows are created where exists both an internalized superiority as well as an internalized inferiority which are passed intergenerationally. I've chosen one piece of legislation (created 17 years before I was born... the IMMIGRATION ACT of 1924) to illustrate how it has touched me. I may or may not include specifics of how Jim Crow polices of the late 19th century thru the mid 1960s have touched my community. I conclude with my glee and excitement in watching white folks allied in the struggle in cross racial conversation. I am replenished as they courageously become increasingly more comfortable with feeling uncomfortable. It is the encouragement/hopefulness of this witness that fortifies me for the lively discussions within my community with peers who have grown weary and ask me why I bother."
Paul Mecheril
presenting author: Paul Mecheril (Germany)

EUROPEAN ANXIETIES: LOGICS OF AFFECT AND POWER
Keynote | English

In migration discourses perceived threats are explicitly or implicitly called into being through texts and visual media representations. Methodologically I want to read this practice as ‘constructed and staged scenarios of threat’ that develop their affective efficacy due to deep historical patterns of assertion and justification. The staging of threats can be described as a practice that represents an investment in the fight for a legitimate social order. I examine ‘the threat-scenarios’ as interventions whose meaning is defined by practices of real and symbolic in-and exclusions.

Paul Mecheril is German Professor for Migration and Education at the Department for Pedagogy at the Carl von Ossietzky University of Oldenburg, Germany. He is also head of the Center for Migration, Education and Cultural Studies. He grew up in two countries - Germany and India. He received his PhD in Psychology in 1991 at the University of Münster, Department for Psychology and completed his Dr. habil. on multiple afflictions in migration society at the University of Bielefeld in 2001. His main research interests include: Migration and Pedagogy, Racism, Cultural Studies and subject theories. Since 2016 he is speaker of the phd-programme »Formations of border in migration societies: knowledge systems, materialities, subjectivations«. Paul Mecheril is the (co-)author of nine and (co-)editor of 26 books. Recently he edited HandbuchMigrationspädagogik (Beltz, 2016), co-edited Dämonisierung der Anderen. Rassismuskritik der Gegenwart (transcript, 2016, with María do Mar Castro Varela), and Resistance. Subjects, Representations, Contexts (transcript 2017, with Martin Butler & Lea Brenningmeyer).

Camila Salazar Atiás
presenting author: Camila Salazar Atiás (Sweden)

THE CONSTRUCTION OF GANGS: HOW WE CAN ALL BE PART OF THE SOLUTION
Keynote | English

It is too easy to blame gangs as the root of all evil. Maybe that’s the way politicians and media find it convenient to use that rhetoric. Who are these gangs, are they homogenous group, predators or even aliens? They are our kids, our youth, individuals with a wide range of backgrounds and reasons for ending up there. One thing they all have in common is that they are of us, and we are they. I have studied and worked with gangs for twenty years, never have I met one gang member who told me this was his life aspiration or dream. Never have I met a member who wanted their loved ones close to the gang. They all wanted to leave the violence if presented with a ‘real choice’, to be able to live a calm life with their loved ones. They all also wanted a fair chance to a dignified life. The people I have met have experienced, are part of and reflect a society where inequality, violence, masculinity, marginalization, expectations, stigmatization have constructed gangs. Gangs are a symptom of a society that is not coherent. To blame and punish individuals is not the solution. Only changes to the system can create long-term solutions. We have to see beyond the armour, beyond the problem and see the potential in front of us!

Camila Salazar Atiás is a Swedish criminologist with roots in Chile. She is Sweden’s foremost expert in gang crime and has since 1997 worked with issues concerning the construction of gangs, gang identity and inequality. She currently works in Fryshuset, the world’s largest youth organization, where she is the global head of social operations. Fryshuset is a foundation, offering a meeting place for social projects, education and interests. In 2010 she founded the Center for Information on Destructive Sub-cultures (CIDES), whose mission is to counteract the development of gangs and focus on exit strategies. In 2015 she was awarded the prestigious international Anna Lindh Prize for her effort and perseverance. Camila has a significant media profile, lecturing and writing articles and publishing in books and media. Camila is passionate about giving people honest and fair chances in life and believes in everybody’s equal value.
SYMPOSIA

**Domenico Agresta**

**I present:** Domenico Agresta (Italy)

**Co-present:** Fausto Agresta (Italy)

**THE ‘ANTHROPOPOIESIS OF DREAMS’: A DYNAMIC PSYCHOSOMATIC INTEGRATED FAMILY THERAPY**

Symposium | Family therapy | English

The “anthropopoiesis of Dreams” is an act of structuring images, thoughts and concepts that represent the psychosomatic dimension of the human being and the integration of personality. The creation of social individuals does not exclude the determining of individuals that, in the mental, are part of social and cultural groups. This is an equivalent aspect. If I work with images, I am working with memory. If objects can create memory, the semaphore – which is the bearer of significance – proves that the mental and the body are related and vice versa. The dream is, actually, an anthropopoietic and semiotic dimension of mental experience. By the definition ‘anthropopoiesis of the dream’ we mean a corporeal and psychic process, where the symbolized body becomes a narration and a construction of thought. The analytical work proceeds from the etiological imaginary (saturated matrix) towards the symbolic-poetic imagery (unsaturated matrix): thus, the dream becomes a semaphore, a bearer of significance. The work is with the dreams and the integration of family therapy theory. In this way we can create a new form of the Family Matrix and new representation of roles and rules.

**Domenico Agresta is clinical and community psychologist, group-analyst and psycho-oncologist. President of the CSPP and Trustee of The Gordon Lawrence Foundation (UK). Academic Member of AGPA and Member of AIGP. Board Member of the SIMP (Italian Society and Psychosomatic Medicine). Member of NICS0 (Italian Network of Supportive Care in Oncology) and National Supervisor of Group in Psycho-Oncology in NICS0. He works with SDM studying Rites of Passage, Religious Rites, cultural contexts. He studies the correlation between mind and body link to anthropology and group and family processes. He teaches at University (Chieti-Pescara) and at Schools of Psychotherapy (Rome, Pescara).**

**Pietro Alfano**

**Presenting authors:** Pietro Alfano (Italy), Giuseppe Lo Piccolo (Switzerland)

**IMAGE OF COLONIALISM IN UNACCOMPANIED REFUGEE MINOR’S CARE**

Symposium | Exploitation Colonialism | English, French

As part of the symposium ‘Psychic footprints of exploitation colonialism in Rising Tides of Challenge and Hope’ we aim to explore the colonialism effects in a migration context. Migrants bring with them problematic psychological issues and this condition requires a specific conceptualization of transcultural care. The aim of the group was to support a representation and symbolization process and to elaborate the cost of colonialism to the psyche. We present clinical sequences of Photolangage© method with unaccompanied minors migrants in order to illustrate how group’s space become the psychological place where subjects may express their idea about a split world. According to F. Fanon it could be linked to the psychic effects of domination. Refugees are the symptoms of a suffering History that has created a legacy of suspicion and stigmatisation of migrants, in a fractured society with some implicit or explicit ‘othering’ on the basis of suspicion and fear. According to Mbembe and Tonda, the black figure is linked to a general crisis of modernity, colonial past has left traces on minds, bodies and cultural representations of migrants. We suggest in order to process these controversial elements in group analysis to allow the opening of a potential thinking space supporting transformation and change.

**Psychologist, PhD in clinical psychology. I work using the image as a mediating object (Photolangage ©) as a therapeutic and expressive tool. Currently research interests concern the ‘crisis of presence and identity’ in migration.**

**Alberto Amutio**

**ENHANCING WELLBEING, COMPASSION AND PHYSICAL HEALTH IN DIFFERENT POPULATIONS THROUGH MIND-FULLNESS**

Symposium | Research

**Alberto Amutio**

**Presenting author:** Alberto Amutio (Spain)

**Co-author:** Cristina Martinez-Taboada (Spain)

**IDENTITY AS A COMPLEX CONCEPT MADE BY CULTURE AND SOCIAL INTERACTION: THE CASE OF LATIN AMERICAN ADOLESCENTS IN THE NORTH OF SPAIN**

Symposium | Transcultural | English, Spanish
The transnational family presents at least two-family nuclei: one made up of those who stay in the country of origin and another formed by those who emigrate. Both nuclei are interconnected by reciprocities of an affective-economic type and by possible communication, thanks to new technologies, favouring the maintenance of family affective bonds. We set out to determine the influence of these new communicative practices, in Bolivian transnational families in the maintenance of family and emotional ties between migrant mothers and their children. The degree of cohesion, well-being and family life satisfaction in both groups and the relationship with perceived social distance will be explored. Methodology: Quantitative, qualitative, multi-situated, ex post-facto – transversal. Using reliable scales as well as, in-depth interviews. The final sample will be 60 mothers and 120 Bolivian children. Significant correlations were observed between different socio-demographic variables and the number of calls made to the mother using various computer applications. People from rural areas make less use of applications and make fewer contacts with mothers. The number of contacts correlates with satisfaction with life and reflects the perception of closeness of the members in the family. Technologies are generators of certain changes in the daily practices of transnational families. Communication ceases to be intermittent and exceptional, and becomes usual, strengthening the perception of the affective bonds, satisfaction with life and well-being.

Alberto Amutio PhD in Psychology (University of Deusto, Bilbao). Professor in Social psychology at the University of the Basque Country (UPV/EHU) in Spain, with expertise on stress and burnout, and the application of mindfulness. He has written around 40 articles on different topics including immigration, bullying, mindfulness, communication, and has published several books. He has worked in different national and international research projects related to burnout, stress reduction, and well-being.

Carolina Becerril Maillefert
presenting author: Carolina Becerril (France)

HOW CAN I LEARN AT THIS MOMENT OF MY LIFE TO CREATE A NEW INTERNAL REPRESENTATION OF MYSELF?
Symposium | Transcultural | English, Spanish

Looking to trauma situations and after all situations related to first traumatic experience we can observe, the compulsion of repetition on the clinical work. Freud's statement in Beyond the Pleasure Principle, All traumatic experience tries to be repeated in order to believe “this time does not happen again”. With this belief patients always repeat the same situation. In this workshop, I propose working with Psychodrama, if the group is small, 6 to 8 participants or, if more than 20 participants with Sociodrama. Initially, I’ll present a brief review of Freud’s article. My approach is the STPT Strategie therapeutique post traumatisme. Working in action is the fastest way to access these kinds of memories...first the event and the repetitions then... It is very important for the STPT methodology to look for the positive resources of the protagonist and also of the group participants to discover the capacity to return to health and self-recovery. From my experience in psychodrama and action-techniques, we always work from the pre-consciousness so, the faster way to give «a new answer to and old situation» (Moreno’s definition of Spontaneity).

Carolina Becerril, CEP Certificate of European psychotherapist is a Director of Psychodrama, Modern Psychoanalysis applied to Groups, Psychoanalyst, AMPP Mexican Association Psychoanalytical Psychotherapy. Following receipt of her masters in Clinical and Social Psychology from the Université de Haute Bretagne, Nantes, France in 1970 she was author of Le psychodrame, l’histoire, la méthode, les techniques pour explorer votre processus psychique au moyen des scénarios improvisés also in Spanish.

Richard Beck
presenting author: Richard Beck (USA)

IAGP TRAUMA AND DISASTER
Symposium | Trauma | English

9 clinicians will demonstrate their experience and thinking about using Psychodrama as the intervention after traumas and disasters. These panels and workshops will involve sharing the collective wisdom of members of our trauma/disaster task force with respect to different theoretical approaches and their interventions following disasters and traumas around the world. The influence of culture is a key consideration within each model. Richard Beck is Vice-President of IAGP, a Past-President of EGPS, a former Board Member of AGPA and Chair of the IAGP Task Force for Trauma and Disaster Management. He is a lecturer at Columbia University School of Social Work and has appointments as Lecturer of Social Work in Psychiatry (Voluntary) at Weill Cornell Medicine and also at New York Presbyterian Hospital in New York City. He also lectures internationally on the multiple dimensions of psychological trauma and therapist self-care. He was published extensively on these topics. Richard co-authored an award-winning article 'In the Belly of the Beast: Traumatic Countertransference'.
Caner Bingöl  
presenting author: Caner Bingöl

COLONIAL TRAUMA AND POST-COLONIAL RECOVERY (COLONIAL TRAUMA AND BORDERSTORIES; WORKING WITH REFUGEES, ASYLUM SEEKERS & UNDOCUMENTED MIGRANTS IN THE MIDDLE EAST, ASIA MINOR AND MESOPOTAMIA)
Symposium | Trauma | English

A personal narrative helps a refugee construct a new private identity. Interpretation of the refugee’s narrative can inform the strategy for healing trauma and improving functioning. Colonialism, is still functioning and causing silent trauma in the forgotten and oppressed geographies around the world. Participants will work with sociodramatic techniques for identity and with expressive therapy techniques with rituals to reveal colonialism’s somatic impact on social context and psychodrama and Jungian techniques to increase resiliency and growth of the forgotten and oppressed dreams and ‘hope we can’...

Caner Bingöl, MD, PhD specialises in Family Medicine and has a doctorate on the Clinical Anatomy. Dr. Bingöl, studied Psychodrama and Jungian Psychodrama at Prof. A.Özbek Institute. Studied on Couple; Family therapy and graduated in Trauma Studies Certificate Program of Bilgi University Psychology Dept. collaboration with the International Trauma Studies (New York). Director of Dr. Ali Babaoglu Jungian Psychodrama Institute İstanbul. Working voluntarily with an NGO, Refugee Advice Center in Istanbul. He is leading a project ‘Kurdish Kibbutz’ Psychosocial Support Project in KRG of former Iraq. Member of IAGP.

Dick Blackwell  
presenting author: Dick Blackwell (UK)

REASON AND VIOLENCE: COLONISATION AND COLONIAL VIOLENCE IN THE ANALYTIC PROCESS
Symposium | Exploitation Colonialism | English

Norman Mailer said that the problem with psychoanalysis was that it provided a ready-made language for people to articulate their experience, but people actually needed to find their own language to express themselves fully. I have previously argued that psychoanalysis inevitably involves a colonisation of the inner world by a particular language or linguistic form. The degree of colonisation varies according to the cultural concurrence or not (resonance or dissonance) between analyst and patient(s). Where the therapist is from a privileged group while the patient is not, or the therapist is from an oppressor group, the colonisation will be greater and more violent, and the resistance and the feelings of the patient(s) will be more violent too. Moreover, since psychoanalysis and group analysis are Western discourses they must necessarily embody unconsciously crucial elements of Western ideology. Moreover, following Said, we may argue that the ‘authority’ of the analyst derives from the authority of empire and from identification with the contemporary social establishment. Only when the colonialism inherent in the psychoanalytic and group analytic discourses can be deconstructed in the therapy itself so that the patients can challenge not only the analyst as a person, but her/his whole identity as an analyst and the discourse and structure of analysis on which that identity is based, so that patients can genuinely find their own language, speaking truth to the power of the analyst, can the therapeutic process be truly liberating.

Dick Blackwell received his first degree in Business Administration; Post Grad as sports teacher; community work with Black communities in UK, along with ‘suicide prevention’; training in group analysis and family therapy; leader of community psychotherapy project for 10 years, much with ‘psychotics’; work with survivors of torture and political violence for last 30 years; founder and first director of Centre for Psychotherapy and Human Rights; former chair of IGA London; Associate Editor of journal, Group Analysis.

Isil Bulut  
presenting author: Isil Bulut (Turkey)

SOCIAL ACCEPTANCE AND INTEGRATION OF SYRIANS IN TURKEY
Symposium | Transcultural | English, Other

The psycho-social processes in a group of 14 Syrian women set up for their empowerment will be described. We met for 12 sessions and used psychodramatic warm-up techniques. I will describe the difficulties of making common rules and building relationships as well as issues of war, their losses, their relationship with relatives and family planning. We work with a translator. The women feel happy to have this group work. We plan to evaluate the group process and the empowerment process of these women. In this workshop we would like participants to become more conscious of the relationship between acculturation and transcultural processes and how it is possible to facilitate ideas and practices in cross-cultural group settings. We will also show the powerful impact of arts as a universal communication language to share difficulties and the consequences of the need to belong and to create new social identities, through the presentation of specific professional applications and reflections. We will use discussion, progressive relaxation, writing techniques with singing and movement to promote these
explorations. We will encourage participants to take and share notes after some guided meditation and sentence completion exercises. For example: “Men dancing make me feel…” complete the sentence. “Americans are…”

Isil Bulut is a faculty member, director of Family Services Center at Hacettepe University, School of Social Work 2002. She is also Head of the Department of Social Work, Faculty of Health Sciences at Baskent University, Social Work Interventions; Individuals, Groups and Community, Psychodramatist and psychodrama trainer, Member of IAGP; International Association of Child Abuse and Neglect and International Federation of Social Work Publications on group psychotherapy, psychodrama, family, youth, gender, migration.

Alice Byrne
presenting author: Alice Byrne (USA)

UNIVERSALITY OF POETRY AND MUSIC TO TRANSCEND AND UNITE DIFFERENCES
Symposium | Transcultural | English

The universality of poetry and music as a way to transcend socially. The work of Rumi, a thirteenth century poet and mystic Sufi includes this poem, ‘Out beyond right doing and wrong doing there is a field. I will meet you there’. The Beatles, Leonard Cohen among others have music that goes way beyond, one culture. I could envision a panel who would play music as part of the speech. We are offering a workshop /panel to help us transcend and explore cultural differences both here in the moment and when we return home to our countries and therapy groups as well as affiliation groups. We are demonstrating tools for that purpose. In this workshop we would like participants to become more conscious of the relationship between acculturation and transcultural processes and how it is possible to facilitate ideas and practices in cross-cultural group settings. We will also show the powerful impact of arts as a universal communication language to share difficulties and the consequences of the need to belong and to create new social identities, through the presentation of specific professional applications and reflections. We will use discussion, progressive relaxation, writing techniques with singing and movement to promote these explorations. We will encourage participants to take and share notes after some guided meditation and sentence completion exercises. For example: “Men dancing make me feel…” complete sentence. “Americans are…”

Alice Byrne, BA English, Adelphi University Garden City, New York; Master of Social Work Adelphi University 1974; Certificate in Supervision of Psychotherapy, Postgraduate Center for Mental Health, 1981 New York City; Certificate in psychodynamic and psychoanalytic Group Psychotherapy, Postgraduate Center 1984; Certified Louise Hay, teacher and trainer, 1996; New York State clinical social worker; Certified Group Psychotherapist; Fellow American Group Psychotherapy Association.

Pablo Castanho
presenting author: Pablo Castanho (Brazil)

EXCESS OF POWER AND THE PSYCHIC FOOTPRINTS OF EXPLOITATION COLONIALISM IN BRAZIL
Symposium | Exploitation Colonialism | English

We propose to relate some of today’s global challenges to past exploitation colonialism. Such colonial experiences have shaped core features of much of the social institutions of former colonised countries. They have thus endured time and may return on the groups we conduct. In order to approach the Brazilian case, we shall notice that as early as 1532 Portuguese strategy for colonisation placed great power on the hands of a few landowners. They had their own militias, kept the religious weak power under them and were responsible for native and African slaves. Slavery is probably the most explicit picture of such misbalance of power and radical mistreatment of people as the cornerstone of the country. Brazilian thinkers such as Paulo Freire and sociologist Jessé Souza converge on believing this is the root of our most pressing present problems. We believe this to be the sociological support for a number of phenomena we find in the operative groups we conduct with socially vulnerable population. On the transferential level, professionals are often placed on the ambivalent place of the oppressor, beloved and hated. Emotional detachment and lack of agency are common shared defences against hardship in social life. Families and communities struggle with the vicious circle of the “excess of power”, where those once victims may turn into victimizers.

Pablo Castanho, PhD is a professor of Clinical Psychology at The University of São Paulo (USP) where he conducts research on groups and institutions referred to psychoanalytical theory. He is also a member of IAGP, NESME (Brazil) and the interuniversity network “groups and intersubjective links”.

Sue Daniel
presenting author: Sue Daniel (Australia)

STEPPING BACK IN TIME IN THE PRESENT MOMENT
Symposium | Trauma | English

Sue Daniel
When a person takes up the role of an ancestor they are often able to access material that they are not able to access by themselves, that is, from their own self. I will talk about the use of role theory in individual and group psychotherapy, particularly in relation to the protagonist (the client) interacting in the role of their ancestor in relation to another (and this may include themselves). Time no longer exists. How this is possible and the liberating effect that comes from it will be discussed. In discovering the kernel of the trauma, the healing factor for the protagonist comes through the interaction between the ancestor and a significant other. The protagonist may not even portray his or her own ‘self’ during this process. The healing comes about for the person, who may be, or is, directly or indirectly affected by the experiences and life of his or her ancestor/s, through working with the protagonist, in the role of the traumatised other/s.

Sue Daniel is an international trainer, educator and practitioner of Psychodrama (TEP), who teaches in universities, hospitals and institutes worldwide. She is the Director of the Psychodrama Institute of Melbourne and a consulting psychologist and individual and group psychotherapist in private practice. Sue is the founder of the Moreno Psychodrama Society and the Australian and Aotearoa (NZ) Board of Psychodrama.

Mona Rakhawy
Presenting Author: Mona Rakhawy (Egypt)
Co-authors: Reem Deif (Egypt), Eva Fahlstrom Borg (Sweden), Roberta Mineo (Italy), Magdalene Jeyarathnam (India), Aya Hussein (Egypt), Rie Nasu (Japan), Ismail Tag Alasfia Hassan (Sudan/Egypt), Amira Soliman (Egypt), Asmaa Abdel Fattah (Egypt)

Juniors, Seniors and Groups in a Vibrant World: From IAGP to the Real World and Vice Versa
Symposium | Transcultural | English

Since the beginning of creatures, the building blocks of the sense and the action of ‘we’ have been stacking up for the sake of survival. They paved the way for the evolution of collaborative work from its early primitive forms to today’s structured group practices, aiming for survival through the growth and healing of individuals, societies and the world. In this symposium, participants are invited to see different perspectives of a splendid journey that has witnessed both the opportunities and challenges facing group practices and team work. The journey started at IAGP through the foundation of its Young Professionals Section (YPS) in 2013, moving to the TCC (Transcultural Community Camp), organized under the umbrella of the Rakhawy Training and Research Center (RTRC), January 2018, Egypt. The TCC included 22 leaders and participants representing more than 10 nationalities. The symposium will be presented by senior and junior international professionals from 6 countries, representing the YPS and the TCC and bringing their journey to IAGP in Sweden. Reflections on the YPS/IAGP, the TCC/RTRC and the link between both entities will be shared. The symposium aims at gaining a better understanding of our potentialities as part of the collective ‘we’ in light of the current opportunities and challenges, in the hope of taking the field of the professional group work a step further, and ultimately celebrating our diversities and inclusive professional skills.

Mona Rakhawy is Professor of psychiatry at Cairo University. She is the president of the Egyptian Association for Group Psychotherapy and Group Processes (EAGT), a member of the board of directors of the International Association for Group Therapies and Group Processes (IAGP), and she is chairing the Biorhythmic Evolutionary Psychiatry section in the Arab Federation of Psychiatrists. She teaches psychiatry, psychology and psychotherapy with a special emphasis on integration. In 2010, she founded the EAGT, to be the first Egyptian/Arab association of group psychotherapy and group processes. She has recently established Rakhawy Training and Research Center.

Eva Fahlstrom Borg, IAGP, Psychodramatist, Sweden.
Roberta Mineo, University of Modena and Reggio Emilia Dynamic Psychology, Senior Reasearch Fellow Professor, Italy.
Magdalene Jeyarathnam, East West Center for Counseling and Training, Psychodramatist, India.
Reem Deif, The American University in Cairo, Teaching Assistant, Cairo, Egypt.
Aya Hussein, Rakhawy Training and Research Center, Clinical Psychologist, Cairo, Egypt.
Rie Nasu, International Christian University of Tokyo, Clinical Psychologist and School Counselor, Tokyo, Japan.
Ismail Tag Alasfia Hassan, UNICEF, Child Protection Consultant, Sudan/Egypt.
Amira Soliman, Rakhawy Training and Research Center, Artist, Cairo, Egypt.
Asmaa Abdel Fattah, Faculty of Medicine, Cairo University, Psychiatry resident, Cairo, Egypt.

Ray Haddock
Presenting Author: Ray Haddock (UK)

Healing Traumatized Systems: Systems-Centered® Methods with Dissociative Disorder and System Splits
Symposium | Trauma | English

In dissociative states people do not recognise the splits as part of a coherent self and can switch rapidly from one ‘self-state’ to another. Using A Theory of Living Human Systems developed by Yvonne Agazarian we first op-
erationally define human experience and then hypothesise its function in relation to survival, development and transformation. From this perspective all outputs of a person system have the goal of survival or exploration. Careful observation and data collection enable us to deduce the goal of the system at any given moment. Agazarzian went on to develop Systems-Centered (SCT) methods to intervene with any living human system depending on its state and in order to reduce restraining forces to survival, development or transformation. Dissociative phenomena are conceptualised as a survival response to life threatening trauma. In this session we will explore how formulating dissociative identity disorder as a repetitive system role enables us to test the hypothesis that SCT methods, particularly Functional Subgrouping modified for work in the dyadic context, can build a more integrated system and heal trauma induced splits. We will then consider the hypothesis that this is isomorphic with other system traumas and explore the applicability of functional subgrouping as a healing method.

Ray Haddock, MBChB. M.MedSc FRCPsych, Member Inst. Group Anal. Licensed Systems-Centered® Practitioner. NHS(UK) Medical psychotherapist for 25 years, also many years management experience. Extensive experience applying a Theory of Living Human Systems and Systems-Centered methods in leadership, organisations, individual and group therapy. He is also deeply involved in developing SCT theory and practice. Trains psychiatric trainees in psychotherapy skills and leads SCT training groups in UK, Europe and the USA.

Marcia Honig
presenting author: Marcia Honig (Israel)

A BRIDGE OVER TROUBLED OCEANS
Symposium | Transcultural | English, Spanish, Portuguese
The presentation will bring a 'glimpse' into a multi-cultural children's therapy group in Israel, in a poor neighborhood. Despite the cultural and educational differences, despite prejudices, envy and competition, the use of ART (music, drama, pictures...) to express thoughts and feelings evoked mutual identification and empathy and promoted collective Creativity and Creation. Once they could bring to the group their inner world, they could connect in a better way, sharing their fears, dreams and fantasies; by the end of therapy, they could even create the Group Art Work-Masterpiece, in a process of mutual recognition and respect.

Dr Marcia Honig. PsyD in Group Therapy, Psychotherapist (Individuals and Groups), Art Therapist and Integrative Counselor. Coordinator of the Psychotherapy Unit at MELEL Center (under the auspices of the Tel Aviv Municipality); founder and director of ‘Even Derech’- a private clinic for Group and Individual Psychotherapy in Tel Aviv.

Earl Hopper
presenting authors: Earl Hopper (UK)

THE SOCIAL UNCONSCIOUS IN PERSONS, GROUPS AND SOCIETIES: CONCEPT AND APPLICATIONS
Symposium | Social Unconscious | English
The concept of the social unconscious refers to the existence and constraints of social, cultural and communication arrangements of which people are ‘unaware’. In this symposium, Earl Hopper will shed some light on the definition of the concept of ‘Social Unconscious’ as introduced in his famous book series ‘The Social Unconscious in Persons, Groups and Societies’. Mohamed Taha will apply some psychoanalytic and group analytic theories of the Social Unconscious to the study of Egyptian society.

Earl Hopper (UK), PhD, is a psychoanalyst, group analyst, certified group therapist, and organisational consultant in private practice in London. A Distinguished Fellow of the AGPA, an Honorary Member of the GAsi, and an Honorary Member of IGA.

Kate Hudgins
presenting authors: Kate Hudgins (USA), Scott Giacomucci (USA)

PTSD UNITES THE WORLD: THE THERAPEUTIC SPIRAL MODEL TRANSFORMS TRAUMA (THEORETICAL)
Symposium | Trauma | English
The Therapeutic Spiral Model has created the first fully defined and research-supported clinical map of using modified psychodrama to treat trauma in the global community (Hudgins, 2017, 2002; Hudgins & Kellermann, 2000; Hudgins & Toscani, 2013). TSM Psychodrama developed the Trauma Survivor’s Internal Role Atom (TSIRA), which guides all trauma-informed experiential psychotherapy, whether in a single action session, group therapy, community organizations, or business settings. Spontaneity is developed through the Prescriptive Roles needed for healthy personality functioning. The TSM Trauma Triangle presents the unique role of the Abandoning Authority, which is crucial to change for trauma survivors. The TSM Transformative Triangle engages people with roles of post-traumatic growth. This presentation joins others on the IAGP Panel on Trauma and will describe this clinical map in words and action, as well as sharing examples of how TSM Psychodrama and its clinical role map have been used in over 40 countries, showing applications that are cross culturally sensitive which address family
violence, as well as structural change.

Kate Hudgins, PhD, TEP, is an inspirational leader and a stellar trainer known worldwide for her innovative model of safe and effective trauma treatment. Recognized as an international expert and author on trauma, Kate brings rigorous clinical training in psychology, psychodrama, and experiential psychotherapy as well as cross-cultural and indigenous learning and her own life experience.

Einat Kaufman
presenting author: Einat Kaufmann (Israel)

VIOS - FUNCTION INSTEAD OF FEELING
Symposium | Trauma | English

I purpose a working model that helps the therapist to provide a fast and focused psychological first help to the citizen at the scene of disaster and emergency. In recent years, I found myself working in increasingly dangerous settings having to take quick decisions while placing myself in actual danger. My desire to work in the heart of the disaster invites me to try many tools that have helped me. I based this model on my experience and my work in Israel - with security and civil institutions, Liberia - working with mental health and social workers after the Ebola crisis and civil war and Ecuador by working with citizens, therapists and security institutions after the earthquake.

Einat Kaufmann, since gaining her BA in 1998 in psychology, Open University, Israel, has continued her studies in psychology - group therapy, biofeedback studies, grief and sorrow studies, CBT, educational psychology, family and couples therapy. Her Clinical Experience and group work is now mainly private clinic – dealing with trauma, grief and sorrow and working in disaster zones in various places around the world, teaching at local universities, running field hospital for first psychological assistance. Since 2013 – Ashdod municipality - leading group for special needs teenage and adults and for social workers and at Eschar org – leading groups and private meetings for many organizations dealing different topics as dealing stress during and between wars.

Melas Khole
presenting author: Melas Khole (Australia)

PSYCHODRAMA- POST TRAUMA PROCESSING
Symposium | Trauma | English

Melas Khole works in the one to one milieu, using psychodrama to identify trauma roles. The psychodrama enactment in a session comes after the trauma processing. Melas will talk about why he uses psychodrama “after” trauma processing.

Melas Khole is a psychodramatist and psychologist working in private practice in Australia. He worked in a therapeutic community prison, co-leads psychodrama training groups and worked in community mental health services. Melas combines pop culture, music, existential philosophy and a keen interest in knowledge of the ‘runes’ to inform his practice. His specialty includes treatment of psychological trauma, insecure attachment and psychodrama individual and group work.

Juliet Koprowska
presenting author: Juliet Koprowska (UK)

SOCIAL WORK: EDUCATION THAT OFFERS HOPE AND CHALLENGE
Symposium | Organisational | English

Education has the potential to be transformational for people entering the challenging profession of social work. These students often have a strong motivation to make a difference in the world, yet they can be defeated by their own fears and anxieties, by the dismissive behaviour of their peers or teachers and, in the UK, by the low regard in which social work is held and the current decimation of public services. Students also bring with them their prior experience of interpersonal relationships and educational environments. Agazarian’s theory proposes that new situations arouse anxiety in all human beings before they become familiar and known and trust can be built. In addition, her theory states that systems close to difference, and open to similarity. This paper will use examples from student groups to show how teaching Agazarian’s distinctive method of functional subgrouping alters the commonplace patterns of interactions that otherwise prevail in the classroom, reducing anxiety and promoting a more harmonious learning environment.

Juliet Koprowska is a Senior Lecturer in Social Work at the University of York. Social worker for 11 years prior to becoming an academic. Extensive training in Systems-Centered theory and practice, co-leads Systems-Centered training groups and workshops. Member of the Systems-Centered Training and Research Institute Board. Registered Social Worker; Chair of
Anne Lindhardt
presenting author: Anne Lindhardt (Denmark)
co-author: Gerda Winther (Denmark)

CONDUCTING LARGE GROUPS IN DIFFERENT CULTURES AND CONTEXTS
Symposium | Social Unconscious | English

The authors have many years of experience conducting and co-conducting large groups in different cultures – organisationally and internationally. We will reflect on different forms of large groups such as ongoing in a psychiatric institution versus large groups in conferences. The paper will focus on observations and experiences with differences and similarities. Part of the paper will reflect on how the style of conducting is influenced by the context and culture in which we have worked. In some situation the containing function was more dominant than the interpretive function in order to facilitate the communication. The reflections will be related to different theoretical aspects.

Anne Lindhardt, IGA Copenhagen, GASi, IAGP, will chair the session. She has for the past three years have been a teacher at the Sino-Norwegian training programme for psychoanalytic psychotherapy and has held workshops on group analysis within the programme.

Gerda Winther MA, has co-conducted a workshop on group analysis in China.

Konstantinos Liolios
presenting author: Konstantinos Liolios (Greece)

WHEN POETRY MEETS GROUP ANALYSIS
Symposium | Research | English

Poetic expression transcends the superficial, provides innermost thoughts, and in many cases demonstrates the arousal of emotions. It is more than obvious that art and especially poetry shares a common ground with group psychotherapy, which is the dynamic space in which human communication and interaction can take place and produce fruitful and evolutionary outcomes. The introduction of poetic prose seems to be a therapeutic intervention with an impressive and profound effect in the group analytic processes. Therapeutic values derived from this intervention include personal expression, insight for the members individually and for the group as a whole, along with therapeutic integration and the opportunity for discussion points otherwise suppressed in the unconscious. In these workshops, we will have the chance to explore the deep and extraordinary impact that the introduction of poetry exerts upon group dynamics. In each session one poem of the famous Greek poet C.P. Cavafy will be shared and then fantasies, thoughts and reflections, based upon group analytic culture will flourish the whole process.

Konstantinos Liolios is a psychiatrist and group analyst from Chania, Greece. He has a deep interest in the use of art, i.e. poetry, painting, theatre as a therapeutic tool in his analytic groups. His private practice consists of individual and group psychotherapy, “dream groups” and poetry groups. He is also trainer in HOPE in GA, Athens, Greece.

Marco Longo
presenting author: Marco Longo (Italy)

IDENTITIES, RELATIONSHIPS AND GROUP MEMBERSHIPS SUSPENDED AND / OR FRAGMENTED BETWEEN REAL AND VIRTUAL REAL AND VIRTUAL PART 1
Symposium | Research | English

Resume and deepen, through discussion in a group experiential situation, activated with appropriate early stimulation, development of themes that emerged in the days of the conference, particularly with regard to issues concerning violence in social media, with such phenomena cyberbullying, stalking online, online pornography, gambling, fraud, hacking etc etc, not to mention the cyber war, both in the financial field, both in the political sphere, and finally in the digital management of spy satellites, drones, missiles etc.

Marco Longo is a Medical Psychologist - Psychoanalyst and Group Analyst - COIRAG Presidente - Member of: SPI (Italian Psychoan. Soc.) and IPA. COIRAG - Nodo Group, GASi, IAGP - Editor of Psychomedia.it - Conductor of Social Dreaming and Social Thinking Experience - Psychotechnologies and Abuse of digital communication Expert - Coordinator in Psicocergency, Conflict and Disaster Trauma.
Today we know that every traumatic event, whether it be an earthquake or flood, will involve an entire geographical area and its population. Notwithstanding the logistical assistance needed, a social psycho-emergency intervention that takes care of not only individuals, but also the entire population is required. It needs to be well-calibrated to the psychosocial characteristics of the population, taking account of culture, religion and local customs as in such disasters what is most fragmented, is the social fabric. So, taking care of the catastrophe in the group and sociality is therefore necessary to activate a whole series of psycho-emergency interventions for the population that are based on the use of different types of groups, both support and revitalization of social relations, cooperation and collaboration. In addition, various psycho-emergency interventions for the caregivers are also necessary, with specific support and groups for fatigue and pain as well as interventions that foster the full operational capacity of the various teams and different professionals involved. This talk will illustrate the different types of intervention that have been activated in Italy in various traumatic situations that occurred between 1980 and today.

Eduardo Mandelbaum
presenting author: Eduardo Mandelbaum (Argentina)

COMPARING DYNAMICS: THE THERAPEUTIC GROUP, FAMILY THERAPY AND THE MULTIFAMILY GROUP (MFG)
Symposium | Family therapy | English, Spanish

In this paper I will deal with the possibility of comparing how three different therapeutic approaches function. Therapy Groups in general, Therapies of Nuclear Families and the dynamics of Multifamily Groups. To achieve that I will describe certain bonding aspects, meaning the internal representation in the relationship with the Other. A representation that decidedly influences possible interchanges with that Other. This type of bonding changes over the course of therapy going from what Garcia Badaracco called pathogenic inter-dependencies into normogenic inter-dependencies. That is to say, with healthier and more functional characteristics. To describe the complexity of the bond I have used what I call Bonding Parameters which can be described and observed in all type of attachments. These are the characteristics: Intensity, Meaning, Psychic Space, Quality, Function and History. I will also discuss a particular type of attachment which I call Peculiar Specific Significant Factor. The Systematization of the parameters is applicable to every bonding configuration and in addition to a situational diagnosis it help us assess the process of the therapeutic change with different therapy tools.

Cristina Martinez-Taboada
presenting author: Cristina Martinez-Taboada (Spain)

IDENTITY AND SOCIAL HOPE: TRANSCULTURAL AND GROUP PROCESSES
Symposium | Transcultural | English, Spanish

We offer a workshop/panel on cross cultural groups that transcend and explore cultural and personal processes both in the moment and when we return home to our country therapy groups as well as affiliation groups. Our proposal shows the effectiveness and the convenience of the concept of ‘Transcultural’ as a positive practice of acculturation processes emerging from interaction on cross-cultural settings. Facing ‘Transcultural’ processes means accepting the difficulties of multiculturalism, working on multi-conceptual explanations and practices. We'll
demonstrate tools and strategies through arts, and action. We would like participants to become more conscious of the relationship of acculturation and transcultural processes and to be able to facilitate ideas and practices in cross-cultural group settings and show the powerful impact of arts as a universal communication language. Sharing difficulties and consequences of the need for belonging and creating new social identities, presentation of specific professional applies and reflections. We will encourage participants to participate actively after oral presentations, to take and share notes and discussion after the experience together. We believe Transcultural progression can build new practices of coexistence, communication and group interaction.

Cristina Martinez-Taboada PhD, Professor Social Psychology at the University of the Basque Country, UPV / EHU, Spain, IAGP Board member since 2009, IAGP Transcultural Chair (2016-18). Research; supervision on minority groups, health, wellbeing, Board Member Master Psychosocial Intervention UPV EHU, Guest Professor School of Health University California (Berkeley). Leadership Award, Staff International Academy Granada IAGP; UNESCO, Past President Spanish Society of Group psychotherapy and Techniques SEPTG.

Cristina Martinez-Taboada
Presenting author: Cristina Martinez-Taboada (Spain)

‘Y’ AS A COMPLEX CONCEPT MADE BY CULTURE & SOCIAL INTERACTION: THE CASE OF LATIN AMERICAN ADOLESCENTS IN THE NORTH OF SPAIN
Symposium | Transcultural | English, Spanish

We offer a workshop/panel based on our study and practice with Latin-American adolescents at school showing acculturation processes and dissonances between family, school and society. Our proposal demonstrates the effectiveness of the concept of ‘Transcultural’ as a positive practice of acculturation processes emerging from interaction in cross-cultural settings. Facing Transcultural processes means accepting the difficulties of multiculturalism, working with multi-conceptual explanations and practices, demonstrating tools and strategies through arts, and action. We would like participants to become more conscious on the relationship between acculturation and transcultural processes and to be able to facilitate ideas and practices in cross-cultural group settings, which will show the powerful impact of arts as a universal communication language. Sharing difficulties and consequences of the need of belonging and create new social identities, presentation of specific professional applies and reflections. We will encourage participants to participate actively after oral presentations, to take and share notes and discussion after the experience together. We believe Transcultural progression can build new practices of coexistence, communication and group interaction.

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Catherine Mela
presenting author: Catherine Mela (Greece)

EVALUATION OF THE STRESSFUL SOCIAL CONDITIONS THAT INFLUENCE REFUGEES’ MENTAL AND ORGANIC HEALTH.
Symposium | Research | English

Exclusion, racism, violence, bad living conditions are some of the social factors in a refugee’s life, causing distress, insomnia, syndrome of multiple losses, PTSD, cognitive disorders and depression. Group Psychotherapy modifies brain and synaptic plasticity by treating ‘in the group’ stressful social factors in an analogue that is similar with life’s emotional traumatic events and conflicts, thus altering memory function according to the restoration of the traumatic memories in the prefrontal lobe, the cortex and deeper brain areas. The reduction of the cytokine’s levels by participation and education inside the psychotherapeutic group, can lead to a regulation of the levels of blood cortisol and to the regulation of the brain’s inflammation (Catherine Mela;“Psychiatria Danubina” suppl3, vol 29,2017). The function of the psychotherapeutic environment as a ‘container’ is strongly associated with stress relief and improvement of depressive and dementia-like symptoms. EEG and Mini Mental Scale can significantly change and improve after Psychotherapy. As a result, acceptance, containing, holding, equal human rights, transcultural dialogue, corrective emotional experience are some of the therapeutic factors that help in this direction.

Catherine Mela MD, is a Neurologist, Psychotherapist, Group Analyst, Trainer and Supervisor. She is Executive Secretary of IAGP (2015-2018) and Chair of IAGP Research Committee (2012-2018), nominated for IAGP Vice President (2018-2021). She is a Board member and member of the Organizing Committee of Academy of Granada. She is the Chair of the 2nd IAGP International Congress on Research, Group Psychotherapy and Processes (Thessaloniki, Greece, 14-17 June, 2018).
Catherine Mela  
presenting author: Catherine Mela (Greece)  
co-authors: Michael Wieser (Austria), Cristina Martinez Taboada (Spain), Galabina Tarashoeva (Bulgaria), Marco Longo (Italy), Mona Rakhawy (Egypt)

GROUP PSYCHOTHERAPEUTIC METHODS TO APPROACH THE PSYCHOLOGICAL MIGRATION TRAUMA AND THE FACTORS THAT INFLUENCE THE MENTAL AND ORGANIC HEALTH OF THE REFUGEES  
Symposium | Research | English

This Ongoing Symposium on Research focusses on psychological migration trauma. Presenters come from many countries and base their presentations on personal and group methods applied to different populations related with the mental and organic health of refugees. We would like participants to be able to approach and consider the phenomenon of the refugees on a holistic basis including the social, psychological, transgenerational and organic trauma. New ideas and practices for social and clinical interventions, which can be applied in their professional settings, will be demonstrated through presentations and workshops. We hope to inaugurate a new model of dialogue related to research results in different areas, cultivating a transcultural and trans-religious spirit through sharing experiences for discussion in the group experience.

Dr Catherine Mela, MD, Neurologist, Psychotherapist, Group Analyst, Trainer and Supervisor. Executive Secretary of IAGP (2015-2018) and Chair of IAGP Research Committee (2012-2018), Board member and member of the Organizing Committee of Academy of Granada, Chair of the 2nd IAGP International Congress on Research, Group Psychotherapy and Processes (Thessaloniki, Greece, 14-17 June, 2018).

Natalia Novitsky  
presenting author: Natalia Novitsky (Switzerland - Finland)

INNER MULTICULTURALISM  
Symposium | Family Therapy | English

My work focusses on the manifestation and resolution of ‘cultural neurosis’ in second and third generation Migrant families, including New Europeans in Old Europe. Living in psychological space ‘between cultures’, finding a new home in language, questions, which need to be understood and swallowed, digested and resolved during adolescence to avoid dissension (dispersion) of identity formation.

Natalia Novitsky MA, Psychologist Lic., Registered EuroPsy Psychologist, trainer, supervisor and psychotherapist VET.

Maria Antonieta Pezo Del Pino  
presenting author: Maria Antonieta Pezo del Pino (Brazil - Peru)

THE TRAUMATIC: PICTOGRAPHIC MEDIATIONS IN FAMILY APPROACH  
Symposium | Family therapy | Spanish

The traumatic could be used to refer to a specific event, which in some way locates in time and space an event experienced by all the members of a family, for example, an expatriation, forced immigration, an accident of nature. In these cases, the routine, the daily living is interrupted abruptly, leaving marks, memories, disturbing dreams, difficulties to adapt to what emerges as doubtful. There are other circumstances where daily life is not interrupted by an event, there is no shared impact, but in some of the members of the family group outbreak attitudes emerge, behaviors that seem to reproduce the traumatic silenced, not shared, encrypted, revealing a nucleus of the traumatic unknown to the members of the family group. Instead of the painful memory, the repetition of what was denied as encrypted arises. Some clinical vignettes with the use of the group pictogram are presented, with the purpose of showing specific interventions, with a device-frame that allows to emerge what was silenced, many times, not represented psychically.

MSc and PhD in Social Psychology by the Psychology Institute of the University of São Paulo. IAGP member, member of Family therapy Section. Psychoanalyst. Institutional and clinic supervisor. Trainer in Rede Sampa Mental Health Paulista– infant and adolescents Section.

Maite Pi Ordoñez  
presenting author: Maite Pi Ordoñez (Spain)

RISING TIDES OF CHALLENGE AND HOPE IN FAMILY THERAPY  
Symposium | Family therapy | English, Spanish
This is the Symposium of IAGP Family Therapy Section. It will be three blocks of 90 minutes each. The Symposium will be chaired by Maite Pi Ordonez, Chair of the Section. In this Symposium we will present new techniques on family therapy and experiences of working with migrant and refugee families:

Maite Pi Ordoñez, Maite Pi, Spain - coordinator of this Symposium, is a psychologist, Group Therapist and Psychodramatist. Training in family systems. In my work I apply the principles of Attachment Theory, very important in family relations. I'm working with families from 1983. IAGP member from 1995, chair of the Dream Translation Team from 2009 and board member from 2012, after being co-chair of the SPC in the IAGP International Congress of IAGP in Cartagena (Colombia). As a member of the IAGP BoD from September, 2014, I am Chair of the Family Therapy Section.

Mariângela Pinto da Fonseca Wechsler

presenting author: Mariângela Pinto da Fonseca Wechsler (Brazil)

RISING TIDES OF CHALLENGE AND HOPE IN A PSYCHOTHERAPEUTIC PROCESS: HEALING IDENTITY IN A FAMILY WITH A 6 YEARS OLD CHILD WHO STILL POO IN HIS DIAPERS

Symposium | Family Therapy | English

This paper talks about psychotherapeutic process of a child and his family. The child is six years old and still ‘poos’ in his diapers. He was the first child and his mother had a serious baby blues (postpartum depression). When the second child (another boy who is 2 years old) was born, the baby blues was expected and well treated. However, the first child went to sleep in the parents’ room and the child’s room was occupied by the second baby because he needed to sleep well. The contribution of this paper is about psychodrama’s methodology: the family group and psychotherapist created many songs at the supply reality, when they played together a set of rules, card game, called ‘can –can’. Sometimes it played with mother, child and psychotherapist, sometimes, with father, child and psychotherapist and at other times among everyone. We could observe the meaning of the symptom, intrapsychic and interpsychic: the child needs everything under control but what is needs to be controlled? From the intrapsychic point of view, abandonment; on the interpsychic point of view, the parents’ authority. We think the creativity of the therapist is very important for the psychotherapeutic process as well as the knowledge of child development and the theory and methodology of Psychodrama for a systemic vision.

Mariângela Pinto da Fonseca Wechsler, Doctor of Psychology at São Paulo University; Coordinator of Psychodrama’s Department of Sedes Sapientiae Institute (2015-17/2017-19); Member of Coordination of Public Psychodrama’s Project of São Paulo’s Cultural Center (for 14 years); Psychodrama’s teacher and supervisor of psychodrama’s projects (clinical and socio-educational); Specialist of family therapy.

Mona Rakhawy

presenting author: Mona Rakhawy (Egypt)
co-author: Roberta Mineo (Italy)

LIVE, LOVE AND CO-LEAD: WORKING WITH THE OTHER IN GROUP THERAPY EDUCATION A RESEARCH PERSPECTIVE

Symposium | Research | English

Co-leadership is complex. It can be an exceptionally powerful foundation for building great projects and adding extra energy, power, inspiration, creativity, productivity and joy but it also implies a higher risk of complexity, vulnerability and conflicts that may endanger the flow of the ongoing project. Co-leading in the field of education and training of group psychotherapy and group processes is not protected from such dynamics. Professional background adds to both positive and negative potentials. Little research has been carried out into unconscious dynamics between and within co-leaders. This study aims at understanding such dynamics: exploring their roots into one’s past, analyzing how they develop through practice, highlighting how they manifest in the here and now of the co-leading experience. A specially designed questionnaire will be presented: this includes items about the co-leader’s personal, professional and cultural backgrounds, the patterns of her/his relationship with peer colleagues, the organizational framework and the context of the educational course/training program. The questionnaire emphasizes intra-cultural, intercultural and transcultural dimensions. The action research method used for the questionnaire will be presented, together with some results from the pilot phase. Our goal is to provide signposts for co-leading in education and group psychotherapy and group processes training aiming at reducing risks, providing better outcomes, and exploring individual and collective responsibility.

Mona Rakhawy is a professor of psychiatry at Cairo University. She is the president of the Egyptian Association for Group Psychotherapy and Group Processes (EAGT), a member of the Education committee and a board of directors of the IAGP. She is chairing the Biorhythmic Evolutionary Psychiatry section in the Arab Federation of Psychiatrists. She teaches psychiatry, psychology and psychotherapy. She founded the EAGT. She has made a remarkable contribution to the development of group therapy in Egypt.
Robert Mineo, is a Senior Research Fellow Professor Dynamic Psychology, University of Modena and Reggio Emilia, Italy.

Noha Sabry
presenting author: Noha Sabry (Egypt)

GROUP THERAPY FOR MOTHERS OF STREET CHILDREN
Symposium | Research | English

Street Children in Egypt present a problem. Because of conflicts with their family, many of those children don't want to, or can't return home. Parents have psychological problems that need attention in several areas. Three hundred mothers are involved in several medium-sized groups. Integrative approach is used. Results will discuss healing experience to these mothers who care for an at-risk child and face the challenge of working with such deprived populations. After this workshop it is hoped that participants will find it easier to approach such deprived mothers and challenge their psychological need to satisfy the kid's needs. They will learn how to design an integrated group using drama games, cognitive behavioral techniques and story-telling for working with mothers with limited education. It is also hoped that they will be able to face the challenges and resistances and develop turning points in their relations.

Prof. Noha Sabry is Deputy Head of the Mental Health Research Unit, General Secretariat of Mental Health, MOH, and Secretary General of the Egyptian Association of Psychiatry Research. She developed interest in marginalized people as female addicts, elderly and street children. She has the experience to work with children and mothers in street situations as a consultant and trainer in many NGOs, and the UNICEF program for family integration. She has more than 20 scientific publications and was joined lead investigator in the National Survey of Epidemiology of mental illness and National Survey of substance abuse in Egypt. She participated in formulating the National strategy for the health of the geriatric population in collaboration with WHO.

Alessio Sangiuliano
presenting authors: Alessio Sangiuliano (Italy), Domenico Agresta (Italy)

‘MAPPING THE UNCONSCIOUS’: CULTURE OR TRAGEDY? A PSYCHOSOCIAL PROGRAMME OF SOCIAL DREAMING MATRIX WITH REFUGEE AND MIGRANTS
Symposium | Family Therapy | English, Italian

‘Mapping the Unconscious’ es un programa de investigación, asistencia psicológica para refugiados y inmigrantes. El uso de la Matriz del Sueño Social (SDM) es el primer elemento de este programa. El programa sigue a tres niveles de observación y la acción: los tres etnologías - inspirados en los estudios de Marc Augé (M. Augé, 2011) como elementos estructurales de este plan para poner la idea de que estamos trabajando en un ‘no-lugar’ mientras estamos creando ‘nuevos lugares’; referencias aplicadas al análisis de grupo en el dispositivo de SDM específico para seguir el proceso de nuevas posibilidades para integraciones y significados que empiezan con el sueño (Lawrence G., 2007-2010); la teoría de la “anthropopoiesis del sueño” (Agresta D., 2015; Remotti F., 2013) como una metodología para encontrar una correlación entre construir y nacer dos veces. En el primer caso, es un nacimiento biológico vinculado a la intervención de la cultura que forma individuos; en el segundo caso, es un nacimiento social, determinado por acciones culturales. Los seres humanos utilizan su cultura por construirse, planteando la cuestión de los modelos humanos para ser adoptadas en sus vidas y en sus sociedades. Hemos estudiado el mismo proceso a partir de los sueños (Agresta D., 2015).

Alessio Sangiuliano Graduado en Psicología en la Universidad G. d’Annunzio de Chieti, amplió sus estudios en Alemania en la Freie Universität de Berlín y en España en la Universidad Complutense de Madrid durante tres años. Diplomado en el Instituto de Psicoterapia Analítica existencial Antropológico I.P.A.A.E. Donde obtuvo el título de psicoterapeuta con dirección analítica, experto en psicoterapia y psicoanálisis individual y grupal. Psicólogo y psicoterapeuta en el centro de los solicitantes de asilo Comune di Roseto degli Abruzzi SPRAR por el Ministerio del Interior. Ha trabajado durante varios años en el campo social como consultor y gerente de gestión y capacitación de personal. Es profesor en Eventitalia Scarl. donde se ocupa de Psicología de la Comunicación, Orientación laboral, Liderazgo, Gestión del estrés, Gestión de grupos de trabajo. Ha desarrollado proyectos para la promoción de la psicología en escuelas primarias y universidades donde ejerce como psicólogo y consultor psicopedagógico.

Domenico Agresta is a clinical and community psychologist, group-analyst and psycho-oncologist. President of the CSPP and Trustee of The Gordon Lawrence Foundation (UK), Academic Member of AGPA and Member of AIGP. Board Member of the SIMP (Italian Society and Psychosomatic Medicine). Member of NICSO (Italian Network of Supportive Care in Oncology) and National Supervisor of Group in Psycho-Oncology in NICSO. He works with SDM studying Religious Rites, cultural contexts. He studies the correlation between mind and body link to anthropology and group and family processes. He teaches at University (Chieti-Pescara) and at Schools of Psychotherapy (Rome, Pescara). He lives and work in Pescara (Italy).
Alberto Carlos Serrano  
presenting author: Alberto Carlos Serrano (USA)

HO'OPOONOPONO, A HAWAIIAN FAMILY PROBLEM SOLVING PROCEDURE BASED ON CULTURAL TRADITIONS  
Symposium | Family therapy | English

Maintaining harmony and resolving conflict within extended family is of strong cultural significance in Hawaiian culture. Ho'oponopono (setting to right) has been a family treatment procedure used for centuries to restore harmonious family relations. They believed that problems between those directly involved also affected all other family members. The procedure is highly structured. It was traditionally conducted by a family elder or a respected outsider (kahuna). It starts with a prayer asking for spiritual assistance from God and the ancestors. It is followed by a statement of the problem as experienced by each member. Discussion follows building up to confession of wrong doing, restitution if necessary, forgiveness and release. The presentation will include more details about the treatment procedure, the selection/ training of the kahuna, preparation of the family and other considerations. Current applications of Ho'oponopono principles and conclusions will be discussed with participants.

Alberto Serrano was born in Argentina. Trained in Psychiatry and Child Psychiatry University of Texas, Medical Branch, Galveston. Member of the Multiple Impact Therapy with Families Project. Involved in academic, clinical and training programs in Group and Family Therapy in San Antonio, Philadelphia and Hawaii. Very active in IAGP as BOD member and Former President.

Yafi Shpirer  
presenting author: Yafi Shpirer (Israel)

ARTS, IDENTITY AND SOCIAL HOPE: TRANSCULTURAL AND GROUP PROCESSES  
Symposium | Transcultural | English, Spanish

The proposed workshop will integrate psychodrama and other action methods that deals with personal, family and community trauma. We will use sociodramatic methods to observe the influence of transgenerational trauma and forward in its affecting on the society. We will use the model that I develop that takes the BASIC PH theory (http://www.eng.icspc.org/Community-Resilience.html) developed by Mooli Lahad, into the psycho-Sociodrama field and allows the group to cope with the community and social trauma in a new way. We will explore the range of different interpretations of the concept of “double” in psycho-sociodrama. This Model of group work is in use by me since 2004 in all the villages and kibbutzim around Gaza Strip where I work with children and adults, during all those years until now.

Yafi Shpirer is a psychodramatist, Sociodramatist, group therapist, candidate of group analysis therapist. Since 2003, Kuvunim institute, Tel Aviv, Trainer and supervisor, Sociodrama trainer, Individual and group therapist in AMCHA institute, Ashkelon. Individual, family and group therapist in MASHABIM org, interventions in trauma and crisis events. Group therapist in MAHUT org, with women after Gaza.

Maria Silvera  
presenting author: Maria Silvera (Italy)

WHY, NOW, MY DAUGHTER IS MUSLIM?  
Symposium | Transcultural | English

Working in a day center of a psychiatric service, in a quiet, wealthy city, in a northern region in Italy, I had the opportunity to receive two women, two mothers, Italian petty bourgeois, two different stories. They needed psychological help and showed certain symptoms. I will just shortly describe pathologic problems, our psychotherapeutic relation and the end of it. Main purpose of this paper is to share few reflections about a connection between individual processes and cultural, religious and social behaviors. Probably, my cultural identity helped me in the encounter. These reflections are a drop of hope that the possibility to meet, to understand and to help to understand this kind of connections, give us a chance to challenge fearful, surrendering, rigid positions in a world, nowadays, where we are witnessing new, dramatic events. Adding drop to drop, maybe we can offer an oar to a boat sailing in a sea of social, religious, political conflicts.

Maria Silvera, psychologist, individual and group psychotherapist, psychotherapy intern, trainer, in psychiatric public office. IAGP, EATGA member. Group researcher and facilitator.
Margot Solomon
presenting author: Margot Solomon (New Zealand)

ENGAGING WITH THE COLONIAL STRUGGLE IN THE PSYCHOTHERAPY PROFESSION IN AOTEAROA NEW ZEALAND.
Symposium | Exploitation Colonialism | English

Aotearoa New Zealand is unusual in that there is a treaty between the indigenous people and the settlers (1840). For 130 years this treaty was ignored by the settlers. Over that period, Māori ownership of land went from 100% and almost 100% of the population to less than 10% of both land and population. While Te Tiriti (the treaty) is acknowledged and operationalised in the culture now by the settler population, the struggle continues. As an individual I can do my own work to recognise my own racism (the personally moderated racism) but still face on a daily basis the institutional racism that is a sombre presence here in New Zealand. Institutional racism represents a pattern of differential access to material resources and power by race and culture. Internalised racism is also an issue, where Māori try and be white, or adopt pākehā ways. I find the most useful spaces to process the struggle is in the large group setting. In the psychotherapy training at AUT University in 2004 I implemented a large group process as a weekly event involving all students and staff in the psychotherapy training. The large group offers the possibility for individuals to explore their personalised racism but also over time changes the culture of the profession, and thus the institutional racism embedded in our white psychotherapy community. I will focus on a couple of stories that highlight the struggle and perhaps even offer some hope for the future.

Dr Margot Solomon is a senior lecturer at AUT where all students training to be psychotherapists attend both a small group and a large group for each year of their training. She specialises in teaching and practicing Group Psychotherapy, Psychoanalytic Psychotherapy and Clinical Supervision. Her research interests include: Teaching and learning in groups; Large groups in Psychotherapy in New Zealand as a centre for cultural change; The use of reverie and reflection in practice and supervision.

Galabina Tarashoeva
presenting author: Galabina Tarashoeva (Bulgaria)

MORE SPONTANEITY LESS ANXIETY. CAN WE MEASURE SPONTANEITY?
Symposium | Research | English

The results of our research, ‘Some aspects of effectiveness of psychodrama therapy with patients with panic disorder’ show that psychodrama is an effective method for reduction of anxiety and increase of spontaneity; and these effects continue for 6 months after completing the course of treatment. We found significance in strength and a statistically significant negative correlation between changes in spontaneity and anxiety values for all subjects. Increased spontaneity was also associated with an increase in mental well-being, improvement in overall clinical outcome and function, reduction of problems / symptoms in patients with panic disorder. Our results support Moreno's thesis that spontaneity and anxiety can exist within the same person, but not at the same time, nor within the same situation (Moreno, 1964); and fully confirm the results of professor David Kipper, proving a positive correlation between measured spontaneity and well-being, self-efficacy and self-esteem, and a negative correlation between spontaneity and anxiety, stress, and obsessive-compulsive tendencies (Christoporou & Kipper, 2006; Kipper et al. 2008; 2009). Moreno explores spontaneity with active methods such as the Spontaneity Test (Moreno, 1944), while professor David Kipper creates an instrument called SAI-R (Spontaneity Assessment Inventory), a self-report, special questionnaire to measure spontaneity (Kipper et al., 2008), validated in many languages, including Bulgarian (Testoni et al., 2013).


Gregoire Thibouville
presenting author: Gregoire Thibouville (New Caledonia)

THE OTHER WHO COMES FROM AFAR AS AN IMAGINARY HEIR OF THE COLONIZER: THE OVERLAPPING OF PRESENT AND PAST IN THE GROUP
Symposium | Exploitation Colonialism | English, French

In the collective imaginary of New Caledonia, the other who comes from afar, more specifically from metropolitan France, is experienced as a direct heir of the ancient colonizer. Group participants may take the group psychoanalyst as a ‘familiar’ foreigner, the descendant of, or even guilty for the actions of the colonizers and the trauma of the autochthone people. The overlap between the figure of the colonizer and that of the stranger can also be thought of as a defensive group mechanism that avoids access to what is similar and foreign in oneself and in
the other. Although these wounds are waiting perpetually for reparation, some group members desire to protect them. These are transmitted from the ancestors and sometimes unconsciously translated into sustaining a dominator-dominated relationship that also expresses a desire to prevent such wounds to heal. It is a maneuver to keep political power over successive generations thus preventing the young to grow up and live in their own time. As the group questions individual psychic intimacy and the script of relationships within the community, it can be experienced as dangerous, risking the repetition of ancient events that were humiliating and traumatizing, creating an intersubjective and collective crypt in present time. Paradoxically, the group is feared even though it could help overcome what has been encrypted, throwing individuals, the group, and their very communitarian structure into the unknown. It is necessary to untangle what returns to the group in the here and now from what is lived in present time.

Clinical Psychologist, Psychoanalyst in group, Phd student in psychology at the University of Paris 13 - Sorbonne Paris City - UTRPP 4403. Co-founder and former president of the College of Psychologists of New Caledonia (CPNC). Vice President of Oceania's Society of Psychoanalytic Psychotherapy of Group (SOPPG).

Jorge Veschi
presenting author: Jorge Veschi (Brazil)
ON INTERCULTURE
Symposium | Research | English, Portuguese

What are the interactions interlinking culture, language, identity and affective relationships? How the culture and relationships get inner language and build identity? Main motives to intercultural movements: Running away from threats, of any kind, or forced for some necessity. As far as they don't have necessarily a wish to leave homeland neither to become part of another culture, here is where we find important resistance. For some wish. We may find in family or infancy of people, who wants to leave homeland to another land, tradition or wish about moving. It may be for looking for something about identity or dream, what we are naming as ‘webdiaspora’: a movement related to virtual and Internet devices. The Internet creates wishes and interconnects persons all over the world and, builds a new kind of language: the web language. We are researching with migrants to understand their motives and desires to move, how do they manage the differences of relationships in the new environment and how do they deal with new culture and language. We develop individual interviews and discussion groups.

Jorge Veschi is a psychologist, psychoanalyst, master, doctor, Teacher of psychoanalysis at EBEP-RJ, director and supervisor of Domus Psychological Services, writer of the books. Chaos Sensitive!

Sven-Erik Viskari
presenting author: Sven-Erik Viskari (Sweden)
HOW TO BUILD “HEALTHY” WORKPLACES
Symposium | Organisational | English

The costs for unhealthy social and organizational work environment is high. One common reason for us who works with Organizational Development is to be invited when groups and teams are stuck in conflicts and non-productive communication. This presentation will, by using the Theory of living Human Systems and its methods show a way to build teams that provide a good social and organizational work environment. Through the lens of Role-Goal and Context we will identify driving and restraining forces when it comes to build and maintain a social and work environment that is sustainable. When asked, employees and teams actually know what kind of behaviour, communication patterns and structures they would like to have and be a part of! A common concern and question is how to achieve these preferred work conditions? This presentation will give you a way to think about these dynamics and also to introduce some thoughts and experiences how to address these important aspects thru the lens of Systems-Centered theory and methods.

Sven-Erik Viskari, BA, is a licensed psychologist and psychotherapist who also works with team building, group development and coaching of leaders. Between 2009-2015 was working with the education and training of becoming psychologist at the Faculty of Psychology, University of Gothenburg. He holds a part-time position as an OD consultant with a company that provides occupational healthcare and works in private practice with a mix of clinical and OD work. He is a licensed Systems-Centered Practitioner and was a member of the Board of the Systems-Centered Training and Research Institute from 2006 to 2017.

Teresa von Sommaruga Howard
presenting author: Teresa von Sommaruga Howard (UK)

PSYCHIC FOOTPRINTS OF EXPLOITATION COLONIALISM IN RISING TIDES OF CHALLENGE AND HOPE
Symposium | Exploitation Colonialism | English

IAGP is a vibrant and distinctive international organisation that is becoming increasingly more diverse. The Board
has 32 members representing 29 countries: many different languages, cultures and beliefs. In its bylaws IAGP states its main purpose as encouraging the cross-fertilisation of ideas and practices from different cultures, disciplines and methodologies. Its intention is to strengthen egalitarian and democratic developments in social welfare and health care internationally within the framework of the values and conditions of the United Nations Charter of Human Rights. Yet despite these very clear statements of intent, most of its structures and systems repeat colonial models, paying little attention to what members from the colonised world may offer or think. Despite the fact that we pay close attention to unconscious dynamics in our groups, we tend to be unwilling to pay attention to these same dynamics in our own organisations, even in IAGP, an organisation of group therapists and group processors. As I have been in the role of IAGP Treasurer for the past two terms I have had access to the underbelly of the organisation and its struggle to make ends meet financially. As well as having very real implications, the finances can be viewed as a metaphor for organisational dynamics. Over this period of six years, I have observed how a hidden and uncomfortable status quo is being maintained. My talk will attempt to trace some of the ways this contradictory state manifests itself.

Teresa has a diverse background both personally and professionally. Her family originated in Europe and immigrated to Aotearoa New Zealand, in the aftermath of the Second World War, when she was five. She now lives in the UK and works internationally, constantly connecting 'north and south'. She is an architect, family therapist and group analyst with a passion for larger groups and their application. She joined IAGP in the early nineties, the Board in 2006 and took on the role of Treasurer in 2012. She is an honorary member of the IGA London.

Andreas von Wallenberg Pachaly
presenting author: Andreas von Wallenberg Pachaly (Germany)

CHALLENGES IN GROUP PSYCHOTHERAPY FOR PSYCHOLOGICAL TRAUMA
Symposium | Trauma | English

This workshop will start by giving a theoretical introduction on the rational of group-therapeutic work with victim of extreme traumatization and continue opening up a save container where participants will be able to put up for discussion vignettes of their own clinical work. The therapeutic group may provide the safe space within which it becomes possible to look once more at the feelings that are chronically numbed in the patient, that were initially experienced as so traumatizingly overwhelming. Extreme feelings of loneliness, isolation, abandonment, loss of trust in one's own perception, total powerlessness and dissolution of self. Therapy can succeed when the traumatic feelings are accepted and contained. This offers a chance to restore some familiarity with our everyday, reasonably secure world. Group-psychotherapy carries the power to support, sustain, and reinforce the good internal objects if we succeed to understand and work through our own countertransference-feelings of shame and sadness, of wanting to repair and revenge the atrocities in the presence of a traumatized man or woman.

Andreas von Wallenberg Pachaly, Dipl-Psych, was director of the Free Counseling Center for Psychotherapy in Dusseldorf, Germany, and maintains a private group-analytic and psychoanalytic practice in Dusseldorf. He is head of the therapeutic community ‘Haus Steprath’ (www.haußteprath.de) and founder of the Therapeutic Community within the Community. He is a member of the Amnesty International German Standing Conference of medical doctors and psychologists for the treatment of victims of torture. He received his training in Tokyo with the late Prof. Okonogi, in Munich, Bern, Switzerland and Berlin. He has lived in Japan, USA and France and has done professional work in Nicaragua.

Michael Wieser
presenting author: Michael Wieser (Austria)

CENTENARY OF THE JOURNAL DAIMON IN AN AUSTRIAN PERSPECTIVE
Symposium | Research | English

100 years ago Jakob Moreno Levy founded the expressionistic journal DAIMON. You will get some insight in his early writings and publishing in Austria. With a lecture and some slides, I will bring you to this time of the fading empire and we will ask what stays important for the 21st century.

Michael Wieser, Mag. Dr phil, assistant professor; psychologist, psychodramatist. Member of board of directors of IAGP; CAOA chair; country co-coordinator of Society for Psychotherapy Research; vice-president and honorary member of the Society Moreno Museum; member of editorial boards: maintains the international psychodrama bibliography; holder of the Zerka T. Moreno Award. Office: Alpen-Adria-Universitaet Klagenfurt. Department of Psychology. Universitaetsstr. 65-67, 9020 Klagenfurt, Austria.
EVALUATION OF INTERPRETER SUPPORTED TRAUMA PSYCHOTHERAPY FOR ASYLUM SEEKERS
Symposium | Research | English

It is quite a challenge to evaluate interpreter supported trauma psychotherapy for asylum seekers because of the external dynamic that influences so much: whether or not they will succeed to gain asylum. This is an existential issue and very strong. The power of psychotherapy is in comparison weak, so we need to ask the question whether psychotherapy is doing good in this field. Brief Symptom Inventory (BSI) and “Veränderungsfragebogen des Erlebens und Verhaltens” (Change questionnaire of experience and behaviour, VEV-R) is used at the beginning, every half year and at the end of individual and group psychotherapy. The results for 2017 will be presented in a paper. It will need some discussion about how to improve the evaluation, so it is more appropriate. In our contribution, we will also characterize some aspects of the influential outside dynamic and present practical examples of the psychotherapy work in Aspis.

Wieser, Michael; Dr., asst. professor, psychodramatist. Management of ASPIS – Psychosocial centre for refugees and victims of violence; Member of IAGP board.

Daniel Wutti, Dr., prof. Institute for Multilingualism and Intercultural Education at the University College of Teacher Education in Carinthia, Austria. Board member of the Slovene scientific institute in Klagenfurt/Celovec, board member of Aspis, a centre for research on and counselling for victims of violence in Klagenfurt.

Yong Xu
presenting author: Yong Xu (China)

EXPERIENCES OF GROUP ANALYSIS IN CHINA
Symposium | Social Unconscious | English

Chinese Culture is based on families and collectivism. The western based psychological therapies have been introduced in China two to three decades ago, corresponding with the opening up for a more market-oriented economy. Private companies offer psychological counselling, and more and more trained psychologists work privately. In some of the big psychiatric hospitals in Beijing and Shanghai they work extensively with psychotherapy and psychiatrists and psychologists receive training in psychoanalytically oriented individual psychotherapy. There are several private training programmes, supported by the government, as partnership between Chinese and foreign teachers, conducted as block training programmes. These partnerships include amongst others Germany, US, Great Britain and Norway and group experiences are part of some of these training programmes. There do not seem to be any formalised training programmes only targeting group psychotherapy. Several dynamic group psychotherapists have been working in China on and off as part of the training programmes. In 2011 there was a well-attended IAGP conference in Beijing.

Yong Xu MD, Shanghai, is a psychiatrist and leading group psychotherapist in China. He has presented the state of art of Chinese group psychotherapy at many international conferences, including GASI in London and Berlin, and AGPA. He will give a paper on the role - actual and potential - of group psychotherapy in Chinese society.

Muhammet Turabi Yerli
presenting author: Muhammet Turabi Yerli (Turkey)

OBESITY AS AN UNCONSCIOUS COPING STRATEGY AGAINST POST TRAUMATIC STRESS DISORDER
Symposium | Trauma | English

The aim of this paper is to discuss the connection between obesity and childhood trauma. We collect the data from patients who came to a university clinic in order to lose weight. We used psychodrama and art-therapy techniques to understand the patient’s past experiences. After working on trauma using the four-door concept, patients began to lose more weight and expressed that they felt themselves better. After this presentation, participants will understand the link between trauma and obesity and learn the main principles of four door concept.

M. Turabi Yerli, MD, PhD, Ass. Prof at Beykent University, Head of Department of Nutrition and Dietetics, visitor consultant at Istanbul Medical Faculty, Department of Sports Medicine. His doctoral thesis is about obesity and metabolic syndrome and psychodrama thesis is about obesity and changing eating behavior using psychodrama. After psychodrama training he worked on Jungian techniques. He is a founder member of Dr. Ali Babaoglu Jungian Psychodrama Institute.
PAPER PRESENTATIONS

Julia Borossa
presenting author: Julia Borossa (UK)

LANGUAGE AND HOME: THEORETICAL AND CLINICAL REFLECTIONS ON WORKING THERAPEUTICALLY WITH REFUGEES.
Paper Presentation | Analytic Group | English

This paper examines the difficulties and potentialities of working in English with a culturally diverse group of refugees. It will focus on how the therapeutic situation may enable the emergence of a specific narrative, for the group as a whole as well as for its individual members, as an attempt to give a coherent transmissible shape to experience and affect, in this context to the experience of loss, to the necessity and difficulty of mourning, to the precarious movement towards a finding or more exactly, a re-finding of an idea of home. What will be considered both theoretically and clinically are the effects of on unresolved mourning for lost objects in psychoanalytic terms, but also for a language, a culture a landscape, the unmaking and remaking of allegiances and connections. It will be understood that situations of political conflict which form the backdrop to many migrant lives, as well as the range of hostilities (including political and institutional ones) often encountered in the host country, exacerbate the complexities of a working through. Furthermore, the possible value of the use of a common, ‘foreign’ language will be considered in enabling, as well as sometimes hindering, the potentially inherent in the work.

Julia Borossa is an Associate Professor, and the Director of the Centre for Psychoanalysis, Middlesex University and a group analyst. Her research and publications focus on questions of violence, trauma and migration as well as on the histories and politics of therapeutic work.

Ta-Jen Chang
presenting author: Ta-Jen Chang (Taiwan)

INTEGRATIVE MODEL OF 2-STEP TRAINING PROGRAM FOR GROUP PSYCHOTHERAPIST IN TAIWAN
Paper Presentation | Analytic Group | English

There has been going a qualification system of group psychotherapist for more than 20 years in Taiwan. Here is also many corresponding training activities, but they are not well designed systematically. Therefore, this report demonstrates an integrated 2-step program. The program includes basic and advanced training. The former one consists of 21-hour lecture, 3-hour video learning and 24-hour experiential group. The latter one provides 3-hour lecture, 7.5-hour journal reading, 13.5-hour leader practicing under supervision and 24-hour experiential group. There were 76 participants (54 female, 22 male) who took part in basic program of 4 courses. For advanced program, there were 21 participants (13 female, 8 male) of 2 courses, who had already completed the basic program before. The participant profession of both programs includes psychiatrist, clinical psychologist, counseling psychologist, social worker, registered nurses and occupational therapist. The satisfaction assessment, either of two programs, exceeded 90%. Besides, there are 8 participants, after finishing both programs, who further receive supervision for the groups they lead. Consequently, the 2-step training program of group psychotherapist is soundly feasible to neophyte trainee.

Ta-Jen Chang MD, MHS is Superintendent, Catholic Mercy Hospital, Catholic Mercy Medical Foundation President, Taiwan Association of Psychotherapy Education: Bachelordegree, Department of Medicine, Koochiung Medical University Research Fellow in Division of Psychotherapy, Department of Psychiatry, Mount Sinai Medical School, New York, New York Master degree, Department of Health Policy and Management, School of Public Health, John Hopkins University, USA.

Agathe Crespel
presenting author: Agathe Crespel (Belgium)
co-author: Chantal Nève Hanquet (Belgium)

BE THE CHANGE THAT YOU WISH TO SEE IN THE WORLD (GANDHI) NINE INNER ATTITUDES
Paper Presentation | Psychodrama | English

Beyond any techniques, approaches, therapeutic methods or any kind of group facilitation, some particular inner disposition will foster, within oneself and in the group context, new forms of presence to oneself and others. The reflective approach presented, grounded in Chantal Nève Hanquet life experience and professional practice, addresses inner stance on which it can be hard to pin a label, and represents an important step in fostering openness, co-construction and creativity. During the paper presentation, each participant will receive a coloured card naming nine inner attitudes being described in the talk. A few participants will be invited to express in three sentences “how this attitude could connect with his practice and way of creating openness for individuals and
groups”. Every participant will be invited to take up and make use of these attitudes and insights, in the context of his or her theoretical references and methodological approaches, and while retaining his or her comfort zone, style, understanding and personal touch.

Agathe Crespel, psychologist, trained in Moreno Action Methods, working for CFIP (Belgium) as a trainer and facilitator since more than 10 years, training groups in various sectors such as education, social services, business and healthcare.

Luigi Dotti
presenting author: Luigi Dotti (Italy)

PUBLIC PSYCHODRAMA: A LINK BETWEEN PERSONAL AND SOCIAL
Paper Presentation | Psychodrama | English

This report illustrates the features of public psychodrama - that is psychodrama used in non-clinical environment - as a tool for working with groups on emerging social issues. Public psychodrama is a group work with people who meet to share some personal experiences. It is realized with psychodramatic techniques (action and theatrical scene) and it is open to the public, providing for the free participation of people. In this report we will refer to an experience of public psychodramas carried out by the psychodrama theatre in Provaglidi'Iseo (Italy) for twenty years. During this experience, psychodrama has met several social issues (care, gender violence, education, immigration, etc.), looking for a link between personal and social dimension, individual and group, psychodrama and sociodrama.

Luigi Dotti is a psychologist and psychotherapist, psychodrama and playback theatre director. He has been working for the Italian National Health Service for forty years, leading psychotherapy and training groups for adults and children. He has conducted public psychodramas and playback theater in non-clinical environment as well and has written several articles and books on action methods and a book on public psychodrama (Storiechecurano [healing stories], Franco Angeli, Milano, 2011).

Monica Henrich
presenting author: Monica Henrich (Argentina)

MULTIFAMILY GROUPS NETWORKING
Paper Presentation | Organisational

MFG, is an intervention, to deal with most communication disorders, present in family conflicts. Taken from an Integrative Psychoanalytic approach, developed by Argentinian psychologist, Mandelbaum, it enables the facing of hypercomplex global reality. Over the last 12 years MFG has held weekly meetings at the municipality assigned facilities, coordinated by a psychologist team led by Mandelbaum. Five groups are actually functioning and coordinated by the team. The advantages of MFG are to: intensify/accelerate healing processes; reduce time frames of treatments, enable early detection/prevention of latent pathologies; and enable a cost-effective ratio of professionals. Our team has developed an effective network with other institutions i.e. family courts, mental health services, schools, retirement centers, and also between the team. Significant numbers of families arriving to MFG, belong to the ‘vulnerable population’. MFG, as a preventive discipline, provides opportunities to network with multiple institutions and opens possibilities for participating in a direct way with the community. In current global social conflicts, the inclusion and extension of networking linked with MFG will result in an important advance to improve mental health treatments. We hope participants will be able to see the benefits of MFG and will be encouraged to promote its development through public/social institutions.


Yoshiya Ishikawa
presenting author: Yoshiya Ishikawa (Japan)
co-author: Kai Ogimoto (Japan)

HYPERSENSITIVE NARCISSISM: PERSONALITY DISORDER OR PROTRACTED PUBERTAL RESPONSE
Paper Presentation | Analytic Group | English

In Japan, many late adolescents and young adults avoid participating in social life as evidenced by Hikikomori (social withdrawal) and NEET (young people Not in Education, Employment or Training). The problem of hypersensitive narcissism underlying such avoidance behaviour might be derived mainly from two dynamics: the influ-
ence of a primary relationship in earlier development or from a developmental breakdown of adolescence. The distinction between the two is not clear. This presentation aims to explore the differences from the perspective of defense mechanisms, focusing on the phenomenon, “avoid[ing] the objectivity of the third object and cling[ing] to subjectivity” (Britton, 2004, p.52) that is characteristic of this hypersensitive type of narcissism. We found that a patient with personality disorder tends to use denial and projective identification, whereas a patient with protracted pubertal response tends to use regression and projection. We would like to share and discuss the importance of differentiating people with different structures/dynamics showing the characteristic phenomenon of hypersensitive narcissism, especially in a group psychotherapy situation where the therapist's intervention allows them to distinguish between these two dynamics. We will use vignettes of these phenomena and draws a difference between the two.

Yoshiya Ishikawa, Japan Lutheran College, Assistant Professor of Clinical Psychology; University of Tokyo, Student Counseling Center, Psychologist; Institute of Psychoanalytic-Systems Psychotherapy, Psychotherapist.

Kai Ogimoto, Member of International Association of Dynamic Psychotherapy; Sagami Women’s University, Clinical Psychologist, Tokyo, Japan.

Melas Khole
presenting author: Melas Khole (Australia)

EMPATHY BUILDING FOR VIOLENT MEN
Paper Presentation | Psychodrama | English

“Rock-a-by baby in the treetop
When the wind blows
The cradle will rock
When the bough breaks
The cradle will fall
Down will come cradle
Baby and all.

Working in a prison environment for many years meant working with traumatised and insecurely attached people who were at high risk of further offending due to issues with addiction, poor emotional regulation, lack of empathy, mental illness, homelessness and desperation. This work was highly rewarding and role shifts occurred, insight increased, behaviour change was visible. I witnessed the bough break, I witnessed baby fall yet saw baby recover and grow. ‘Role taking’, ‘role reversal’ and ‘mirroring’ were integral in the process of change. This presentation is a testament to Jake and Walter, to the psychodrama method and to the challenge of my ‘Jaded Idealist’ role”

Melas Khole is a psychodramatist and psychologist working in private practice in Australia. He worked in a therapeutic community prison, has co-led psychodrama training groups and previously worked in community mental health services. Melas combines pop culture, music, existential philosophy and a keen interest in knowledge of the runes to inform his practice. His specialty includes treatment of psychological trauma, insecure attachment; and psychodrama individual and group work.

Gloria Mateu I Vives
presenting author: Gloria Mateu Vives (Spain)

PSYCHODYNAMIC PSYCHOTHERAPY GROUP- INDICATIONS (WHAT WORKS FOR WHOM AND THE MEANING OF RESEARCH)
Paper Presentation | Analytic Group | English, Spanish

This study examines the symptomatic change after participating in psychodynamic psychotherapy and group (PPG) with a sample of 118 with ages ranging from 18 onwards carried out at the Mental Center of Sant Pere Claver FundacióSanitària. Procedure: patient (n = 118) participated in a group of 40 sessions, each group initiated the treatment with a total of 12 patients and measures were taken at the beginning of the treatment (T1), by means of treatment (T2), at End of treatment (T3) and in the year of receiving the treatment (T4). The participants were evaluated with SCL-90-R, CORE, GAF, WHOQOL, IPP and ASQ + RQ. Results: Improvement was observed at any age, significant differences found within age, gender and therapist.

Gloria Mateu I Vives  
**presenting author:** Gloria Mateu I Vives (Spain)  
**co-authors:** Beatriz Garcia Ruiz (Spain), Carla Maños Serrat (Spain)  

**MBT-BDPI TREATMENT BASED ON MENTALIZATION IN AN INTENSIVE OUTPATIENT**  
**Paper Presentation | Analytic Group | English, Spanish**

The intensive outpatient treatment program, based on mentalization (MBT-IOP,) consists of group sessions once a week, individual weekly psychotherapy sessions, and individual crisis management from the perspective of mentalization. The MBT applied in this format, has empirical evidence derived from several clinical trials (Bateman and Fonagy, 2009, Laurenssen et al., 2014), presenting clinical effectiveness and a significant reduction in costs and resources compared to treatment programs in a regime of partial hospitalization in the care of patients who need a more intensive intervention, as is the case of severe BPD, (Laurenssen et al., 2014). Working hypothesis: Patients with BPD who underwent MBT in an intensive outpatient program will show a significant decrease in the clinical symptoms, with the response remaining 12 months after the end of treatment. Patients with BPD treated with MBT in an intensive outpatient program will present an increase in mentalization abilities that will be maintained 12 months after the end of treatment. The increase in mentalizing abilities will correlate positively with more secure attachment (less avoidant-anxious), as well as negatively with the symptoms of BPD, predicting a better response to treatment. Limited personality traits will correlate positively with insecure attachment styles, predicting a worse response to treatment. Adherence to the treatment is one of the most significant findings with those patients that have failed to participate in previous non MBT-BPD treatment.

**Alice Mulasso**  
**presenting author:** Alice Mulasso (Italy)  

**HOLDING THE GROUP**  
**Paper Presentation | Analytic Group | English**

This paper is about a young adult's psychotherapy group which, despite starting as a slow-open group in January 2017, faced a premature closure in December 2017. The group took place in a private practice for outpatients run by a staff of group analysts. Members of the group, two men and three women, were all struggling with the aftermath of traumatic experiences during childhood and/or adolescence. A specific focus will be given to the way group functioning and matrix development seem to mirror some of the developmental processes of young adulthood – such as narcissistic vulnerability, uncertainty about the future, the strive to become independent, the desire of a romantic relationship, the challenge to develop long lasting engagements, the impact of trauma aftermath... In this frame of reference, special attention will be paid to the processes stirred into the group after the summer break, by the decision of two members to bring to an end their therapy. This decision brought into the group the question of under what conditions the group could continue or come to an end. There was a meaningful turn in the group dynamic, which became more and more centered on the here and now of the relationships between members with conflicts and anger to be managed and the anti-group threat to be dealt with. Clinical vignettes will be used to enlighten the discourse.

**Kornelija Oelsner**  
**presenting author:** Kornelija Oelsner (Croatia)  

**HEALING STORIES- NEW PERSPECTIVE FOR TRAUMA PATIENTS**  
**Paper Presentation | Trauma | English**

The focus of this approach comes from working with refugees from Bosnia during their stay in Hamburg, Germany (2000/2001), and in later years working with PTSD patients with war and civil trauma experiences. I will present the infectious impact of wise stories, metaphors and symbols during therapy with such clients. Healing stories can work as indirect tools during therapeutic work both individually and in groups. Metaphors offer many advantages especially for PTSD patients. Short stories allow patients with PTSD to get messages more quickly and to remember them for longer. Working with symbols also helps with creative exploration, sharing thoughts and feelings. Stories can help patients on getting other perspective towards trauma and life. Interpretation of metaphors and symbols provoke thoughts and by gentle provocation confronts clients in non-threatening, potentially...
safe way.

Clinical psychologist, group analyst, working for over 20 years at the Department of psychiatry Clinical Hospital Centre Zagreb, educations in analytic trauma therapy according to L.Reddemann, work with refugees from Bosnia and Kosovo during work in Germany, individual work, work in large and small groups, special interest for individuals suffering from civil and war trauma, educations in psychodrama.

Kai Ogimoto
presenting authors: Kai Ogimoto (Japan), Yoshie Ohashi (Japan)

INDEPENDENCE IN QUASI-FAMILY GROUP: A RESEARCH PROJECT WITH A PSYCHO-EDUCATIONAL GROUP FOR WOMEN’S UNIVERSITY STUDENTS
Paper Presentation | Analytic Group | English

In Japanese society, neoliberalism has been dominant, and historical revisionism expanding. Academic freedom in universities is shrinking. The government strictly controls grants, yet universities depend on them. Students are over-conscious about acting according to the expectations of their employers and leaders. Their main communication style is based on sympathy, which Arendt criticised as promoting totalitarianism. These tendencies are prominent in women's universities where the homogeneity of sex is the foundation. The contribution of this study is to present the small group dynamics that develop identity based on individual differences, in order not to repeat the folly of World War II. The presenters will introduce phenomena that briefly show today’s Japanese social problem, then the results of a research project with a two-day program of psycho-educational small group, with a female and male therapist, and five women’s university students will be shown. The changes of object representation through the program were focused. The presenters expect attendees to discuss the structure of quasi-family experience which nourished independence, in terms of ego function of identification. The arguments are based on ideas of Japanese thinker, Hiroki Azuma, and structural theorist of psychoanalysis, Edith Jacobson


Yoshie Ohashi
presenting author: Yoshie Ohashi (Japan)

PROJECTIVE IDENTIFICATION AND NEGATIVE CAPABILITY IN A GROUP OF TEACHERS INVOLVED IN EDUCATIONAL SETTING FOR ABUSED KIDS.
Paper Presentation | Organisational | English

After the revision of the service and support system in intellectual special-needs schools in our area of Japan, the number of students with attachment disorder increased. As a result, mental health problems of teachers became more obvious. The presenter intervened in one teachers' group, which was caught up in such a situation and used group psychotherapy to promote the expression of aggression in a safe space through a one and half hour group. After this meeting, although the teachers went home with a very hefty and rotten mood, the attachment disorder student took a sudden turn the next day, in fact she moved towards remarkable growth. This presentation aims to consider what happened and why the attachment disorder student changed indirectly focusing on the expression of aggression and containment by the group. This research will contribute to show the effectiveness of group techniques to the teacher’s scapegoating dynamics, which remain a significant problem in Japan. The presenter expects participants to find the effectiveness of this intervention, which enabled the expression of aggression in a non-clinical population, who are familiar with suppression of aggression in our collective society, in order for them to face what is split off and excluded in the group dynamics. A verbatim record of this meeting will be presented to describe this situation in a lively way.

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Robert Pepper
presenting author: Robert Pepper (USA)

THE COMPLICITY OF MEMBERS IN GROUPS THAT DO HARM
Paper Presentation | Analytic Group | English

If we don't know history, we are unconsciously induced to repeat it at every level, including the institutional one. Such awareness urged me on Burrow's tracks. Since April 1993, during a trip to the USA searching for Burrow's works, I couldn't but depict him as "illustrious unknown man". I was struck that, though he gave an outstanding contribution to American psychoanalysis, developing a relational orientation and founding group analysis, he was censored and in 1932 expelled him from APA. His work, focussed on the social conception of the individual, of conflict and psychopathology, questioned "normality" representing health. Though banned by psychoanalytic journals, Burrow continued his researches. After Freud's death, Burrow's work aroused a growing interest, but through misappropriations and historiographic distortions: Sullivan's interpersonal school and Foulkes' group analysis stand out. Thus, Burrow's group analysis came to us fragmented with silence on his name. In the nineties Burrow's work began to re-emerge with his original psychoanalytic and group analytic writings. Of great significance are the difficulties the origins of group analysis implied through involving accounts by Burrow and Shields.

Robert S. Pepper, LCSW, PhD, CGP, FAGPA, Author of Emotional Incest in Group Psychotherapy- A Conspiracy of Silence and Some People Don't Want What They Say They Want -100 Unconventional Interventions in Group Psychotherapy. Dr Pepper has published more than 2 dozen articles on ethics and boundaries in analytic group psychotherapy.

Edi Gatti Pertegato
presenting author: Edi Gatti Pertegato (Italy)

WHO IS AFRAID OF TRIGANT BURROW'S REVOLUTIONARY GROUP ANALYSIS? ON THE RECOVERY OF ITS HISTORICAL IDENTITY.
Paper Presentation | Analytic Group | English

If we don't know history, we are unconsciously induced to repeat it at every level, including the institutional one. Such awareness urged me on Burrow's tracks. Since April 1993, during a trip to the USA searching for Burrow's works, I couldn't but depict him as "illustrious unknown man". I was struck that, though he gave an outstanding contribution to American psychoanalysis, developing a relational orientation and founding group analysis, he was censored and in 1932 expelled him from APA. His work, focussed on the social conception of the individual, of conflict and psychopathology, questioned "normality" representing health. Though banned by psychoanalytic journals, Burrow continued his researches. After Freud's death, Burrow's work aroused a growing interest, but through misappropriations and historiographic distortions: Sullivan's interpersonal school and Foulkes' group analysis stand out. Thus, Burrow's group analysis came to us fragmented with silence on his name. In the nineties Burrow's work began to re-emerge with his original psychoanalytic and group analytic writings. Of great significance are the difficulties the origins of group analysis implied through involving accounts by Burrow and Shields.

Edi Gatti Pertegato, PsyD trained in psychoanalysis and group analysis in Milan and in Forensic Psycho-diagnosis. Interested in theoretic-clinic research and in psychoanalytic and group-analytic history. Her past activities include: family psychotherapy, expert reports for the Italian Law Courts. Other activities and affiliations: responsible for the Foreign Section of the Rivista Italiana di Gruppo Analisi: editor of From Abroad, and The Matrix of Group Analysis; member and supervisor of SGAI (Italian Group Analytic Society); founder-member of European Journal of Psychoanalysis; member of GASi, AGPA, IAGP. Author of several books, partly together with G.O.Pertegato.

Sheila Ritchie
presenting author: Sheila Ritchie (UK)

THE RISING TIDE OF PARENTAL MENTAL ILLNESS: BRINGING TOGETHER MOTHER AND BABY IN GROUPS TO BALANCE THE HOPES AND CHALLENGES OF MOTHERHOOD
Paper Presentation | Analytic Group | English

The workshop will demonstrate the power of working therapeutically with mothers and babies as equal group participants. We will consider the hopes and projections on to future generations working directly with the tension between repetition-compulsion and the opportunity to repair our own childhood experiences. Video vignettes of a clinical mother and baby group will be used.

Sheila Ritchie is a Training Group Analyst and Supervisor for the IGA London and is on the staff team of different courses including the Using the Group as a Medium of Supervision course, which she has co-convened in St Petersburg and Moscow. She is a Consultant Group Analyst in a psychotherapy department in the NHS and works as a perinatal psychotherapist.
Monika Schröder
presenting author: Monika Schröder (Germany)
co-author: Ljiljana Joksimovic, (Germany)

PROVIDING MULTIMODAL PSYCHOSOMATIC CARE FOR TRAUMATIZED REFUGEES WITHIN THE GERMAN HEALTH-CARE SYSTEM
Paper Presentation | Trauma | English

In our Outpatient Clinic for Transcultural Psychosomatic Medicine and Psychotherapy of Heinrich-Heine University Düsseldorf we offer in-depth, psychodynamically oriented diagnostic and individual psychotherapeutic care, particularly for traumatized refugees. Diagnostic approaches as well as psychosomatic/ psychotherapeutic/ psychopharmacological treatment are (culturally) adapted to meet individual needs of the patients. Treatment offers are provided in different native or foreign languages by a multicultural and multi-professional team; professional language and integration mediators are involved whenever necessary. The so-called ‘Düsseldorfer Modell’ is a model of good practice: after describing our diagnostic and therapeutic approach in general, we want to focus on our experience providing an intensified multi-modal approach for traumatized refugees, which especially includes therapy in combination with psychodynamic group using verbal and nonverbal communication including art as well as social work.


Ljiljana Joksimovic, Department of Psychosomatic Medicine and Psychotherapy, LVR-Klinik Viersen, Chief Doctor, Viersen, Germany, ljiljana.joksimovic2@lvr.de, NeleHeriniaina, Department of Psychosomatic Medicine and Psychotherapy (LVR-Klinikum, Heinrich-Heine-University Düsseldorf), Art Therapist, Düsseldorf (Germany).

Raphael Schuster
presenting author: Raphael Schuster (Austria)

EXPLORING COMPUTER – APP- AND MEDIA-SUPPORTED GROUP THERAPY FOR DEPRESSION
Paper Presentation | Research | English

Background: Blended therapy combines face-to-face sessions with internet and app-based intervention elements. While most blended rationales have been investigated in individual therapy, less is known about their potential for the group treatment of major depression. To evaluate the feasibility of two recently developed bGT interventions for sub-clinically and clinically depressed adults. Interventions included in-and between-session media-computer-and app-support. To assess feasibility, three clinical user-centred intervention studies have been conducted in a university outpatient setting. Studies were accompanied by subsequent in-depth interviews. Results indicate high feasibility of both blended interventions for depression. Depending on the specific population, observed pre-post effect sizes for depression were large to very large (d = 0.8 – 1.8) and remained stable over a period of 3 months. According to patient interviews, bGT offers advantages such as intimate lateral patient-to-therapist communication, reinforcement of online exercising or progress monitoring, as well as alignment to the treatment rationale. Potential risks concern demotivation due to non-compliance with online tasks, or too little time for group interaction. Results are promising, and findings should be regarded in the design of blended group therapy interventions. The novel approach needs to be tested in comparative controlled trials in routine care.

Raphael Schuster, PhD Student, University of Salzburg, Austria, CBT therapist in training.

Raúl Vaimberg
presenting author: Raúl Vaimberg (Spain)

THEORY OF THE BODY, THEORY OF THE OBJECTS AND THEORY OF THE SCENE IN PSYCHODRAMA.
Paper Presentation | Psychodrama | English

We present new theoretical contributions to the understanding of observed phenomena through the practice of group psychodrama. The image of the body and the unconscious image of body and space are the foundations of psychic structuring. Mind, emotion and action require the body in order to transform. The object in psychodrama is a material object, inanimate and subjective. We extend the concept of subjectivity based on three relationships the subject-subject relationship, the object-subject relationship and the object-object relationship. The object-subject relationship highlights the object as a transmitter of the social structure intervening in the construction of subjectivity. With technological advances, the object-object relationship grows. Theory of the scene in psychodrama: We understand the mental apparatus as a theater: Author, Director, Actor, Stage and Audience all

apist in a Perinatal Mental Health Team where she conducts groups where mothers and babies are equal participants.
intervene. ‘The representation’ takes place in a non-specific space inside the mind - (psychic performance) and on the psycho-dramatic stage (theatrical performance). We propose, based on these theories, the necessary foundation for the empowerment of psychic transformation processes involving the body, the object and the stage.

**Psychiatrist, Doctor of Psychology, Psychotherapist. Director of the Postgraduate Course in Group Psychotherapy and Psychodrama (University of Barcelona). Author of: Group Psychotherapy. Psychotherapy of Online Groups and Group Psychotherapy and Psychodrama. Theory and Technique.**

**Jorge Veschi**
presenting author: Jorge Veschi (Brazil)

**CONSEQUENCES OF INTERCULTURAL INTERMIXTURES.**
Paper Presentation | Transcultural | English, Portuguese

The world was built of cultural intermixture since ever. Migrants moving around the world mean complex changes both in their minds and the culture receiving them, whether this action is wished for or imposed. Sores are produced anyway that enable action or as its consequence, as well as a defensive reaction in the receiving culture. The consequences are not a sum of realities but a complex happening that enables a difference, a singularity. These movements are important in order to resolve current problems and conditions creating new ones. The flux of people around the world is involved with the ‘hyper-space’ and hyper reality that are intrinsic to communication devices. This creates a virtual reality and language that enables and empowers real movements. We may be very close to these movements because world is not our neighbourhood any more, and our neighbours are not the ones next door or relatives anymore, we are living and participating in a more wide and complex world, whether we are conscious of that or not.

**Jorge Veschi is a psychologist, psychoanalyst, master, doctor, Teacher of psychoanalysis at EBEP-RJ, director and supervisor of Domus Psychological Services, writer of the books. Chaos Sensitive!**

**Daniel Wutti**
presenting authors: Daniel Wutti (Austria), Veronika Oelkrug (Austria)

**ASYLUM, MIGRATION, HETEROGENITY AND INTERCULTURAL INTEGRATION. THE EXAMPLE OF „INCLUSION COMPANIONS”**
Paper Presentation | Transcultural | English

To help face current challenges in migration and asylum, a first university course with around 25 ECTS-points was established in 2013. It was of particular interest that a certain target group, asylum seekers, was invited to participate as students. It was one goal to not just learn ‘about’ the target group, but to learn ‘with’ them. The university course included lessons about psychotrauma, interculturalism and asylum law in Austria, to educate so called ‘Inclusion companions’. It also contained practical Psychodrama lessons (the ‘encounter with the foreign’) and a course on trauma counselling. The course turned out as a success at the Alps-Adria-University of Klagenfurt (Austria). To face more recent challenges, it was rebuilt in 2017 with the result that a 60 ECTS academic university course was held in Vienna, in cooperation with the Austrian ministry for internal affairs and participants from several regions of Austria. In our paper, we will present practical examples of integration and inclusion with the community of Afghani and Chechen people in Austria in the frame of this psychological/psychotherapeutic university course. We will also name certain aspects of inclusion and exclusion and focus on the importance of Psychodrama in psychotherapy with asylum seekers as well as psychosocial work with asylum seekers in Austria and give an overview on asylum and migration in Austria.

**Daniel Wutti, Dr, prof. Institute for Multilingualism and Intercultural Education at the University College of Teacher Education in Carinthia, Austria. Board member of the Slovene scientific institute in Klagenfurt/Celovec, board member of Aspis, a centre for research on and counselling for victims of violence in Klagenfurt.**

**Veronika Oelkrug, MSc., coordinating the ‘ULG Asylum - and Migration Companion’ at the Alps-Adria-University of Klagenfurt, Austria. Lecturer at the Institute of Educational Sciences and Psychology at the Alps-Adria-University of Klagenfurt.**

**Nancy Yassine**
presenting author: Nancy Yassine (Egypt)

**THE EXPERIENCES OF INTERNATIONAL STUDENTS FROM WAR-TORN COUNTRIES STUDYING IN THE UK**
Paper Presentation | Trauma | English

In 2015-2016, the UK received 29,420 students from the Middle East. Since 2010, the Middle East has witnessed a wave of protests that led to civil wars and human rights abuses in Libya, Iraq, Yemen and Syria. This research
explored the heterogeneous experience of being an international student by highlighting the unique psychosocial stressors of university scholars from war-torn countries, whose connection to their home country undoubtedly persisted after their departure for education. Using semi-structured interviews and Interpretative Phenomenological Analysis (IPA), the experience of three Syrian postgraduate students in the UK was elaborated. Participants had traumatic experiences and struggled academically and socially; however, they were not motivated to approach university counselling services. This study explores students’ struggles and carries academic and clinical implications by offering insights into students’ perception of university counselling services and making recommendations for meaningful support.

Nancy Yassine holds a bachelor’s degree in psychology from the American University in Cairo. In 2015, I was awarded the UK Government’s scholarship and in 2017, I earned a Masters in Foundations in Clinical Psychology at the University of Southampton, where I trained at a mental health charity. I’ve worked in clinical and organisational, humanitarian settings. I’m interested in trauma and worked with refugees in Egypt and Syria as a MHPSS counsellor at the UNHCR and MSF.

Carlos Temperini
presenting author: Carlos Temperini (Brazil)

CHAMELEON FAMILIES: ADAPTATIONS, CHANGES AND CHALLENGES OF GAY MEN PARENTHOOD
Paper Presentation | Research | English

This study describes and analyses discourses about gay families in the Brazilian and American contexts. The theory is based on John Bowlby, Donald Winnicott and Elizabeth Badinter studies to discuss the importance of parenthood in infant and child development, besides a reflection on “the myth of motherhood” and their impact on gay parenting. Using both a quantitative and a qualitative method, data was collected both in Brazil and the USA. We used statistical analysis and Grounded Theory. We observed in both contexts that gay families, in their own perception, had low social acceptance, that with some participants camouflaged prejudice and discrimination and blamed society. The data crossing (qualitative and quantitative) enabled us to understand the dynamic functioning of gay families, Chameleon Families: adaptations, changes and challenges. It was found that there is a functioning permeated by multiple and dynamic processes, fuelled by psychological experiences, interrelated and lived by gay families, characterized by stages that require adaptations, changes and constant challenges. These are required because they want to have the right to be family, to address love without judgment, to build their homes and to have children. They want to occupy social spaces without questions about parental capacity, about the child’s mother and the sensation that every child needs to have a woman present to guarantee safe child development. Not only do they want to enjoy gay rights to guarantee freedom, equality and equity, but they want social justice, so they do not have to invest a lot to protect their children.

Carlos Temperini is a Professor at Mackenzie University in the School of Administration and People Management. Completed his PhD and his master's degree at PontifíciaUniversidadeCatólica de São Paulo and his undergraduate studies at FMU University. He has two specializations on Group Dynamics and People Management. His research interests lie in the area of LGBT studies, family therapy, group and change management processes.

WORKSHOPS

Asmaa Abdel Fattah
presenting author: Asmaa Abdel Fattah (Egypt)
co-author: Sara Habib (Egypt)

INTEGRATIVE TECHNIQUES WITH SPECIAL GROUPS OF PATIENTS “HANDS ON ACTION”
Workshop | Psychodrama | English

Evolving from our passion towards psychiatry, we were always keen to learn different new techniques, we started our residency together with our journey with psychodrama 3 years ago! We continued to learn having different inputs, living new experiences and decided to apply it through putting our fingerprints in our educational hospital. We were enthusiastic and eager to apply these techniques in the outpatient choosing special groups of patients (psychotics, substance abuse and paediatrics). Join the journey of our personal growth and implementation of science!
Asmaa Abdel Fattah MBBCh, psychiatry resident for 3 years at kasr Al Ainy, 3 years course of psychodrama, master’s student.

Sara Habib MBBCh, MS in psychiatry and addiction, specialist in psychiatry at Rakhwai hospital.

Göran Ahlin
presenting author: Göran Ahlin (Sweden)

CHALLENGE AND HOPE FOR LARGE GROUP RESEARCH. THREE SEMINARS.
Workshop | Research | English

“In clinical and pedagogic use the Large Analytic and/or Sociodramatic Group, LG, with more than 50 participants, have been used and developed after WW2, more specifically since 1972 and the European Group-Analytic Symposium in Amsterdam. Today it appears as standard content in our conferences and education schemes, in psychotherapeutic use and psychosocial programs. Developments of concepts, theories and working methods of LG’s have been intense and depending on various theories and beliefs stemming from TC’s, Group Relations models, PSA, Group-Analysis, and Psychodrama etc. Developments have evolved under many and prolonged, vigorous, debates, but less – if at all - assisted by any systematic research. Carla Penna’s PhD thesis is an important exception. These seminars aim at formulating, one or more, projects for collecting knowledge about and starting research of LG’s. Examples of questions which could be approached are: Which, different, aims are nowadays used in LG’s? Which structures and frames and boundaries are used in today’s LG’s? Which conductor methods and working styles are now applied? What data concerning group dynamics and group effects of LG’s are known today? What do we not know, yet, about essentials of LG’s? How can we approach filling in these unknown aspects? Three seminars will not answer such questions well enough but may start movements towards them. All interested are warmly welcome! The seminar size is planned for not more than 50 participants – this time.”

Ahlin, Göran. MD, PhD. Assoc. Prof. Psychotherapy. Responsible for Swedish University level advanced education in Group Analytic Psychotherapy 1982 - 2003. Writings about TC’s and democratization of psychiatric care, pedagogic of psychotherapy training, group analysis, research of dynamics of psychotherapy groups.

Maria Åkerlund
presenting authors: Maria Åkerlund (Sweden), Susan Gantt (USA)

APPLYING SYSTEMS-CENTERED TRAINING TO LEADERSHIP – DEVELOPING LEADERSHIP AS A TEAM PROCESS
Workshop | Organisational | English

In this workshop, we present a contemporary view on leadership as co-created by leaders and followers in a continuously evolving process. In this, leadership is one of many team-processes that together undergo development through predictable stages during which a team acquires an increasing capacity to perform. Leadership development involves a growing awareness and understanding of processes and emergent states in the context of the team and the teamwork. The workshop describes a leader development concept based on these views on leadership and draws on theory and methods from Systems-Centered Training (SCT), developed by Yvonne Agazarian. SCT methods have been adapted and used in this leadership training program. We will practice two of these: the model of role, goal and context and that of functional subgrouping. Role, goal and context helps us attend to changing organizational contexts and to shifting roles in tune with these changes. Functional subgrouping helps us to communicate in ways that facilitate integration of differences and development of a team’s problem-solving capacity.

Maria Åkerlund is a psychologist and consultant who has worked in IO psychology for 25 years. She has undergone training in SCT for 20 years. She is one of three owners of the GDQ, that measures team development and effectiveness and trains organisational consultants in the use of the test. She is the author of the article Leadership – a team process developed through context awareness, in Scandinavian Journal of Organisational Psychology which describes the ideas presented in the workshop.

Susan Gantt, PhD is a psychologist in Atlanta; Emerita faculty at Emory University School of Medicine where she coordinated group psychotherapy training. She is the Chair of the Systems-Centered Training (SCT); Research Institute; trains; consults in the practice of SCT in the USA; Europe, leads ongoing training groups in Atlanta, San Francisco; Amsterdam. She has published numerous journal articles co-authored three books with Yvonne Agazarian.
Cindy Aron  
presenting author: Cindy Aron (USA)  
co-author: Paul Cox (USA)

STARTING WHERE WE ARE: A NEUROBIOLOGICAL UNDERSTANDING OF SCAPEGOATING AND TRANSFORMATIVE POSSIBILITY  
Workshop | Analytic Group | English  
Transformation is both destructive and creative whether within ourselves or our cultures. Powerful tools yield potent results and have risks. The group therapist who fails to address the destructive aspect of group therapy risks hurting vulnerable members. Neurobiology is a powerful way to understand behavior and further therapeutic goals. Scapegoating may contain the seeds of destruction but also harbors the potential to bring great healing. Neurobiology while almost magical in its potential to illuminate painful realities can still be hijacked by the unconscious. The scapegoat tends to emerge at a time when the group is shifting from a stage of fusion to one of increased differentiation. The scapegoat holds the group shadow. This workshop will begin to address the potential benefits, dangers and limitations through didactic presentations as well as whole group experience and discussion.

Cindy Miller Aron, LCSW, CGP, FAGPA, BS University of Oregon, MSW Simmons School of Social Work. 1994-Present  

Adena Bank Lees  
presenting author: Adena Bank Lees (USA)

THE CHILD AS SUBSTITUTE SPOUSE: NAMING, VALIDATING AND HEALING COVERT EMOTIONAL INCEST  
Workshop | Psychodrama | English  
Healing starts with naming and having a context for one's own experience. Emotional incest is a hidden, emotionally damaging, and confusing family dynamic that sets up the child to be objectified and the confidant and surrogate spouse to one or both parents. Boundaries and a strong social atom are essential next steps in the healing process. This workshop will combine didactic and experiential learning to define CEI. It will also demonstrate action structures to identify crucial elements of healing that participants will be able to apply in their practice.


James Bardis  
presenting author: James Bardis (Canada)

THE PSYCHOSOMATIC SELF: CAUGHT IN A SIGNA-SOMATIC FEEDBACK LOOP GATHERS HOW MUCH MOSS?  
Workshop | Analytic Group | English  
The psychosomatic self, caught in a signa-somatic feedback loop gathers how much moss? Experientially based depth psychology established from workshops / seminars with the late theoretical physicist David Bohm and the Jungian psychoanalyst Robert Bosnak. I add my own ingredient in the form of ‘narrative-therapy’ (working with personal stories, myths, dreams and other memories)... Each person is asked to submit beforehand a sample story to be used in the workshop. I will also supply my own story.

James Bardis MA has been presenting his pioneering research at the juncture of epistemology, ontology and pedagogy since 2006 when he spoke at the international Krishnamurti and Consciousness conference at the University of Hyderabad, India. He is an alumnus of the David Bohm Seminars and the workshops of Robert Bosnak as well as the graduate school of Education at McGill University. He writes new myths for adults' inner children, and vice-versa, that double as enquiry-based curriculum designed to strengthen memory and syntax and develop metaphorical reasoning skills.

Carolina Becerril Maillefert  
presenting author: Carolina Becerril Maillefert (France)

HEALING ON DOING THE WAY BACK  
Workshop | Psychodrama | English, French
This workshop will allow three presenters with expertise in working with psychological trauma to share their thinking about this important work. Topics covered will include: Living in an ongoing trauma region, how to work with communities and families after war trauma and loss. Working with the cultural differences in time of trauma - Peru, Ecuador, Liberia and the USA - different ways to understand and reorganize to the new situations, the similarities and differences between countries - using psychology first aid. Helping victims of any kind of trauma to live their life and stop the repetition of the trauma. Stop! no more repetition! Reference will be made to Freud's Beyond the Pleasure Principle, working with both psychodrama and sociodrama.


Richard Billow (USA)
Presenting author: Richard Billow (USA)

RELATIONAL THEORY AND TECHNIQUE
Workshop I Analytic Group I English

Relational’ is commonly understood to refer to what goes on between people, including inner representations and phenomena. I have extended the term to include the emotional relationships groups have with their individual and collective ideas, and the behaviors attached to these ideas. Group process emerges from how ideas are expressed, and the behaviors and uses to which they are put. The ideas that we as therapists bring, develop, and offer bring shape and meaning to our groups. For whether it is called “your group,” “the group,” “our group,” “a psychotherapy group”—a group carries in spirit the leader’s name and influence. How do we make good use of our presence to aid the members in thinking and speaking for themselves? The workshop focuses on our immediate context: on the ideas that develop, reflect, and come to influence whatever takes place. Via discussion and group experience, we broach concepts of intersubjectivity and the role of the leader, social embeddedness and individual emergence, basic affects and vitality, ongoing process of resistance, rebellion, and refusal, and nuclear ideas.

Richard M. Billow, PhD is a frequent presenter at national and international group conferences, and contributor to the psychoanalytic and group literature. He is the author of Relational Group Psychotherapy: From Basic Assumptions to Passion (J. Kingsley, 2003), Resistance, Rebellion, and Refusal in Groups: The 3 Rs (Karnac, 2010), Developing Nuclear Ideas: Relational Group Psychotherapy (Karnac, 2016). He is Director of the Group Program and Clinical Professor in the adult, child, and group divisions of the Derner Postgraduate Programs, Adelphi University (Garden City, New York).

Caner Bingöl
presenting author: Caner Bingöl (Turkey)
co-author: Muhammet Turabi Yerli (Turkey)

COLONIAL TRAUMA AND BORDER STORIES
Workshop | Psychodrama | English

A personal narrative helps a refugee construct a new private identity. Interpretation of the refugee’s narrative can inform the strategy for healing trauma and improving functioning. Colonialism, is still functioning and causing silent trauma in the forgotten and oppressed geographies around the world. Participants will work with sociodramatic techniques for identity and with expressive therapy techniques with rituals to reveal colonialism’s somatic impact on social context and psychodrama and Jungian techniques to increase resiliency and growth of the forgotten and oppressed dreams and ‘hope we can’...

Caner Bingol, MD, PhD, Psychodramatist, psychodrama trainer. Founder member of Dr Ali Babaoğlu Psychodrama Institute. He has been working with especially refugees and tortured people for more than ten years. He worked on ‘Cinema and Psychotherapy’ and ‘Collective Trauma and Collective Memory with documentary movie. He is leading a project ‘Kurdish Kibbutz’ Psychosocial Support for the handicapped and minority refugee groups in Kurdish Regional Government of former Iraq.
Muhammet Turabi Yerli, Beykent University; Dr. Ali Babaoğlu Jungian Psychodrama Institute, MD, PhD, Ass. Prof, Istanbul/Turkey.

Kate Bradshaw Tauvon
presenting author: Kate Bradshaw Tauvon (Sweden)

TRANSFORMING VIOLENCE:
Workshop | Psychodrama | English

Our world is characterized by competition and rivalry between cultures. World-wide interdependence is a fact that we need to accept as we face environmental catastrophes resulting in forced relocation. Resolving our conflicts
at a global level requires the dismantlement of the origins of the cycle of violence within each of us. What is most personal is most universal. The cycle of violence is a chain reaction where enactment of one atrocity leads inevitably to the next. One example that taught us a new way of breaking this was the Truth and Reconciliation Commission - a court-like restorative justice body assembled in South Africa after the abolition of apartheid in 1994. The key to the well-being of a system – an individual, family, organisation or society is providing support for diversity, differentiation, linkage and integration (Siegal 2015). In this workshop we’ll explore the effects of violence in each of us, look at ways of detoxifying them and discover ways toward harmonious living.


Jorge Burmeister
presenting author: Jorge Burmeister (Spain)
co-author: Ivana Petullá (Spain)

THE WAY OF THE HEART (EL CAMINO DEL CORAZÓN = CDC) - HOW TO OPEN, LISTEN, PROTECT AND HEAL OUR HEART
Workshop | Psychodrama | English

It is necessary to engage our capacity to transform the everyday reality in order to integrate what was separated or hurt. One of its manifestations is the open heart = the beloved one = the in-spired one. In this workshop we will do a new lecture of our own story with the vision of an open heart which connects us and kindle creativity. The techniques applied to open, to listen, to heal and to protect our heart are originated in psychotherapeutic, artistic and spiritual traditions: CG Jung, JL and Zerka Moreno, poetry, cinema, music, dance, mystic teachings (Rumi, San Juan de la Cruz...) and Buddhism.

Jorge Burmeister, MD is a past president of the International Association for Group Psychotherapy. He is Co-Director of the "Training Institute for Integrative Psychotherapy and CBT" in Switzerland and a Founding Member of the European Federation of Psychodrama. He coordinates the International Summer Academy of Groups/Granada/IAGP with a focus on Transcultural Aspects of Groups. He serves as a supervisor and trainer for Medicines Sans Frontiers.

Ivana Petullá is an artist and registered calligraphist in Italy. She has done courses of art therapy in Italy, Spain and elsewhere. She has been engaged in refugee programs using arts for children and adolescents. She has been offering the CDC modality together with her husband in Portugal, Spain, Italy, Turkey and Egypt since 2017.

Norma Del Carmen Cáceres
presenting author: Norma Del Carmen Cáceres (Argentina)

IN THE DAWN, RECREATING NEW CHALLENGES AND HOPES
Workshop | Psychodrama | Spanish

JL Moreno tells us that spontaneity gives a unity and integrates the whole human being. It is a factor that animates all psychic phenomena giving it novelty, freshness and flexibility. The essential thing is to prepare ourselves to stop depending on introjected roles and cultural preserves and this is possible if we are “aware of these acquired elements” and we can see if they are adequate with our values, from there suppress or add to be appropriate to be integral, or according to the structure and bodily particularities, own feelings and ways of thinking and acting appropriately. The proposal is to leave our own role and experience other roles, that increases the experiential, the experiential and that is where the ‘new’ comes from. Creativity accompanies this spontaneous being in his daily life from its totality: body-feelings, thought's and will. Moreno said that the creative principle joins the reason and together they realize the ‘intention’ to produce something new. Each day can become new in the face of challenges and hopes.

LicenciadaenPsicología, Educadora Familiar, DoctoradoenPsicología, tesisenproceso, Directora de Psicodrama, ProfesoraDidactaenBiodanza. Training and Experience: Experienci clinica: trabajosencomunidadesmarginales con adolescentes y con grupos de pacientes con cáncer; Dirección de Cordinamys- Centro de Formación permanenteenPsicodrama, Sociodrama y Rol Playing - Centro de Psicodrama y Sociodrama “ZerkaToeman Moreno” de Córdoba-Argentina - Member of: IAGP.
EMBODYING TAI CHI’S TECHNIQUE ON CENTERING  
Workshop | Transcultural | English

Tai Chi’s technique has been used as a mind-body practice in Asian culture for centuries. Through actually practicing the Tai Chi form that one can gain a physical experience of the wisdom of the Tao through embodiment. The aim of this workshop is to practice the principle of Tai Chi in intrapersonal, interpersonal and transpersonal levels; which means to practice mind-body integrity, to cultivate balancing with central confidence, and to experience interdependent and interconnection through Qi. Each level was composed of a central theme of TC. The first section provides strategy to increase self-awareness of floating mind thus to cultivate the capacity of sustained concentration, to increase awareness of breathing and the precise way of body relaxation. The second section provides short skill lesson to increase awareness of self and others, to practice giving and receiving through push-hands, and cultivate the ability of mind release and complementary concept. The third section contains simple skills to build up the connection between internal Qi and external Qi and to aware that our body is a microcosm of the universe. Embodying the philosophy of Taoism will espouse a more natural holistic view of life that integrates body, mind and spirit.

Hsien-Hsien Chiang is Professor, Department and Institute of Nursing, National Yang-Ming University, Taiwan.

PATH OF PSYCHODRAMATIC TREATMENT FOR REFUGEES  
Workshop | Psychodrama | Spanish, French

In this report we show the expressive social-psychodramatic intervention implemented in a temporary shelter located in the province of Brescia for asylum seekers that come from different Central African Countries (all members of this group are young men between the ages of 18 and 27, who arrived in Italy after a traumatic and forced migration): It’s a path of ‘Group care’ for the refugees, of the collective wounds of a humanity that shows a high vulnerability and frequently also Post-Traumatic Stress Disorder (related to forced migration, the fear of not being able to return, to be repatriated with the risk of torture and imprisonment, not to get political asylum). We will illustrate (also with video) the special valence of care for the community, for the group and for the individual of the socio-psychodramatic methodologies (JL Moreno, creator of psychodrama, began his studies in refugee camps during the First World War). The intervention was articulated through: sociodramatic/ expressive laboratories; Meetings / performances by Playback Theater; The individual psychodrama, supplemented by the ethnoclinic contribution.

Laura Consolati is a psychotherapist, psychodramatist, Director of the School of Specialization in Psychodramatic Psychotherapy recognized by the MIUR - Ministry of Education, University, Research – Italy. Specialized in clinical intervention and training in situations of trauma, abuse and assisted violence. Clinical groups with traumatized adults and adolescents have been leading for over 30 years. Responsible for supervision/training projects with service operators that deal with the development age.

DEEPENING THE CAPACITY TO DOUBLE  
Workshop | Psychodrama | English

In this workshop and discussion, I will present my thinking and learning about working with rigid black and white thinkers who are intolerant of ambiguity, where the role of omnipotent know all is overdeveloped alongside the protector of all that is good in the social atom. This combined with an underdeveloped learner and listener makes psychotherapy challenging work. I will present a model of development that I found helpful in doubling and understanding the tele between client and therapist. The process will be to present the model of development in action and then identify and discuss the role clusters that are enacted in this dynamic in a moment in a client and therapist session. Then participants can discuss similar dynamics that they have experienced in their work. I would like participants to take a deeper capacity to double and an understanding of how role dynamics influence the tele, in particular, in the therapist from this session. Finally, participants will be encouraged to locate the session content to their learning edge in their work.

Peggy Cook’s background is in education. In 1983 she commenced training in psychodrama with the Australian College of Psychodrama and became accredited as a Role Trainer in 2003. Then she worked in Organisations and Educational Institutions as a Trainer and Group Leader teaching a wide range of people Communication Skills. Simultaneously she
counselled people in Careers and Communication Skills. Over time she moved to working with personal issues. She has attended courses in Psychodynamic Psychotherapy and Psychoanalysis and this influences her work in her private practice.

Elaine Cooper
presenting author: Elaine Cooper (USA)

PERSONAL EXPLORATION OF GENERATIONAL TRAUMA AND LITERATURE UPDATE
Workshop | Transcultural | English
This workshop provides an opportunity to explore personal transmission of generational social trauma. It will be both experiential and didactic. The leader will lead an exercise to facilitate private exploration. Participants will have the opportunity to share their discoveries, if they elect to do so. The leader will share her own experience of generational trauma and how generational insight helped her heal. An up-to-date review of current clinical and biological research will also be presented. The clinical literature describes risk factors for transmission. The medical research includes studies on the epigenome and its role in transmission. The literature is provocative, as well as the results of personal exploration. Participants will have the opportunity to bring in questions and share personal and cognitive reflections. Members will leave with knowledge of the literature and a model to explore generational trauma with their patients in the context of a supportive group.

Elaine Cooper, L.C.S.W is Clinical Professor at the Langley Porter Psychiatric Institute, University of California School of Medicine at San Francisco. She has been awarded the annual Excellence in Teaching Award nine times. She has also taught at Smith College, New York University, New York Medical College, Hunter College, Adelphi University, Psychoanalytic Institute of Northern California and University of California at Berkeley. She has 45 years of clinical practice and 30 years of teaching.

Sue Daniel
presenting author: Sue Daniel (Australia)

ROLE THEORY TODAY: 4-DAY SERIES
Workshop | Psychodrama | English
Community empowerment and coming together to better understand one another has never been more important than in this current climate of increasing division and uncertainty. Role Theory Today is a series of 4 experiential workshops of 1.5 hrs each, over the 4 days of the Congress, addressing each of the congress themes; Challenges in a changing world, Gender roles revisited, Race and racialisation, and Trauma and its aftermath. Each workshop is focussed on the application of an expanded role theory approach, and how it can be used in our daily lives: Wednesday: Sociometry for today's world; Thursday: Beyond gender; Friday: One world; Saturday: How do we help one another? Group members can expect to experience the versatility of the psychodrama method; including sociometry and role theory, taking what they learn and applying it in their work and life. The sessions will suit those new to psychodrama as well as seasoned practitioners. Mini lectures, action methods and shared experience during the sessions will assist in the process of learning. The material will come from the group and there will be group interaction and discussion. Participants may attend one or more sessions.

Sue Daniel is a Psychodramatist (TEP) and psychotherapist. She is the director of the Psychodrama Institute of Melbourne (PIM), and works internationally, teaching psychodrama, sociometry and role theory. Recent article: The social collective and the social and cultural atom in the age of the social network. Springer VS: Zeitschrift für Psychodrama und Soziometrie (Heft2/Oktober 2016).

Christopher Dolin
presenting author: Chris Dolin (USA)
co-author: Kevin Gillette (USA)

RACE, PRIVILEGE, AND HOPE IN THE GROUP SETTING
Workshop | Analytic Group | English
Discussions of race and privilege frequently trigger anxieties about safety and interpersonal connection. Yet in avoiding these topics, we fail to provide the conditions in which group members can feel truly safe enough to risk being vulnerable. Genuine openness in exploring one’s identity and listening to the identity struggles of others is a critical path to living through the tensions and inequalities of modern Western societies. Using clinical vignettes and experiential learning, we will explore how workshop participants can enrich a group process through attention to these dimensions of experience.


**Ciğdem Fulya Dönmez**  
presenting author: Cigdem Fulya Donmez (Turkey)  
co-author: Muhammet Turabi Yerli (Turkey)

**DEATH FEAR, TRAUMA AND USING GUIDED IMAGERY COMBINED WITH PSYCHODRAMA**  
Workshop | Psychodrama | English  
The aim of this workshop is to understand the death fear and using guided imagery combined with psychodrama to cope with the death fear and trauma. Participants will understand the underlying mechanism of death fear and the link between death fear and trauma. They will learn the basis of guided imagery and they will have experience on guided imagery to cope with death fear and trauma.

Ciğdem Fulya Dönmez, PhD student at Istanbul University Department of Psychiatric Nursing, Lecturer at Istanbul Arel University. She worked on death fear for her master's degree. She lecturers at Istanbul Arel University. She also began her psychodrama education four years ago at Istanbul Psychodrama Institute and she is an assistant therapist. She has also been working on Jungian psychodrama at Dr Ali Babaoglu Jungian Psychodrama Institute.

**Hanan El-Mazahy**  
presenting author: Hanan El-Mazahy (Egypt)

**LESSONS LEARNED FROM GROUP PSYCHOTHERAPY WITH CHILDREN AND ADOLESCENTS**  
Workshop | Psychodrama | English  
Psychodrama techniques used with children are usually different from the techniques used with adults. This poster describes three sessions of a weekly play therapy group with children aged 7-13. Various psychodrama techniques were used and the children's engagement noted with the different techniques correlated to their development.

Dr Hanan El-Mazahy originally trained as a pediatrician sub specializing in Pediatric neurology and completed her master's degree in pediatrics in 2006, she then moved into the area of child and adolescent psychotherapy earning a PhD in Mental Health in 2016 and is now a fellow of the American Board of Medical Psychotherapists. She is currently in private practice in Alexandria, Egypt. Dr El-Mazahy is head of the Child section of the Egyptian Association for Group Therapy and Processes.

**Nehal Elnahrawy**  
presenting authors: Nehal Elnahrawy (Germany), Ahmed Zaher Elgohary (Germany)

**FROM THE TURMOIL OF WAR TO SHELTER IN A THERAPY ROOM**  
Workshop | Family therapy | English  
Functional Family Therapy (FFT) is an evidence-based treatment program targeting at-risk adolescents and their families. Following the refugee crisis in Europe, many refugee families are left struggling with social, cultural as well as psychological barriers. These adolescents are vulnerable to internalizing (e.g. depression, anxiety) as well as to externalizing (e.g. conduct, drug or alcohol abuse) behavioural disorders. The FFT Sanctuary Model focuses on relational patterns, represented by serious acting-out behaviour, which are seen as the manifestation of enduring family behavioural and relational patterns. Trauma here may play a predisposing or a maintaining role. FFT Sanctuary brings a way to help families cope with and overcome the impact of trauma as a risk factor for relapse into the old relational patterns. In this workshop, participants will be guided through the three phases of the model and its specific application to youth with a migration background and their families. Discussion, role-playing and video examples will be used to illustrate the model's clinical applications. The workshop will also identify issues connected with the trans-cultural application of Western-developed psychotherapy models when working with youth and families from different cultural backgrounds. Specific challenges will be highlighted as well as clinical tips on culturally sensitive trauma-informed family therapy.

Nehal Elnahrawy is a resident of psychiatry and psychotherapy at Mainz University Hospital. She is a functional family therapist and supervisor. She practiced FFT in Egypt and the USA; working with street children as part of a UNICEF initiative.

Ahmed Elgohary is a resident of psychiatry and psychotherapy with experience in crisis trauma work during the 2011 revolution in Egypt.
Both authors currently work with refugees and asylum seekers from Arab origins in Germany.

**Pedro Fabião**  
presenting author: Pedro Fabião (Portugal)

**CLOWN – MASK/COUNTER-MASK IN IDENTITY AND TOGETHERNESS**  
Workshop | Psychodrama | English

Through this workshop, I propose an experience of self-discovery through one's personal story as it is told by our body in front of an audience. All Clowns discover themselves only through the audience's eyes and reactions, which are normally very consensual. We will explore the concept of Tele and Transference present in the audience's reactions to what every protagonist is experiencing. We will also have plenty of examples of how we reveal so much more than we think – and as we embrace that deep communication, we can experience so much more joy, acceptance and togetherness with the unknown Other. Based on a crossing between Psychodrama and Clown artistic training, we will create a setting where participant's pleasure and spontaneity emerge, revealing what is so particular about each own's identity and also what unites us all. This will be a sample of the journey into the unknown in me to discover the healing in all.

*Pedro is a Psychologist, associate of the Portuguese Society of Psychoanalytical Group Psychodrama, co-therapist in Psychodrama groups, workshop leader in Portugal and Russia (Institute of Psychodrama and Role Training in Moscow). Pedro is also a professional actor, director and theatre teacher. He directed one of the biggest Clown organisations in Portugal and Spain for 4 years (www.narizvermelho.pt). He also teaches in a post graduate programme at ISPA University (http://en.ispa.pt).*

**Joan Fogel**  
presenting authors: Joan Fogel (UK), Belinda Moller (Ireland)

**LEARNERS AND TEACHERS: CHALLENGES AND TRAUMAS IN SCHOOLS**  
Workshop | Organisational | English

Burnout among educators is increasing as are those leaving the profession. Places for teachers to reflect together on the work are rare and often resisted. Emerging from our experience as educators and in groups in Dublin and London, we brought together some of those supporting teachers in various ways. It is simply called a working group; two and a half years old, it is thriving. We hear about teachers overwhelmed by the emotional, social and moral tasks with which they are charged. Technical-rational approaches seem to dislodge the capacity for reflection, resulting in a culture of blame, reputational fragility and relational insecurity. Scapegoats, sub-groups and social defense mechanisms become the norm. This workshop will start by presenting themes which the group has discovered in considering the teacher’s role, the class as a group, education systems and their place in society: exclusion, trans-generational trauma, commodification, power, leadership, competition, envy, safety, trust, community, language... Using the same cascading notion that prompted the group's formation, we will invite participants to reflect further and explore, including a Balint-type case discussion, the workshop title by sharing and hearing about schools, education systems and teacher support, in different countries.

*Joan Fogel is a group-analytic psychotherapist and accredited Balint leader. She is a member of the Group Analytic Society International (GASI), the Foundation for Psychotherapy and Counselling, the UK Council for Psychotherapy and the Balint Society. She has a private practice for individuals and groups, is a tutor and group conductor on a psychotherapy training and provides reflective practice groups in the medical and education sectors.*

*Belinda Moller, IGAS, Group Analyst, Dublin, Ireland*

**Adam Frankel**  
presenting author: Adam Frankel (USA)

**A NEW PARADIGM SHIFT IN A CHANGING WORLD: RUNNING INTEGRATIVE HARM REDUCTION PSYCHOTHERAPY**  
Workshop | Analytic Group | English

This workshop will focus on learning core principles of Integrative Harm Reduction Psychotherapy, and how to apply these principles and intervention techniques in a group psychotherapy framework with individuals dealing with substance misuse challenges. A number of role-plays using a mock harm reduction group in the workshop will be used to teach Integrative Harm-Reduction Psychotherapy group intervention technique and highlight this therapeutic model as a theoretical and clinical paradigm shift from more traditional models of treatment in dealing with addictive and substance misuse issues.

*Dr Adam Frankel is a clinical psychologist and Certified Group Psychotherapist (CGP). Dr Frankel received his PhD in clin-
ical psychology from Long Island University and completed his post-doctoral fellowship at the Addiction Institute of New York at Mt. Sinai Hospital. He is currently the lead group therapist at the Center for Optimal Living in New York City. Dr Frankel has presented and taught throughout the United States on the topic of Integrative Harm Reduction and Group Psychotherapy.

Susan Gantt

presenting author: Susan Gantt (USA)

SYSTEMS-CENTERED’S PHASES OF GROUP DEVELOPMENT: A MAP FOR GUIDING LEADERS AND THERAPISTS

Workshop | Analytic Group | English

Systems-Centered Therapy and Training (SCT) (Agazarian, 1997) sees the phase of group development as the determiner of the work a group can and cannot do. Recognizing the phase enables leaders and consultants to work in a way that supports the group development that the group can do. SCT defines three overall phases of group development: the authority phase with its sub-phases of flight, transition to fight, roles and role-locks, and the crisis of hatred; the intimacy and collaboration phase; and the work phase. Each phase is then operationally defined as a force field of predictable driving and restraining forces characteristic of the phase. Driving forces move the group system toward its developmental goals and restraining forces orient the group to competing goals, often survival goals. By weakening the restraining forces in each of the phases and sub-phases, the group is then freed to use the energy in its driving forces to develop. This workshop will both describe and utilize behaviors for selected group phases in order to experience the phase induction on the group and its members.

Susan P. Gantt, Ph.D. is a psychologist in Atlanta; Emerita faculty at Emory University School of Medicine where she coordinated group psychotherapy training. She is the Chair of the Systems-Centered Training (SCT); Research Institute; trains; consults in the practice of SCT in the USA & Europe; leads ongoing training groups in Atlanta, San Francisco; Amsterdam. She has published numerous journal articles; co-authored three books with Yvonne Agazarian.

Maurizio Gasseau

presenting author: Maurizio Gasseau (Italy)

FEAR, CHALLENGE AND HOPE IN DREAMS AND THE COLLECTIVE UNCONSCIOUS

Workshop | Psychodrama | English, Spanish

In our world there are strong transformations: economic crisis, traumatic migration, unemployment, climatic change, environmental disaster, terrorism, wars! How the Anima Mundi is growing? We will share together dreams, memories and expectations to investigate personal and collective unconsciousness reactions to these phenomena and what suggestions the wisdom of dreams will give us. Jungian psychodrama is a theory of psychodramatic technique, articulated in a complex model of conduction and observation. It derives from Jung’s analytical theory on dreams, from his concepts of the personal and collective unconsciousness, of archetypal images and individuation as well as S.H. Foulkes’ concepts of the net and the personal and basic matrix. Two or three dreams will be played, according to the Jungian model in which different protagonists play on the scene. After the final sharing, there will be an observation which will communicate the sense of the dreams which have been played, using a narrative style. It will enrich the plays with mythopoeic amplifications and will try to connect individual themes to the group’s collective unconsciousness as well as to the transcultural themes.

Maurizio Gasseau, Associate Professor of Dynamic Psychology at the University of Valle d’Aosta, former Chair of IAGP Psychodrama Section, Jungian analyst, certified psychodramatist. Co-founder of Jungian Psychodrama theory in 1978, he has given workshops and training programs on Psychodrama in forty different countries. Co-founder of FEPTO Task Force for Peace Building and Conflict Transformation, author of more than ninety publications, he received the FEPTO Excellence Award in 2017.

Jacob Gershoni

presenting author: Jacob Gershoni (USA)

TRANSCULTURAL CONNECTIONS THROUGH SOCIOMETRY AND PSYCHODRAMA

Workshop | Psychodrama | English

This workshop will introduce the triadic system: sociometry, psychodrama and group psychotherapy and demonstrate how they are used in the three phases of the warm-up, enactment and closure/sharing. We will focus on connecting with others who come from different countries and cultures. Moreno considered sociometry his most important creation following decades of work and research with many groups and culminating in the writing of “Who Shall Survive?” For many years it was little understood and relegated to the realm of social theory and research by sociologists. In this workshop Sociometry will be taught in action with multiple goals, such as: Identifying issues of group process, e.g. group structure and individual status, Revealing the underlying psychological struc-
ture of the group, Building cohesion and creating safety, Selecting a protagonist, identifying telic and transference connections. The enactments will demonstrate numerous techniques to deepen expression, and in the discussion afterwards, we will look at possible applications in various settings. Most of the work will be experiential and handouts about the theory will be given.

Jacob Gershoni, LCSW, CGP, TEP is in private practice, and also certified as Trainer, Practitioner and Educator (TEP) by the American Board of Examiners. Jacob is a co-director of psychodrama training at the Sociometric Institute in New York City. Previously, he was a staff member at Columbia Presbyterian Medical Center and a Senior Psychiatric Social Worker at Queens Child Guidance Center. Jacob is the editor of ‘Psychodrama in the 21st Century: Clinical; Educational Applications’ (2003).

Marco Maria Greco
presenting author: Paola De Leonardis (Italy)

PSYCHODRAMA AS A TOOL OF SOCIAL CHANGE
Workshop | Psychodrama | English

Why and in what way is Psychodrama, among all the other group intervention approaches, the most important tool of social change? Because the psychodramatic methodology: establishes a deep dynamic connection between the individual and the group, and between the intrapsychic and the interpersonal dimension; fosters a continuous communication among the gestural, the verbal and the body expression; reflexively connects to the memory and to experience of the individual and of the group and focuses on the emotional dimension as the central idea in exploring and elaborating shared issues within the group. This workshop offers an interactive and purposeful exchange on theoretical and methodological psychodramatic specificity, through a virtuous circle ‘practice-theory-practice’. With alternating action and reflection, we will also explore the possibility of integration between contemporary psychodrama and other relevant theories, psychotherapeutic and educational approaches. This workshop is not only for psychodramatists from different countries, but also for group directors who are not psychodramatists but interested in methodology integration.

Marco Greco is a psychologist, psychodramatist, baccalaureate in Theology. Director of Therapeutic Communities. Chair and trainer of the Psychodrama Institute in Torino (headquarters in Milan, Dr Giovanni Boria). Past-president of AIPsiM (Italian Morenian Psychodrama Association). Since 2014, co-founder and President of the Moreno Museum Association in Vienna, Austria. Besides clinical and therapeutic activities, trainer and supervisor of organizations, cooperatives and companies with Psychodrama method.

Einar Gudmundsson
presenting author: Einar Gudmundsson (Iceland)

Workshop | Analytic Group | English

This workshop will focus on the sibling relationships place in Groups and Group Therapy in general. Themes like Sibling Transference, Sibling Rivalry, Sibling leadership styles will be discussed amongst others. Participants will be invited to explore their own sibling relationships, and also sibling issues from the therapy room.


Robert Hartford
presenting author: Robert Hartford (USA)

SYSTEMS-CENTERED'S FUNCTIONAL SUBGROUPING – INTEGRATING CONFLICT AN ALTERNATIVE TO SCAPEGOATING
Workshop | Analytic Group | English

Functional Subgrouping is the primary method developed from Yvonne Agazarian's theory of living human systems and Systems-Centered™ practice. It is a conflict resolution method, bringing a hopeful alternative to typical reactions to change, like scapegoating that so often accompanies challenging differences. In these times of climate disasters and conflicts around the world, Functional Subgrouping offers hope to manage the challenges. The method teaches how to contain and explore conflict in a way that leads to integration of differences, so they can become resources rather than problems. This allows for the emergence of a more complex system, which can generate knowledge with potential new solutions and promote continued development and transformation. This experiential workshop will enable members to: describe the difference between stereotypical subgrouping and functional subgrouping; practice the method of functional subgrouping to explore differences arising in the culture of the group and experiment with this method as an approach to building on similarities and integrating apparent differences and discriminate between different types of communication that can lead toward greater
connection and building (joining) or can be distancing (pushing or waving).

Robert Hartford, LICSW is a licensed psychotherapist in Washington, DC, California and New York. In 2001, he founded Solutions; Results LLC of Washington, DC an independent center working with individuals, couples, groups, executives and organizations and Systems-Centered training for therapists, coaches and pastoral counselors. He has been a director and presenter for the international SCTRI Conferences and presenter at the International Group Psychotherapy Congress in Colombia, and Croatia.

Teodoro Herranz
presenting author: Teodoro Herranz (Spain)

WHEN DID I STOP BEING THE PROTAGONIST OF MY LIFE? A PROPOSAL TO THROW OUT THE COLONISTS OF OUR PSYCHE
Workshop | Psychodrama | English, Spanish

One of my main reasons that guide my work as a psychodramatist is to “teach those in my care the value of their lives”. On some occasions I find people who feel they want to “stop being the protagonists of their lives” which leads them to wish they would die or let their lives fade every single day. This workshop is established as an organized psychodramatic session that searches for the recovery of the meaning of life as something valuable. During the session, we will use psychodramatic techniques oriented to recognize and throw out the colonists of our psyche, all those real or imagined that at any time or many times became illegitimate owners of our life project. These make us as passive and cool viewers of our lives. In this way, we pretend transforming the resigned and depressive waiting into a conspiratorial look to vitality and the excitement of the daily journey.

President of Asociacion Estudio Psicoterapia y Psicodrama (AEP), Ex-president of Spanish Association of Psychodrama (Asociacion Española de Psicodrama, AEP), Vicepresident of FAPyMPE (Federacion Asociaciones Psicologos y Medicos Psicoterapeutas de España), Teacher Supervisor Psychodrama and Family Therapy. Teacher of Psychology at Comillas Pontificial University.

Kate Hudgins
presenting author: Kate Hudgins (USA)
co-author: Scott Giacomucci (USA)

(2) PTSD UNITES THE WORLD: THE THERAPEUTIC SPIRAL MODEL TRANSFORMS TRAUMA (PRACTICAL)
Workshop | Trauma | English

Object relations and psychodynamic theories are integrated with research on interpersonal neurobiology and classical psychodrama for a three-stage model of trauma-informed care for individuals and collectives to promote post-traumatic growth. The Therapeutic Spiral Model is a clinically modified, research tested form of classical psychodrama and gestalt therapy that guides trauma informed care in the global community. TSM incorporates current object relations and psychodynamic theories with the quickly evolving findings in interpersonal neurobiology and resilience building. This workshop presents the TSM trauma triangle, which is a set of roles internalized from traumatic loss and includes the unique conceptualization and development of the abandoning authority role. A user-friendly diagnosis of PTSD is demonstrated through the internal roles of the trauma survivor’s internal role atom (TSIRA), presenting a clinical map to guide all experiential methods with trauma. Participants will learn an assessment tool that helps participants identify internal roles of victim, perpetrator and abandoning authority, so they can be changed through the TSM Transformative roles of self-care, boundaries, and containment. A TSM Psychodrama vignette will focus on creating a role transition to a sociometrically chosen transformative role of the Sleeping-awakening Child, the Good Enough Parent, or the Ultimate Authority. Discussion will focus on the broad application of post-traumatic growth through experiential methods of change from the individual to the collective.

Kate Hudgins, PhD, TEP, is an inspirational leader and a stellar trainer known worldwide for her innovative model of safe and effective trauma treatment. Recognized as an international expert and author on trauma, Kate brings rigorous clinical training in psychology, psychodrama, and experiential psychotherapy as well as cross-cultural and indigenous learning and her own life experience.

Scott Giacomucci, Walker Associates, LLC, University of Pennsylvania, Member of IAGP, ASGPP, Trauma Trainer and practicing psychodramatist Media, PA, Philadelphia, USA. Scott Giacomucci, Walker Associates, LLC, University of Pennsylvania, Member of IAGP, ASGPP, Trauma Trainer and practicing psychodramatist Media, PA, Philadelphia, USA.
Participants in this transcultural workshop will be invited to share their experiences on the transformation of their families from past generations to the present, thus acknowledging how social, economic, political, historical, psychological, religious background and traumatic experience have influenced their present lives. Working with these past processes in the present transcultural group will allow participants to develop new perspectives on daily life and to reflect on the influence of globalisation on individuals and groups.

*Kurt Husemann is a Psychoanalyst and Group Analyst, former Vice-Chair Berlin Institut for Group Analysis (BIG), Founding member European Association for Transcultural Group Analysis (EATG, Member of the Management Committee Group Analytic Association International (GASI).*

**Magdalene Jeyarathnam**

presenting author: Magdalene Jeyarathnam (India)

**PSYCHODRAMA & EXPRESSIVE ARTS IN GROUP PSYCHOTHERAPY WITH SEXUAL MINORITY AND GENDER DYSPHORIC CLIENTS**

Workshop | Psychodrama | English

The Government of India reported to the Supreme court of India in March 2012 that India has 2.5 million people who are sexual minority and gender dysphoric, making India the country with the largest sexual minority population. In December 2013, India re-criminalised same sex attractions making India, the largest country with criminals. The group psychotherapy sessions I conduct with this marginalised, criminalised section of the society to explore their personal and professional relationships. Issues like coming out to parents/spouses, embracing their bodies, self-image and self-acceptance were the key areas of work. People living alternate sexual lives are treated with despise, ridiculed, black mailed, and harassed. My work shows that majority of my clients suffer from low self-esteem, varying degrees of guilt, some level of clinical depression and an overriding feeling of anxiety and stress. Having to lead a double life by pretending to be someone else for the sake of their families affecting several aspects of the quality of their lives. This will be an experiential workshop helping participants to use some of my experience in their work with minority communities.

*Magdalene Jeyarathnam, lives in India, she is a qualified Social worker, Expressive Arts therapist and Psychodramatist. She is the founder of East West Center for Counselling and Training which pioneers in Expressive Arts therapies and she is the Founder-Director of Indian Institute of Psychodrama, the first psychodrama training institute in India. She sees clients from 3 to 80 years as one on one, couples and groups including families. She loves travelling and she is passionate about her work.*

**Björn Josefsson**

presenting author: Björn Josefsson (Sweden)

**HUMAN INTERACTION PROCESSES - WITHIN AND BETWEEN SOCIAL SYSTEMS. A SYSTEMS-DYNAMIC APPROACH**

Workshop | Organisational | English

This professional workshop aims to give participants opportunities to explore systems dynamics within and between groups as they happen, and to highlight how projections, and other processes build and function fostering or hindering accomplishing a task, be conscious or lesser conscious. Participants experience subgrouping, identity forming, role negotiations, appointing representatives and invest authority, lead and being led, engage in the interchanging between groups and build hypotheses about what might be going on in the system. Comments and questions are injected if considered could enhance learning. Subgroups are asked to reflect upon their own process, what roles they have been taking up such as leading, following etc. As last part of the exercise, groups reflect on their part in the system as a whole- what they might have represented on behalf of other parts of the system, and their learnings. Experiences are then shared in a plenary discussion. Finally, the task in duos is to reflect on potential application of their experience. One can easily draw a parallel to the so called 'intergroup event' in a Group Relations Conference, within the Tavistock tradition framework, remaining and appearing today relatively as in its origin in 1957.

*Björn Josefsson, MSc, specialist in Organisational Psychology and Group Analyst (IGA). Board member of AGSLO, Sweden. Private consulting business Proforum AB. Former teacher at Institute of Group Analysis IGA, Norway, Chief Psychologist at NAV Resource Unit, Ostfold, Norway and with long experience as consultant and with leadership roles at Group Relations Conferences within the Tavistock tradition. Director of the Nordic Group Relations Conference in Norway, November 2018.*
Kari Kaarento
presenting author: Kari Kaarento (Finland)

THE DEVELOPMENT OF PROFESSIONAL IDENTITY AMONG GROUP PSYCHOANALYSTS AND THERAPISTS - THEORY AND PRACTICAL EXPERIENCES
Workshop | Analytic Group | English

Constructing a stable professional identity helps group psychoanalysts to concentrate on what is most important in their work. Joseph (1983, 20–21) defines the professional identity of a psychoanalyst as the identity of a researcher with knowledge of factors that can bring about therapeutic benefits in certain conditions, which can be particularly beneficial in trying to understand the full spectrum of human behaviour. Inherent to psychoanalytical knowledge is an understanding of the client's subconscious processes and fantasies, their resistance, the central defence mechanisms of the ego, transference and counter-transference, the individual's psychic growth and development and psychic continuity, combined with knowledge and experience of different phenomena within group dynamics. Their identity is shaped as they internalise and assimilate this knowledge with personal experience gained from their own treatment and clinical practice, providing a unique method of observing and understanding human behaviour. Psychoanalytical work has an affinity with scientific inquiry to increase understanding and a readiness to change our perspectives in the light of new evidence. I will illustrate and compare the experiences of a) training group psychoanalysts, b) group psychoanalysts and psychotherapists and c) students trained by the Finnish Group Psychotherapy Association. In the workshop I also encourage comments and personal experiences of the themes that emerge from the research, in order to instigate a discussion of how practices in different countries and in different societies can impact the development of the group psychoanalyst's professional identity. It will be fascinating to consider the ways in which the multiplicity of voices and perspectives in today's professional field can shape our professional identities. What factors do we all share and in what ways do we differ from one another?

Kari Kaarento, Psych.A.Lic Training Group Psychoanalyst, Individual Psychotherapist, Occupational Health Psychologist, Supervisor and Professional Certified Coach. In the recent years I have worked in my own private praxis and in a private medical center Terveystalo in Helsinki Centrum. Earlier I have also worked as an occupational health psychologist at The Finnish Broadcasting Company YLE, as a researcher at the Helsinki University Psychiatric Hospital, as a clinical psychologist and as a school psychologist.

Hande Karakılıç Üçer
presenting author: Hande Karakılıç (Turkey)

FACES OF PAIN, FACES OF HOPE
Workshop | Trauma | English

The workshop is for participants to experience first-hand a creative exercise that was implemented as part of an institutional psychological support programme for staff of the Delegation of the EU to Turkey during 2017. The workshop was instituted in the aftermath of the failed coup d'état that took place in Turkey on the 15 July 2016. This workshop aims to present the technique and application process of the original workshop, while confidentiality principles shall apply and organisational evaluation findings shall not be disclosed. The workshop intended for self-care is entitled 'Faces of Pain, Faces of Hope' within a closed group format. Creative techniques relying on media such as music, drawing, collage, writing and drama are used to increase participant's awareness of and connection with their inner processes and to activate their own personal resources to empower them when dealing with their own traumatized sides. Although the creative workshop is conducted within a group setting, it is actually a highly person-centered activity, enabling catharsis followed by cognitive processing while at the same time permitting reserve in sharing of individual internal psychological processes. Thus, although at the end of the workshop, each participant is given an opportunity to share their unique experience with the rest of the group, no one is obliged to do so and limits of privacy are respected. This is a precaution that needs to be taken as it is important that participants feel comfortable preserving the boundaries of their professional roles in a work environment.

Hande Karakılıç, psychiatrist; art therapist, psychodrama trainer. Served in Academia; Hospitals; Turkish Security Forces; UNHCR. Was coordinator of disaster unit of Psychiatric Association of Turkey. Participated in disaster psychosocial interventions. Presently private clinician; organisational consultant for Embassies, EU, UN. Has chairmanships and scientific contributions. Is Secretary General of the International Society for Health and Human Rights-ISHHR. Is member of IAGP-trauma task force.
Izabella Kasza  
**presenting author:** Izabella Kasza (Romania)  
**co-author:** Eva Fahlstrom Borg (Sweden)  

**TRYING TO OVERCOME 700 YEARS OF MUTUAL DISTRUST - WORKING IN THE WASTE DUMP WITH MARGINALIZED PEOPLE**  
**Workshop | Psychodrama | English**  

This presentation describes the experience of working as a case manager in a large Roma community, living near the waste dump in Cluj-Napoca, Romania. The biggest challenge in our work was to figure out how to overcome a distrust that has lasted for hundreds of years and to be permitted to enter their circle, their lives. Our goals were to connect and establish relationships, to make genuine encounters happen and to build trustful relationships so that social transformation can emerge. We used tools and techniques from social work, restorative practices and psychodrama (Women's Café). My work with people living at the edge of poverty, in a marginalized community taught me that social transformation is based on communication, relationship and systemic thinking. Nevertheless, when asked what my goal was, the answer is, "I hope I have given them the sense of equality".

_Senior social worker at A.D.I.Z.M.C., psychotherapist and psychodramatist, co-founder and vice-president of Antheia Association, member of J.L. Moreno Psychodrama Association (Romania), National College of Social Workers and Romanian College of Psychologist._

Tatiana Kryukova  
**presenting author:** Tatiana Kryukova (Russia)  

**JOB, HEALTH, AND RELATIONSHIPS CHANGES: HOW TO SURVIVE?**  
**Workshop | Psychodrama | English**  

The highly experiential master-class is about how to survive any difficulties and changes as life transitions at different age. One is to manage a lot of things! To reflect stress level and to master one’s emotions and find someone for support …or some other ways of coping – that is especially hard amidst a turmoil. I’d like participants to realize what ‘price’ they could be ready to pay for changes – emotional, cognitive or other. What if it poses threats to personal values, leads to loneliness, etc. Or it may be highly rewarding, enhancing changes (new job, love, relationships): are the participants ready for both outcomes? At the workshop we could try to act and play some of the ways out with the help of role training, psychodrama and sociodrama. We’ll learn and practise the psychodramatic method, skills and techniques in a safe and supportive environment. Group sociometry will be explored in action.

_Tatiana Kryukova, Prof, Dr of psychology, Kostroma State University, Russia. A certified group psychotherapist and psychodramatist and group trainer (Moscow - Group and Family Institute, 1995; Jerusalem International A. Ofri Centre, Mashav, 2000, etc.). Group leader in Kostroma municipal centre for practical psychology and psychotherapy (training groups, clients’ groups). Interests: Cognitive social psychology, coping with stress, hardships and critical situations in everyday life and close relationships._

Stylianos Lagarakis  
**presenting author:** Stylianos Lagarakis (Greece)  
**co-author:** Soner Senol (Greece)  

**CHALLENGES OF HUMAN SEXUALITY - HEALING GENDER IDENTITY AND REVISITING GENDER ROLES.**  
**Workshop | Psychodrama | English**  

Sex refers to biological characteristics while gender is socially determined based on those characteristics. Human sexuality refers to people's sexual interest in and attraction to others, as well as their capacity to have erotic experiences and responses. Gender is a term that refers to social or cultural distinctions associated with a given sex. Gender identity is the extent to which one identifies with their sex assigned at birth. Differences are real regarding our sexuality but not as large as previously believed. In this workshop, participants will focus on these differences and will revise their position both socially and personally.

_Stylianos N. Lagarakis, Professional in the mental health field since 1998. Since 1999 he has been dealing with social psychiatry and through this experience he came to love group psychotherapy, so he studied group analysis and psychodrama. Since 2014 he has been the founder and director of CAPE at SonerSenol. He is a Psychodrama assistant, Psychology-Pedagogy student in Athens University._
In our conversations we often feel urged to tell our opinions and experiences, even if the speaker didn't finish yet. Deep listening is a practice in which one really listens with an open and contemplative mind. In the group one by one is invited to share thoughts and feelings about a certain theme. The others only listen. They are asked to pay full attention to the sound of the words and the attitude of the speaker and to witness the thoughts and emotions which arise in themselves. Listening circles originate from many ancient forms of coming together and are often practiced in Zen training. Rules are to listen from the heart, and as a speaker to speak from the heart, trusting what comes, and to go to the essence of what you want to communicate. The goal of the workshop is to experience the transformative potential of deep listening which leads to a profound understanding and feeling of connectedness and brings new experiences and insights. In a larger group there will be created a small listening circle in the center of the large group with the possibility of changing seats.

Monique Leferink op Reinink (NVP, NVGP, IAGP) is a senior psychotherapist, group psychotherapist, supervisor, and a former dance teacher. She works at GGzCentraal in a specialized program for patients with personality disorders. She also is a lecturer of Group Psychotherapy at Codarts, University of the Arts in Rotterdam and gave several workshops bridging group psychotherapy and dance therapy. She has led a Zen meditation group for many years.

Balancing the Need to属于与 the Need to be Different

Individualism is a core value in many Western societies. Film and literature tell us that there is a virtue in standing out and being different. Research on group processes suggests that individuals are relative malleable when it comes to fitting in and conform to other's expectations out of fear of social sanction. How can one balance the need to be different with the need to belong? In this movement workshop we will explore in a nonverbal way the complex reality of group life and our way of identifying ourselves in it. Participants are asked to wear comfortable clothes and put their shoes off.

Ronnie Levine, PhD, ABPP, FAGPA, is a clinical psychologist, a diplomate in group psychology and a Fellow with AGPA. She has taught, trained, and practiced group psychotherapy for forty years in NYC. She has conducted workshops for AGPA, GASI, and IAGP conferences. She has been frequently the featured speaker and presenter for many group societies in the U.S.A. Dr Levine was on the board of AGPA and her local society. She conducts training groups in Austin, Boston, and San Francisco.
Küllike Lillestik
presenting author: Küllike Lillestik (Estonia)

CHALLENGE AND HOPE IN THE FAMILY – PSYCHODRAMA AND SYSTEMIC FAMILY THERAPY
Workshop | Psychodrama | English

Family is a system where we belong, and it is not possible to cut off or kick out somebody. Yes, it happens, but it comes at a price and there are consequences. Family system is a unity, and all members, alive and dead, born and unborn, are part of it. Everything that is happening is about patterns and order. Can family patterns and problems be passed down through generations as an invisible, unconscious but very real family inheritance? In this workshop I would like to offer you a chance to explore your family system, your place in it, as well as to investigate the impact of symptoms, dysfunctions and secrets. Is there hope to be found or is it all just a challenge? The workshop employs the methods of psychodrama, family constellations, family systems therapy and Imago and EFT relationship therapy.

Küllike Lillestik, psychodrama Certified Practitioner (CP) is a graduate of the Tallinn Psychodrama Institute. Since 2006 I have a private practice as systemic family therapist, EFT and IMAGO couple therapist, psychodrama group therapist. She has also started studying to become a family therapy trainer and is a student of systemic family constellation.

Küllike Lillestik
presenting author: Küllike Lillestik (Estonia)

FROM CONFLICT TO CONNECTION: IMAGO DIALOGUE SKILLS FOR HELPING PEOPLE CONNECT
Workshop | Family Therapy | English

Working with couples can be one of hardest challenges for therapists! Couples do not understand what happened to that hope-filled romantic phase of their relationship or how they have unconsciously contributed to the dis-connect, lack of safety and painful impasse in their relationship or marriage. And yet even with understanding and desire it is not enough to turn the relationship from conflict to compassion. In this lively workshop you will be introduced to the dynamics of attraction and partner selection, learn skills to facilitate safety and connection in the very first session as we learn the structure and process of the Imago Dialogue. Learning the essential skill of intentional Dialogue helps to calm the reactive brain, develops differentiation and restores empathy and safety in the relationship. These skills, while originally developed for couples work are equally relevant for family therapy, group work and business/community consulting. This workshop is full of vital theory, I show how I use this knowledge and method with psychodrama groups, I will do a live demonstration and interactive dyad work.

Küllike Lillestik, psychodrama Certified Practitioner (CP) is a graduate of the Tallinn Psychodrama Institute. Since 2006 I have a private practice as systemic family therapist, EFT and IMAGO couple therapist, psychodrama group therapist. She has also started studying to become a family therapy trainer and is a student of systemic family constellation.

Anne Lindhardt
presenting author: Anne Lindhardt (Denmark)
co-authors: Maurizio Gasseau (Italy), Teresa von Sommaruga Howard (UK), Mona Rakhway (Egypt),

ROUND TABLE ON TRAINING IN RAMALLAH UNDER THE UMBRELLA OF IAGP
Workshop | Analytic Group | English

For several years members of IAGP have provided training programmes to introduce dynamic group theory and practice in countries that do not have training programmes. This has created a growing awareness and interest in dynamic group work adapted to the needs and expertise of different cultures. In the IAGP Education Committee we are now in the process of developing more precise guidelines for this pioneering work in terms of content and organization as well as forming partnerships with each country. It is a basic idea to develop introductory training courses that present the theory of dynamic group work and different aspects of practice and most importantly, to adapt the content and form to the conditions and demands of each country in question. In the round table discussion members of the present Education Committee together with Khader Rasras from the Treatment and Rehabilitation Center for Victims of Torture in Ramallah, Palestine will discuss these issues and involve the audience to inform our development of a more comprehensive curriculum for the future.

Anne Lindhardt MD, is a psychiatrist, training group analyst. She is President of the Mental Health Foundation, Denmark (an NGO working to promote mental health and fight mental illness and stigmatization), former head of Comprehensive Mental Health Services in Copenhagen and former member of the board of GASi (Group Analytic Society London).
Konstantinos Liolios
presenting author: Konstantinos Liolios (Greece)

I TURN TO YOU, ART OF POETRY! PHANTASY AND LOGOS, THESE ARE YOUR WEAPONS!
Workshop | Analytic Group | English

“There is not a particle of life which does not bear poetry within it.” said Gustave Flaubert. In many cases the use of scientific prose proves to be poor, while the use of the poetic prose facilitates the process of naming the unnameable, of communicating the incommunicable, of starting arguments and in general of giving a deeper and more permanent meaning in human communication. In this paper presentation I will share my experience and my theoretical views that sprang from the introduction of the poetry of the famous Greek poet C.P. Cavafy in two of my group-analytic groups. Qualitative research data concerning the cross fertilization of group analytic dynamics and the profound access to intrapsychic processes offered by poetry, will be presented. If T.S. Eliot was right, “Only those who will risk going too far can possibly find out how far one can go”, then we may confirm what Aristotle said “Poetry is more philosophical and of graver import than history; for poetry expresses the universal, while history only the particular”.

Konstantinos Liolios is a psychiatrist and group analyst from Chania, Greece. He has a deep interest in the use of art, i.e. poetry, painting, theatre as a therapeutic tool in his analytic groups. His private practice consists of individual and group psychotherapy, “dream groups” and poetry groups. He is also trainer in HOPE in GA, Athens, Greece.

Manuela Maciel
presenting author: Manuela Maciel (Portugal)

PSYCHOGENEALOGY AND TRANSGENERATIONAL PSYCHODRAMA
Workshop | Psychodrama | English

We are indeed less free than what we imagine as our lives tend to be unconsciously entangled with the one of our ancestors. In this work the purpose is to become conscious of who we are and able to choose the legacy we would like to keep and the one that we would like to transform. After the death of Anne AncelinSchutzenberger at 22 March 2018, her legacy of Psychogenealogy and Transgenerational Psychodrama is even more important. This workshop will convey some of the main concepts of Psychogenealogy and the main practice and methods on Transgenerational Psychodrama, including the practice of Genosociogram. In this workshop participants will be both experiencing and learning psychogenealogy methods.


Jun Maeda
presenting author: Jun Maeda (Japan)
co-author: Masahito Ishikawa (Japan)

PSYCHODRAMA FOR EDUCATIONAL CONTRIBUTION IN SCHOOL SETTING
Workshop | Psychodrama | English

Inner Mongolia Area in China, we had several chances to introduce Psychodrama in high and junior high school in 2017. These activities were accepted positively not only students but also by teachers. Everybody enjoyed sociometry and self and group expression through psychodrama together. Most teachers were surprised to see that students presented their expression freely.

In this workshop, we would like to present our psychodramatic procedure as applied in these school settings in China. Participants will be asked to join activities in practice. Education is a serious matter. Psychodrama is very interesting and powerful. Therefore, it is important to respect and not to shake the basis of thoughts and education in each country. We would like to share and to discuss about figuring out the method of Psychodrama that can enjoy self and group expression without shaking the basis of thought and education in school settings.

Jun Maeda is an accredited Psychodramatist, IAGP Board member, Clinical Psychologist and Professor at Murrain Institute of Technology. His significant career included organizing psychosocial support activities for disaster settings and overseas cooperation with the Japan Red Cross and international federation of Red Cross and Red Crescent Societies. Masahito Ishikawa is a School Counselor and lecturer of Psychology and Mental Health in Sapporo Gakuen University, Japan. Masato Ishikawa, Counseling office SEIRITSU, Clinical psychologist / Mental health care worker, Sapporo, Japan.
Shira Marin
presenting author: Shira Marin (USA)

OUT OF EXILE: INTEGRATING TRAUMA THROUGH MIXED-MEDIA JOURNALING AND GROUP PROCESS
Workshop | Trauma | English

In this workshop, immersion in the imagination is the guiding principle for activating the self-healing psyche. In a safe group context, participants will directly experience their inner world via mixed media journaling to re-cast their experiences, thoughts, and feelings as embodied creative expression that allows them to down-regulate dysregulated affect. Participants will have the opportunity to develop a capacity for working with their own trauma, at whatever degree of conflict they may experience. This work will also teach participants how to contain the impact of their clients’ psychological trauma, retrieve dissociated affect, and downregulate somatic response to discover at a deeper level that both creative and healing processes arise from the instinct for integrative, whole functioning. Participants can learn that the integrative function that promotes self-healing is engaged through constellation-disparate materials that symbolically offer participants the opportunity to metabolize and externalize their experience; this, in turn, allows them to integrate and internalize dysregulated experience. Various exercises—experiential, didactic, and group dialogue—support participants to develop a capacity for working with their own trauma, at whatever degree of conflict they may experience. This work will also teach participants how to contain the impact of their clients’ psychological trauma, retrieve dissociated affect, and downregulate somatic response to discover at a deeper level that both creative and healing processes arise from the instinct for integrative, whole functioning. Participants can learn that the integrative function that promotes self-healing is engaged through constellation-disparate materials that symbolically offer participants the opportunity to metabolize and externalize their experience; this, in turn, allows them to integrate and internalize dysregulated experience. Various exercises—experiential, didactic, and group dialogue—support participants to engage in a right-brained, non-verbal expressive modality that increases desire and willingness for self-healing through creative self-expression. Participants will use their journal imagery as a springboard for conversation about their thematic issues and to experience self and other connection. The presenter anticipates that group process conversation will enhance emotional regulation, self-reflection, personal integration, and group cohesion.

Shira Marin PhD, LMFT is in private practice and facilitates arts based groups. She graduated from Meridian University, Petaluma, USA in Psychology. She has presented on ‘The Once; Future Feminine’, ‘The Embodied Feminine in Clinic and Culture’, ‘The Once and Future Feminine’ and published ‘Shards of a Broken Mystery: The Restoration of Hekate, 2017’.

Dorcas McLaughlin
presenting author: Dorcas McLaughlin (USA)

GROUP WORK FOR YOUTH WITH COMPLEX TRAUMA: PROMOTING REGULATION, RELATIONSHIPS AND RESILIENCE
Workshop | Trauma | English

Complex trauma has significant consequences on physical and mental health. Youth, with complex traumas histories, experience the world as dangerous and threatening. Growing up afraid impacts cognitive, emotional, and physical development. This interactive and experiential workshop will engage participants in a dramatic exploration of the neurobiology of toxic stress and trauma; ways that the automatic psychological defenses of fight, flight and freeze adversely affect behaviors; and how mind-body approaches can promote healing. Participants will have the opportunity to learn best practice trauma-sensitive group strategies to promote emotional regulation, build positive relationships, and develop resiliency among traumatized youth. It is hoped participants will learn about the impact of trauma on brain development and behavior, be able to identify regulation strategies for intervening in the traumatic response, develop relationship strategies to support and connect with youth with trauma histories and be able to give examples of evidence-based trauma-informed group approaches to promote resiliency.

Dorcas McLaughlin, PhD, APRN, TEP is a Professor in the College of Arts and Sciences at Webster University in St Louis, MO. She has over 30 years of experience as an educator and psychotherapist and provides psychodrama training and personal growth groups for professionals in clinical, educational and organizational settings. Dr McLaughlin integrates sociometry, psychodrama, and group psychotherapy with evidence-based neuroscience research and mindfulness practices.

Melinda Meyer-Demott
presenting author: Melinda Meyer-Demott (Norway)

RECONSTRUCTING MEANING AFTER TRAUMA
Workshop | Trauma | English

The workshop and lecture will give participants an opportunity to learn the method from a Psychodramatic perspective in group-psychotherapy with participants who suffer from trauma and stress based on the EXIT (Expressive Arts in Transition) Manual: EXIT was developed for stabilizing people who live under extreme stress and/or have survived human or nature-induced trauma. EXIT focuses on enhancing movement, imagination, engagement, connection, here and now, safety and responsibility. In the workshop the method will be demonstrated from a psychodramatic perspective. The theory of scenario thinking in resilience work will be presented. A group experience and demonstrations will be carried out. This workshop will be of relevance and interest to those working with families, multi-cultural groups, adolescents and trauma survivors. The EXIT research project, which
is both quantitative and qualitative will be presented.

Professor Melinda Meyer-Demott, PhD in Expressive Arts and Psychodrama Director is the Director and Co-founder of the Norwegian Institute for Expressive Arts Therapy (EXA). She is Professor and Core faculty at the European Graduate School (EGS), Switzerland and senior faculty member at the University College of South East Norway. Ms Meyer DeMott has made three documentary films about EXA with traumatized refugees, carried out several research projects and written several articles about EX.

Chantal Nève Hanquet
presenting authors: Chantal Nève Hanquet (Belgium)
co-author: Agathe Crespel, (Belgium)

EXPLORING STORIES THROUGH LANDSCAPE GENOGRAM
Workshop | Psychodrama | French

Trauma can be visited through the creative methodology of a Landscape Genogram. Through the creativity of this specific genogram, the story of a person, a group, an institution or a society is activated. Each session brings its own surprises and is, to a certain extent, unpredictable. Within the framework of the Landscape Genogram this opens the gates of change. This therapeutic technique has been finalized by Chantal Nève-Hanquet and Jacques Pluymaekers twenty years ago. The enormous advantage of the Landscape Genogram over the traditional genogram, is that generates a greater flexibility, as it is freed from the rules of the genogram. The workshop will give the experience of this practice. Each person will be invited to create his or her own Landscape Genogram. A psychodrama role-play can be initiated based on all this information coming from the different comments around each one creation. The workshop will be led in French, with English translation.

Chantal Nève Hanquet, psychologist, psychodramatist at CFIP (Belgium), trainer for psychodrama, analyst Jungian at the SBPA (Belgium), trainer in family therapy (IPFS- Namur, Belgium.). She is treasurer of FEPTO. She is in a life phase of transmission.

Agathe Crespel, CFIP, Psychologist, group facilitator, Belgium.

M. Gabriella Nicotra
presenting author: Maria Gabriella Nicotra (Italy)

GROUP-THERAPY INCREASING RESILIENCE IN CHILDREN VICTIMS OF MALTREATMENT AND ABUSE OR OTHER TRAUMAS
Workshop | Psychodrama | English, Other

This work is based on the idea that individual development, through projection, fuels emotions and fantasies that remain unconscious. ‘Imaginal function’ allows us to express fears and related negative emotions. Our group-psychodrama-therapy with children, from abusive situations and other traumatic experiences, started with a small group, involves play and action. Evaluating six behaviour skills in daily life, before the treatment and one year after, we demonstrate a positive evolution. The group-psychodrama method allows the expression of emotions and desires crystalized for post-traumatic-stress. A safe space is developed where connections between needs and reality can be activated using symbolism to avoid re-traumatization. Our experience demonstrates that psychodrama group psychotherapy is a method that cares for children’s psychological health and prevents severe psychiatric disorders in adult life. We use play, context, action, narrative, representation, belonging in group, group process and also group-rituals. Archetypes and metaphors as action instruments help naturally with the work of symbolization and allows the solution of conflicts. Traumatic images are also explored so that moments from the past life can be re-modulated by elements of the mythic and dream world. Through the group process we can lower stress levels as trauma is processed and children increase resilience, motivation, possibility to contact their own and others’ emotions. Building a recurrence of images, representations and themes, through meaningful relationships, we re-define meaning, stories sense, connecting to the internal, socio-relational and socio-cultural world and ancient cultural affiliations.

Psychologist, psychotherapist and psychodramatist. She deals with childhood and adolescence and family. She uses group-analysis, psycho- and socio-drama in preventive-creative, therapeutic, training and supervision groups. She is part of Laboratorio di Gruppoanalisi, Research Group and Task force for peace FEPTO, Scientific board ANDAF Onlus (Neoplastic Assistance). Vice-President of the Mediterranean Association of Psychodrama. Sicilian board of FAVO (Federation of Voluntary Oncology Ass.).
M. Gabriella Nicotra
presenting author: M. Gabriella Nicotra (Italy)

PSYCHODRAMA SUPERVISION GROUP FOR MULTI-PROFESSIONAL TEAM IN PALLIATIVE HOME CANCER CARE
Workshop | Psychodrama | English, Other

We can consider cancer a family illness because to receive a diagnosis of cancer is recognized as a significant stressor for patient and family. The diagnosis of this disease represents a trauma for the patient who considers it a death sentence. It involves a threat in the individual/family system demanding: strong changes in relation to external world, changes in the system/social group, changes in the individual and family evolutionary cycle, changes in the perception of oneself and changes in the value system. It represents a crisis that implies breaking a balance. Difficulties of caring for a sick family member carries great emotional, affective and economic costs, he/she is very limited in their personal time, have to lose a lot of personal commitments, including work. The caregiver, if listened to, reports severe emotional distress, significant fatigue, sleep impairment, difficulty maintaining his/her focus and energy. The patients and families we are concerned with are taken into care by a health team consisting of various professionals including: psychologists, palliative-care physician, physiotherapist, nurse-assistant and social worker. The task of this group is to support the patient and family in order to organize themselves in relation to physical, psychological and relational illness. The real difference is that the team of professionals become for the family like a protective container, a cohesive group, a community that includes patient and family in a new social reality capable of producing new balance. All this is possible through a Psychodrama supervision group.

Psychologist, psychotherapist and psychodramatist. She deals with childhood and adolescence and family. She uses group-analysis, psycho- and socio-drama in preventive-creative, therapeutic, training and supervision groups. She is part of Laboratorio di Gruppoanalisi, Research Group and Task force for peace FEPTO, Scientific board ANDAF Onlus (Neoplastic Assistance), Vice-President of the Mediterranean Association of Psychodrama. Sicilian board of FAVO (Federation of Voluntary Oncology Assoc.).

Leandra M. Perrotta
presenting author: Leandra M. Perrotta (Italy)

SEXUALITY IN A CHANGING WORLD: EXPLORING THE POETICS OF SEX AND THE NATURE OF DESIRE
Workshop | Psychodrama | English

The psychology of our desire lies buried in childhood and our sexual preferences are shaped by the thrills, challenges and conflicts of our early relationships. Were we held or neglected? Loved or abandoned? Did we experience pleasure, or did we learn not to expect too much? What did our family teach us about our body, our gender or our sexuality? What turns us on and how loyal is our unconscious to our past? This experiential and didactic workshop will help explore our unique erotic blueprint which cleverly transforms and redresses our sexual narrative. The interdisciplinary framework of Psychodrama and Dance Therapy help to expand our role repertoire of coping strategies, to recognise our resources and strengths and help us to explore the existential question of trust: “Can I trust someone in the world will protect me?” and “Can I trust my feelings?” We will create a safe space to investigate secrets, lies and taboos, voice our erotic longings and playfully move beyond our comfort zone to use fantasy as an enriching, imaginative tool and initiate a transformative process of self-awareness, creative reparation and renewal.

Leandra Perrotta is a Clinical Psychologist, Psychotherapist and Trainer/Supervisor of Jungian Psychodrama, Dance Movement Therapy and Transgenerational Therapy. She is President of ITTA - International Transgenerational Therapy Association, Past President of FEPTO - European Federation of Psychodrama Training Organizations and Contract Professor at the University of Valle D’Aosta. She is trained in EMDR and also holds a degree in Anglo-American and French Literature.

Hoda Refaat Mahfouz
presenting author: Hoda Refaat Mahfouz (Egypt)
co-authors: Mohamed Ayman Abdel Hameed (Egypt), Jehan Elturky

HEALING OUR TRUE SELF: AN INTEGRATIVE GROUP APPROACH
Workshop | Psychodrama

Our (True Self) is rooted, as Winnicott described, from early infancy in the experience of being alive. When good enough parenting is not in place, the infant's spontaneity becomes in danger of being encroached by the need for compliance with the parents' wishes/expectations. The result could be the creation of what is called the (False Self), where “Other people's expectations can become of overriding importance, overlaying or contradicting the original sense of (True Self) that now must be buried. This workshop will shed some light on the journey of transformation from (False Self) to (True Self) in the context of group psychotherapy using an integrative approach. It is a live demonstration of how challenge and hope can interplay for healing our individual, group and social identity.
Bill Roller
presenting author: Bill Roller (USA)
co-author: Xu Yong (China)

CREATING A GROUP CONTEXT THAT SUPPORTS COURAGEOUS NONVIOLENT ACTION IN DEFENCE OF ETHICAL PRINCIPLES
Workshop | Organisational | English

We shall demonstrate the group dynamics that allow individuals to obey their conscience as they act in concert with others to achieve an ethical goal. In the 2014 Berkeley Civic Courage and Heroism Experiment, Philip Zimbardo and Bill Roller investigated the context and norms that allow groups to take nonviolent action in defence of an ethical principle or people in need, even at personal risk. Participants of our workshop will replicate some of the group dynamics of this experiment.

Bill Roller, MA, Life Fellow, American Group Psychotherapy Association and Life Member of the International Association for Group Psychotherapy and Group Processes, President, Berkeley Group Therapy Education Foundation, Clinical Practice, Berkeley, California.
Xu Yong, MD, CGP, is Professor, Medical School of Jiaotong University and Vice Director of the Group Therapy Training, Shanghai, China. Current Member, Board of Directors, IAGP. Faculty, Department of Psychiatry, Jiaotong Medical School.

Yafi Shpirer
presenting author: Yafi Shpirer (Israel)

WHICH “DOUBLE” DO I NEED?
Workshop | Psychodrama | Spanish, English

We offer a workshop /panel on cross-cultural groups to transcend and explore cultural and personal processes both in the moment and when we return home to our country therapy groups as well as affiliation groups. Our proposal shows on the effectiveness and the convenience of the concept of transcultural as a positive practice of acculturation processes emerging from interaction on cross cultural settings. Facing transcultural processes means accepting the difficulties of multiculturalism, working on multi conceptual explanations and practices. We'll demonstrate tools and strategies through arts, and action. What would we like participants to take from our contribution? Being more conscious on the relationship of acculturation and transcultural processes. Facilitate ideas and practices regarding cross cultural groups settings. Show the powerful impact of arts as a universal communication language. Sharing difficulties and consequences of the need of belonging and creating new social identities, and presentation of specific professional applies and reflections. How might you encourage this? We will encourage participants to participate actively after the presentations, to take and share notes and discussion after the experience together. We believe Transcultural progression can build new practices of coexistence, communication and group interactions.

Yaffi Shpirer is a psychodramatist, Sociodramatist, group therapist, candidate of group analysis therapist. Since 2003, Kuvuninstitute, Tel Aviv, Trainer and supervisor, Sociodrama trainer, Individual and group therapist in AMCHA institute, Ashkelon. Individual, family and group therapist in MASHABIM org, interventions in trauma and crisis events. Group therapist in MAHUT org, with women after Gaza.

Daniela Simmons
presenting author: Daniela Simmons (USA)

SEARCHING FOR THE INTERNAL ‘DREAMCATCHERS’: PSYCHODRAMA AND DREAMWORK FOR COPING WITH TRAUMA
Workshop | Psychodrama | English

A ‘dreamcatcher’ is an object, which some Native American people believe has the power to ‘catch’ bad dreams and only allow good dreams into their minds throughout the night. This symbol will be used in demonstrating JL Moreno’s approach to dreamwork through action methods, applied to clients coping with trauma. The workshop will demonstrate a theoretical framework based on Moreno’s research and publications and action explorations of the modality. In psychodrama, the action account is offered as an alternative to the verbal account; the action techniques enable the clients to understand their dreams by themselves, instead of being analyzed and interpreted by the therapist. The presenter plans to contribute to the field and the congress theme by demonstrating the
modality of dreamwork and psychodrama in a creative and unique way. Various sensatory effects in scene setting and creating a surplus reality will be applied. The workshop is offered to participants at all levels of experience from beginners to experienced psychodramatists. After attending this workshop, participants will be able to: Identify the four stages of the Moreno’s modality on dreamwork in helping trauma survivors to cope. Apply at least three psychodrama techniques for working with trauma survivors on their dreams - scene setting, role reversal, surplus reality, etc.

Daniela Simmons, PhD is a member of the Executive Council of the American Society in Group Psychotherapy and Psychodrama (ASGPP) and an editor for the journal and the Psychodrama Network News (PNN). She has been utilizing action methods since 1995 in Europe and since 2005 in the US. Dr. Simmons is the founder and director of the Expressive Therapies Training Institute (ETTI), offering workshops on action methods in the USA and internationally. She has conducted and published various research.

Amira Soliman
presenting author: Amira Soliman (Egypt)
co-authors: Eman Soliman (Egypt), Aya Haussain (Egypt)

NEW PROSPECT OF INTEGRATIVE PUPPET THERAPY WITH BREAST CANCER WOMEN - Elevate BA_puppet
Workshop | Research | English

The usage of the puppet relationship and engaging rich language of puppetry with its visual symbols and verbal metaphors helping patients to participate in therapeutic group session. Using puppet language, create it, speak it, understand it, respect its boundaries and use it to create a dialogue to express oneself help in therapeutic path. Using new approach of half-human puppet type which integrate with patient body and creating powerful integrative coalition model between client spirit, emotion with rich puppet character and metaphors evolve restoration path for intervention. The aim of the workshop is to present results of an integrated mind-body-spirit, self-acceptance program for breast cancer survivors. The program followed an integrated and cumulative lesson plan that progressively and systematically introduced multiple strategies for creating a balance among mental, emotional, spiritual, and physical health. Their goals were to enable participants to experience a reduction in distress, improve perceived quality of life, reach a deeper sense of meaning and purpose in life. This workshop gives support for the positive experiences of healing by using puppet art among patients with a breast cancer. further studies needed to guide art therapists in implementing suitable health promotional strategies for breast cancer patients.

Eman Soliman, Associate Professor of Psychiatry. Department of Psychiatry, College of Medicine, Zagazig Uni., Egypt, Clinical Department, College of Medicine, Princess Nourah bint Abdulrahman Uni., KSA.

Amira Soliman, Art therapist PhD candidate, College of fine art, Helwan uni., Egypt, working with at-risk families UNHCR-UNWG Geneve.

Aya Haussain, Clinical Psychologist at Rakhawy Training and Research centre, former resident psychologist at Dar El Mokattam for Mental Health and nbsp;

Lars Tauvon
presenting author: Lars Tauvon (Sweden)

PSYCHOSOCIODRAMATIC EXPLORATION OF GENDER
Workshop | Psychodrama | English

The awareness of one’s gender is likely to be one of the strongest existential challenges a human being meets. Of course, gender has a biological basis but all cultures have developed social constructions that decide roles and interactions between sexes and form the general opinion which is mainly a part of the social unconscious. Biological facts, muscle strength, child birth and upbringing and the hormonal influence on behaviour may have determined these roles from pre-stone age until now. The culture of clans has probably been important. Sexual deviations have been looked upon as abnormal and sinful. Anyone atypical has been exposed to maltreatment. Of course, there are exceptions, such as in matriarchal cultures and the ancient Greek culture. In these workshops we shall investigate the current and accelerating changes of attitudes and behaviour regarding gender.

Lars Tauvon is a psychiatrist, specialist in general and child and adolescent psychiatry who works in private practice. Trained in psychodynamic analytic group therapy; in psychodrama; gestalt; and body-centred psychotherapy. He also has an interest in other creative modalities like music and art.
Rozei Telias  
**presenting author: Rozei Telias (Israel)**

**MORENO'S PERSONality THEORY AND ITS RELATIONSHIP TO PSYCHODRAMA.**  
Workshop | Psychodrama | English

Moreno's major contribution to social science, behavioural science and psychological intervention are beyond doubt but as time passes there is a tendency to separate Moreno's methods, psychodrama and sociometry, from their philosophical roots. As a result, psychodrama is wrongly understood as a therapeutic procedure instead of a system, which is grounded in theoretical principles. In short psychodrama becomes a praxis without a theory. What exactly is the personality theory of Moreno? How was it created? Why don't we recognise it? The workshop will begin with a lecture that will aim to address this and move on to experiential demonstration of personality and role theory

Dr Rozei Telias Specialized In Role And Personality Theory. Private Clinic The Theater of Life.

Judith Teszary  
**presenting author: Judith Teszary**

**YOU ARE NOT YOUR SYMPTOMS: BODILY SYMPTOMS AS METAPHORS. THE USE OF PSYCHODRAMA IN PSYCHOSOMATIC DISEASE.**

The use of psychodrama with psychosomatic patients is more effective than verbal therapies. Psychosomatic states are characterized by: the lack of ability to symbolise, the lack of spontaneity, low emotional expressiveness and a low stress tolerance. Very often the patient is not aware of the connection between their bodily symptoms and psychosocial and environmental factors. In their daily lives, patients act within a reduced role repertoire where overdeveloped psychosomatic roles dominate. The rationale is that psychodrama is effective in creating clear emotional states, providing symbols for experiences of emotional significance and providing tools to integrate repressed memories of early, often pre-verbal traumatisation. A need for new methods, a new approach and above all a new way of thinking about stress related diseases are necessary. Health psychology and in particular the contribution of Aaron Antonovsky, a medical social scientist, is of utmost help for a better understanding of psychosomatic diseases. The workshop is experiential and gives an opportunity to explore and learn how to transform bodily symptoms into mental structures. The body carries both despair and the desire.

Judith Teszáry: private practitioner, psychodrama and sociodrama trainer and supervisor, international lecturer, founding member of FEPTO (Federation of European Psychodrama Training Organisations) and served as president for 6 years. She is a member of the Task Force for Peace and Conflict Transformation group using Sociodrama in conflict areas. She has been working with psychosomatic patients in a research and treatment project at the Karolinska Institute, Stress Research Department in Stockholm. She is the chair of the Swedish Association of Psychodramatists.

Jeff Thompson  
**presenting author: Jeff Thompson (Canada)**

**THE NEUROSCIENCE OF PSYCHODRAMA, OKAYNESS, AND CHI GONG**  
Workshop | Psychodrama | English

Accepting differences; within body and mind, building bridges vs. walls while retaining identity, much like the bridge of acceptance I hope might be built toward this unconventional abstract. I would you like participants to take Levity, a greater sense of acceptance of self and other, to take home exercises for self and others toward healing identities and promoting healthy connection. I would encourage that by: Offering experiential model of the brain exploring the amygdala's involvement in identity formation and healing, Offering experiential exercises exploring how 'okayness' of self and others may encourage wall or bridge building, Offering Chi Gong experience and rationale about how connection to self and others may be maximized through movement and consumption of a magic potion only available for attendees of this workshop.

Jeff Thompson has been a group therapist for 24 years and a TEP. He has a role as Coordinator of Clinical Services at the Chopra Addiction and Wellness Center. He has presented internationally on the neuroscience of psychodrama.

Nevzat Uctum Muhtar  
**presenting author: Nevzat Uctum Muhtar (Turkey)**

**THE REFUGEE WITHIN**  
Workshop | Psychodrama | English
The aim of the workshop is to have a thorough understanding of the refugee problem by taking the roles of the refugees and the people of their hosting countries and playing their situation. By doing so the participants will experience the feelings of the parties and connect these feelings to their own lives. Afterwards they will be discussing the situation at length, reaching an empathic understanding.

Nevzat Uctum Muhtar is an associate professor at Dogus University, Istanbul where she is teaching dynamic psychology and psychopathology. She is also a psychodrama trainer at Ozbek Psychodrama Institute.

Nevzat Uctum Muhtar
presenting author: Nevzat Uctum Muhtar (Turkey)

BEING A WOMAN IN A MUSLIM COUNTRY
Workshop | Psychodrama | English

The aim of the workshop is to help the participants understand the complicated dynamics of the women in a Muslim country and the interpersonal and intrapersonal conflicts they have to go through. In order to do that the participants will be presented by the prototypes of some groups and will be asked to play a sociodrama.

Nevzat Uctum Muhtar is an associate professor in Dogus University, Istanbul, teaching psychodynamic psychology and psychopathology. She is also a psychodrama trainer at A:Ozbek Psychodrama Institute.

Camino Urrutia
presenting author: Camino Urrutia (Spain)

LANGUAGES IN IAGP
Workshop | Psychodrama | Spanish

When I reflect on languages in IAGP I always find polarities: Functionality vs. complexity; Ease vs. Difficulty; Disturbance vs. Comfort; Effort vs. Laziness; power vs. helplessness, and so on. The thing is that those polarities appear in both sides of the question: from the side of only one common language, and from the side of different languages acting in the situation, different languages other than the common one. How does the introduction of other languages affect the identity of IAGP? Or have the changes occurring in the society facilitated the introduction of different languages? What about the matrix of the group? One of the points of this congress and of the world, migrations, presents the same questions, the same complexity. I would like to explore this theme in a workshop conducted mainly in Spanish but as far as I can in broken English too.

Camino Urrutia has worked as a psychotherapist in private practice since 1983 and been member of IAGP for fifteen years. Currently she is in charge of distributing the required work in the translation team.

Raúl Vaimberg
presenting author: Raúl Vaimberg (Spain)

NUCLEAR SCENES IN PSYCHODRAMA
Workshop | Psychodrama | Spanish

We define the nuclear scene as a significant scene from the recent or remote past that effect the actuality of people's lives, both in the perception of oneself and in the relationships that are established with others. The workshop will consist, in a first stage, in the detection of nuclear scenes of the members of the group; in a second stage, in the staging of nuclear scenes chosen sociometrically by group members and finally work on the group elaboration of: the nuclear scene, transformation during staging, its connotations in the current life of the protagonist and resonances in workshop participants. We intend to contribute to the methodology of brief psychodramatic psychotherapy without renouncing to the depth of the intervention. Develop an experiential process of detection, staging and psychodramatic elaboration of significant scenes and verify the depth and transforming potential of this methodology. We use this technique in the elaboration of traumatic situations, in the awareness extension of scenes that intervene in the structuring of the identity and in the formation of psychodramatists and group psychotherapists. We take advantage of the richness of performing arts, the power of creativity and the depth that the use of the body provides in therapeutic action.

BULLYBUSTERS: ANTI-BULLYING THERAPEUTIC GROUPS WITH CHILDREN AND ADOLESCENTS
Workshop | Analytic Group | English

Bullying is viewed as a situational stressor that may result in mental health challenges for all parties involved. To meet society's needs, therapists need to respond to how society is changing and evolving. According to the American Occupational Therapy Association researchers identified bullying as one of five emerging niches in Children and Youth (Yamkovenko, AOTA, 2011). Historically bullying ceased when the victim and the perpetrator parted ways. This has drastically changed with the sporadic advancement of cyber technology, resulting in bullying happening anywhere and at any time through 'cyber bullying'. Bullying has also been deemed a leading cause in suicide cases, leading to the new term 'bullycide'. This workshop will give an overview of the latest theory of bullying dynamics. It will also take a closer look at the necessary skills that youth need to address bullying. Practical ways to teach these skills in therapeutic groups will be explored and discussed. The workshop will consist of a PowerPoint presentation with photos and videos of bullying as well as footage of anti-bullying groups. Experiential learning will be facilitated during small group activities.

Marelé is married and a mother of two. She has been practicing as Occupational Therapist and Play Therapists for the past 18 years. She has experience in South Africa's health, education, and private sector, and has also lectured at a local university. She has been involved in providing therapeutic groups for adults, children and adolescents in a private psychiatric clinic. She is co-founder and director of i2we therapy center and BullyBusters, providing individual- and group therapy for youths.

GROUP-ANALYSIS WITH VICTIMS OF EXTREME TRAUMATIZATION
Workshop | Trauma | English

Drawing from my experience from therapies with tortured humans, but also from severely traumatized patients, it is not only the process of reconstructing the good internal group, I am interested in, but equally in questions of the limits of neutrality in effective trauma therapy. Winnicott conceptualized the container. I have the concept of an internalized, containing, supporting group. Some people confronting traumatizing events carry within themselves a stable, nourishing, containing, and soothing internalized group, that others seem to lack partly or completely. Beyond this there exists something in the therapy of traumatized humans that challenges us: We need to take a stance: Can you treat a victim of sexual violence if you feel “it was o.k.”? Can you treat a patient if you feel he exaggerates or even fantasizes? No! The present influx of over a million, frequently traumatized refugees to Germany, gives this renewed actuality and demonstrates that therapy takes place within national and global value systems we not only have to be aware of, but, in my opinion, have an obligation to take a stance towards and help to develop, because without a constructive “large-group-system” trauma therapy is on thin ice.

Andreas von Wallenberg Pachaly was director of the Free CounselingCenter for Psychotherapy in Dusseldorf, Germany, (1987-2001) where he developed the „Therapeutic Community within the Community“. He maintains a private group-analytic and psychoanalytic practice in Düsseldorf and is head of the therapeutic community ‘Haus Steprath’. He is a member of Amnesty International German Standing Conference for medical doctors and psychologists for the treatment of victims of torture.

GIANTS AND TROLLS: SOCIODRAMATIC FAIRY TALES WITH CHILDREN’S GROUPS
Workshop | Psychodrama | English

Traumatic events can impact children both cognitively and interpersonally. Especially when sustained over time, trauma can affect brain function. Even in situations where they are no longer at risk a child's amygdala can get hijacked evoking the fight, flight or freeze response, decreasing their ability to self-regulate. This leads to decreased spontaneity in the roles the child is developing. This can be seen in children caught up in national and international crises and in children who have been victims of, or witness to, physical, emotional and/or sexual abuse. Fairy Tales offer magical narratives that allow children to try on roles that allow them to begin to restore emotional balance. Participants in this workshop will learn how to use Sociodrama with Fairy Tales to help traumatized children find the distance they need to begin to process their experiences, safely express strong feelings and learn new ways of coping with these overwhelming feelings. This work helps them to develop a sense of mastery through organized play. Their abilities to self-regulate, develop a wider repertoire of useful roles and develop pro-social
Julie Wells
presenting author: Julie Wells (USA)

EXPLORING THE EMPEROR’S NEW CLOTHES: WHAT HAPPENS AFTER REVELATION?
Workshop | Psychodrama | English

This workshop will utilize Sociodramatic experience focusing on how we bring change in our lives after wrestling with important revelations. How do we move truth into action? Together we will navigate options of how to modify our lives to move forward. When we choose to know our truth, speak our truth, and follow our truth, obstacles can impede our progress and throw us from our path. Believing that we all have the ability to adapt in these formidable times, we will explore action steps to take after gaining new insights, particularly when it challenges privilege and the status quo. Hans Christian Anderson’s fable allows us to transport his fictional roles onto today’s world scene to gain insight about what gets in our way of making this the world we want to live in. Sociodrama allows us to actively try on new roles and ways of behaving in order to gather the courage needed to move more confidently and congruently through our lives. Come explore which roles you identify with, and which role(s) holds the healing you need. Come peek underneath the unspoken reality that we all experience yet hesitate to verbalize. Side by side, we will explore options for the next step.

Julie Wells is a CP and TEP with ABE and was co-chair of the 2017 ASGPP National Conference in Clearwater, FL. She is founder, director and provider for Suncoast Psychodrama Training. She offers a variety of professional training opportunities for CEUs regularly in the Tampa Bay area. She is also a National Psychodrama presenter offering workshops in Texas, Washington DC, California, Arizona as well as Internationally presenting in Paris at the 8th World Congress in Psychotherapy in 2017.

Marianne Wiktorin
presenting author: Marianne Wiktorin (Sweden)

NO BOSS, NO HIERARCHY AND A CEO ONLY ON PAPER
Workshop | Organisational | English

The workshop will describe an extensive and successful twelve-year consultancy to a health care company. My contribution as a consultant consisted in working with the different life phases of a small dynamic company. I assisted the owners during the start of the company, as well as during the growth and expansion, and finally during the close-down. The organization was initially flat and only the owners were employed. They had no manager and a CEO only on paper. All responsibilities were shared. Later, during the growth of the company, new people were employed, and a hierarchy was introduced. Roles and role systems changed considerably and needed addressing and working through. The subsequent phases in the life of the company all involved considerable role changes. Eventually several of the owners retired. The company was bought out and a new management took over. The consultancy finished after twelve interesting years. The consultancy methods used: Action Methods visualizing the organizational system and role systems, role training and role reversal, team training, feedback and reflection. I would like to share this long process with the participants and enable them to get an understanding and learn. I will use Action Methods in order to involve and encourage participants.

Marianne Wiktorin, M.A. licensed psychologist, psychotherapist and psychodrama director and trained as a consultant. Marianne, initially a psychotherapist, has worked as a management consultant to business and the public sector for over twenty-five years.

Gerhard Wilke
presenting authors: Gerhard Wilke (UK), Henning Green (Denmark)

BREAKING FREE OF ORGANIZATIONAL MADNESS – WORKING WITH LEADING AND CONSULTING IN UNCERTAIN TIMES
Workshop | Analytic Group | English, German

Gerhard Wilke and Henning Green are experienced organizational consultants with a training in group analysis. They want to share their experience with interested colleagues and make sense of what goes on in current or-
ganizations – good and bad, sane and disturbed with them. We hope that participants can leave with a deeper understanding and with fresh ideas of the nature of organizational work, inspired by group analytic thinking and related techniques and perspectives. Gerhard Wilke will start the workshop with a short talk about a new book, which he co-authored that has been published in the UK and the USA: 'Breaking free of Bonkers, leading in today's crazy world of organizations'. This will be followed by supervision of case material.

Gerhard Wilke studied Social Anthropology at King's College Cambridge, Education at London University and trained as a Group Analyst at the IGA in London. He is the author of several books and served as Treasurer of GAsi and on the Board of the IAGP. He is an Honorary Fellow of the Royal College of General Practitioners in London and of the IAGP. He is a Training Group Analyst in Germany and Associate Professor of Ashridge Business School.

Henning Green, MA Psychology. Authorized psychologist and qualified specialist in organizational psychology. He is co-founder of Green-Andersen P/S, a successful consulting and organisational psychology firm in Copenhagen. He is a trained group analyst and co-founder of the OPU- 2-year Training program which is unique to the Copenhagen IGA, which combines Open System Theory, group analytic and psychoanalytic principles in work with organisations. For 15 years he worked as an Associate Professor in organisational psychology at the University of Copenhagen and Copenhagen Business School. Now, he mainly works with groups of executives in institutions and private businesses as a coach and facilitator for individuals facing current organisational challenges.

Elisabet Wollsén

Elisabet Wollsén, MSc, is in Private Practice, Stockholm, Sweden. She is a Licensed Psychologist, Licensed Psychotherapist in Family Therapy, Supervisor, Educator, Narrative researcher and member of AGPA. She has 40 years of experience as a clinician, while 35 in supervision, education and professional development in own company. Influenced by systemic and narrative ideas and expressive art therapy formats. Done narrative research are now writing on professional books and developing Life Staging®.

Muhammet Turabi Yerli

Muhammet Turabi Yerli MD, PhD, Ass. Prof. at Beykent University; Dr Ali Babaoglu Jungian Psychodrama Institute.

Irene Henche Zabala

Irene Henche Zabala (Spain)

Symbolic Psychodrama gives us a metaphor of the human existence through archetypal images of the dreams, the art and the fairy tales. In this workshop we are going to approach to Ulysses Journey to contact with extraordinary dangerous challenges present in every life. We are going to immerse ourselves in the passage in which
Ulysses risks to be swallowed by the sea leading the fateful attraction of the Sirens. As him, we can also adventure ourselves through the symbolic images of the Unconscious into the passion of this irresistible spells, that represent powerful false identities. Ulysses can face this challenge and continue his direction, thanks to the strength of his consciousness to plan a way to resist this fatal spell, invincible for any human been. So, through Symbolic Psychodrama, we can experience how to amplify our consciousness and our volition, in order of not falling in false identities that promise us the paradise but are actually a lure.

Irene Henche Zabala is Clinical and Educational Psychologist in Madrid. Psychotherapist and PD Supervisor and Trainer. Author of Symbolic Jungian Psychodrama as well as diverse publications on this topic. Member of the Spanish Association of Psychodrama (AEP). National and International Trainer in Italy, France, Austria, Switzerland, Argentina, Colombia, Portugal. Director of Symbolic Psychodrama Training Center in Madrid. Member of AEP, FEAP, AETF, IAGP.

POSTER PRESENTATIONS

Alberto Amutio
presenting author: Alberto Amutio (Spain)
co-authors: Wilmer Delgadillo (Spain), Cristina Martinez-Taboada (Spain)

NEW TECHNOLOGIES TO ENHANCE LIFE SATISFACTION AND WELL-BEING IN TRANSNATIONAL FAMILIES
Poster Presentation | Research

We offer a workshop/panel based on our study and practice with Latin-American adolescents at school. We will share experiences of the processes of acculturation and dissonances between family, school and society. We hope to show the effectiveness of the concept of 'Transcultural' as a positive practice of acculturation emerging from interaction in cross cultural settings. Facing transcultural processes means accepting the difficulties of multiculturalism, working on multi conceptual explanations and practices. We'll demonstrate tools and strategies through arts, and action. We hope participants will become more conscious of the relationship of acculturation and transcultural processes. We will facilitate ideas and practices regarding cross-cultural groups settings by showing the powerful impact of arts as a universal communication language. Sharing difficulties and consequences of the need of belonging and create new social identities, presentation of specific professional applies and reflections. We will encourage participants to participate actively, to take and share notes and discussion after the experience together. We believe Transcultural progression can build new practices of coexistence, communication and group interactions.

Alberto Almutio, PhD in Psychology is Professor in Social Psychology at the University of the Basque Country (UPV/EHU) in Spain. His areas of expertise are stress and burnout, and the application of mindfulness to different groups and individuals. He has written around 40 articles and books on different topics including immigration, bullying, mindfulness, communication. He has worked in different national and international research projects related to burnout, stress reduction, and well-being.

Esmina Avdibegović
presenting author: Esmina Avdibegović

WAR TRAUMA THROUGH GROUP THERAPY: TWENTY YEARS AFTER THE WAR IN BOSNIA AND HERZEGOVINA

The consequences of the war in Bosnia and Herzegovina that took place in the last decade of the 20th century resulted in heavy loss of human lives, and migration, destruction, and significant loss of trust both locally and regionally.

The aim of this poster is to show the continuity of trauma and its manifestation, and anniversary reaction of traumatic events through group work. The paper presents the contents of group work with outpatients who are war veterans and women victims of war. In the group sessions, we met with the traumatic situations of war victims themselves, both veterans and women victim of war, and with manifestation of something that belonged to the trauma of their parents, but also with the consequences that could be seen on their children. Distrust, silence, verbal aggression, insecurity, helplessness, overwhelming a sense of betrayal, bitterness, anger, and injustice have often overwhelming the group and pose difficulties for the conductor. Through group work, members of the group have recognized the relationship of their current suffering and behaviour with their own traumatic experi-
ences. Working in group help us in understanding of the trauma as a process whereabouts the description of the traumatic situation is only a framework in which to organized the way we understand the trauma.

Esmina Avdibegović, Maja Brkić, Department of Psychiatric University Clinical Center of Tuzla, special educator, group analyst, Tuzla, Bosnia and Herzegovina.

Hsien-Hsien Chiang
presenting author: Hsien-Hsien Chiang (Taiwan)
CLINICAL ETHICAL EDUCATION AND GROUP ANALYSIS
Poster Presentation | Analytic Group
Small group learning has gained wide recognition in recent years as an essential teaching method. However, there is limited research in describing the relation between group analysis and ethical education. The purpose of this poster is to investigate the ethical attitude of nurses who experienced the group dialogue with group-analytic approach. In terms of meta-synthesis of four qualitative researches, there are two themes to state the way from group dialogue to ethical learning. The first theme is from free-floating discussions to promote self-narrative and self-reflection, the nurses could develop the self by facing the other. The second theme is from initiation by handling promote spontaneity and creativity; the nurses could define their correspondence in humanistic care. Ethical education with a group-analytic approach demonstrated a way of affecting people in their views and attitude to caring practice by unfolding not by imposing.

Hsien-Hsien Chiang, Professor, Institute of Clinical Nursing, School of Nursing, National Yang-Ming University Taipei, Taiwan, ROC (2006- ); Board Member, IAGP (2009-2015); President, Chinese Association of Group Psychotherapy (2007-2009).

Reem Deif
presenting author: Reem Deif (Egypt)
A THEMATIC ANALYSIS OF THE DYNAMICS BETWEEN THERAPIST-RELATED FACTORS WITH DIFFICULT GROUP BEHAVIORS
Poster Presentation | Research
Speaking from the pressing need to “work with difficult patients” as reported by the American Group Psychotherapy Association, developing group therapists should be aware of their own contributions to the group dynamics, including “difficult dynamics”, rather than blaming their “difficult clients”. While most research has primarily focused on how client characteristics and interactions influence group processes, the aim of this study is to explore the influence of therapist-related factors on difficult group behaviours. In the first stage of this study, which was presented at the EAGT2018, thirty-eight group therapists were surveyed (20 leaders and 18 co-leaders) with an average of 5 years of experience in group therapy. The aim was to demonstrate a link between the occurrence of problematic group behaviours and several therapist-related factors including personal and professional variables, and the therapist’s belief in each of Yalom’s therapeutic factors. Results suggested a preliminary correlation between problematic group behaviours on one hand and, on the other hand, whether the respondent is a leader or a co-leader, self-reported empathy, the therapist’s belief in the value of specific therapeutic factors, and the therapist’s exposure to personal trauma over the past year. Using previous findings as headlines for a better understanding of difficult group dynamics, senior group practitioners with different theoretical orientations are interviewed. Thematic analyses will follow in order to explain the dynamics of co-transference from the expert’s stance and using different clinical models (i.e.: dynamic, Gestalt and cognitive-behavioural).

Reem Deif is a graduate student of Counseling Psychology and a teaching assistant at the American University in Cairo. She is a member of EAGT and a researcher at the Rakhaawy Training and Research Center. Currently enrolled in the 2-year diploma in group therapy, EAGT. A supervised psychotherapist at the AUC psychology clinic and other private clinics. The ushering head in the EAGT 2018 conference, Cairo, Egypt.

Reem Deif
presenting authors: Reem Deif, Aya Hussein, Eman Onsy (Egypt)
CONNECTION FOR ACTION: REFLECTIONS FROM THE EAGT CONFERENCE
Poster Presentation | Organisational
All authors are members of the Egyptian Association for Group Therapies and Processes and were in the organizing committee of the EAGT conference. This poster reveals the “group work” behind the scenes of the third conference of the Egyptian Association for Group Therapies and Processes (EAGT). The organizing team involved 30+ volunteers divided into four sub-teams who invested in their team-building skills in order to co-create a safe
and enriching experiential space with participants. Roles were clarified through an intensive training that was held prior to the conference to equip volunteers with team-building and stress management skills. Immediate online communication was available for the organizing team and difficult encounters were managed by the respective team leader in order not to interrupt the flow of the scheduled program. Although most emergencies were managed constructively, some were more challenging than others and required fast-forwarding problem-solving. Difficult interpersonal encounters also gave a vivid lesson about group dynamics and how to realistically manage them. Following the conference, a reflection session was held for volunteers and board members to reflect on their experiences as part of a post-conference evaluation in order to plan for the 2020 conference. Findings from this evaluation shall be presented in terms of relevant outcome measures (i.e.: interdependence, crisis management, connectedness, goal-direction) in addition to an overview of the themes covered by the conference.

ReemDeif is a graduate student of Counseling Psychology and a teaching assistant at the American University in Cairo.

Aya Hussein is a clinical psychologist who does both individual and group work.

Eman Onsy holds a master’s degree in Counseling Psychology from the American University in Cairo and is currently practicing as a couples counselor.

Hanan El-Mazahy
presenting author: Hanan El-Mazahy (Egypt)
co-authors: Maurizio Gasseau (Italy), Jorge Burmeister (Switzerland), Eva Fahlstrom-Borg (Sweden), Mona Rakawy (Egypt), Noha Sabry (Egypt)

ENGAGING CHILDREN IN PSYCHODRAMA: ADULT VERSUS CHILD TECHNIQUES
Poster Presentation | Psychodrama

The Egyptian Association for Group Therapies and Processes (EAGT) in collaboration with the International Association of Group Therapy (IAGP) Educational Task Force has set up an International psychodrama course. 24 psychodramatists graduated in January 2018 after a 2.5 years diploma. This poster describes the diploma and the training.

Dr Hanan El-Mazahy originally trained as a pediatrician sub specializing in Pediatric neurology and completed a master’s degree in pediatrics in 2006, she then moved into the area of child and adolescent psychotherapy earning a PhD in Mental Health in 2016 and is now a fellow of the American Board of Medical Psychotherapists. She is currently in private practice in Alexandria, Egypt. Dr El-Mazahy is head of the Child Section of the Egyptian Association for Group Therapy and Processes.

Ana Fröbe
presenting author: Ana Fröbe (Croatia)
co-authors: Branka Begovac (Croatia), Kornelija Oelsner (Croatia), Gorana Tocilj Šimunković (Croatia)

ANALYTIC GROUP THERAPY LED BY ONCOLOGIST IN OCD PATIENT PREOCCUPIED WITH HAVING MALIGNANT DISEASE
Poster Presentation | Analytic Group

Cognitive-behavioural group therapy is usually recommended for obsessive-compulsive disorder (OCD) patients while long-term analytic group therapy is less often applied. The rationale from a psychodynamic perspective is to induce OCD patients to face the feared situation and to use the aroused experiences to work on the underlying conflict. Establishing a secure therapeutic setting is regarded as the central ingredient for the supportive element of the intervention. Conveying a sense of understanding and acceptance or recognizing the patient's growing ability to work on his or her problems in the same way the therapist does. Here we present an OCD patient as a member of an analytic group, among five neurotic patients, working in an analytic group setting for five years led by group analyst in training (works as clinical oncologist). The OCD patient's cause of anxiety, fear of eventual developing malignant disease(s), was explored in secure group setting according to the analytical group rules, as well as, Yalom’s “here-and-now” technique-activation in each session of long-term group psychotherapy. In the final year of the group setting, a new member with malignant disease was introduced to the group and the “here-and-now” interactional experience was explored and elaborated. The OCD patient gained long lasting symptom relief, now four years in follow-up.

Ana Fröbe, MD, PhD, member of The Institute of Group Analysis in Zagreb, Croatia; currently works as clinical oncologist at Department of Oncology and Nuclear Medicine, UHC SestreMilosrdnice, head of Brachytherapy division. She is also professor of oncology, teaches at Medical School and School of Dental Medicine, University of Zagreb, Croatia; e-mail: afrrobe@irb.hr.
Masahito Ishikawa
presenting author: Masahito Ishikawa (Japan)
co-author: Jun Maeda (Japan)

ATTEMPT OF EDUCATIONAL SUPPORT BY PSYCHODRAMA
Poster Presentation | Psychodrama | English

We thought that Psychodrama would deepen friendships of students living in school, release emotions, increase spontaneity and motivation. When we got an opportunity to support education through Psychodrama at a high school in China, Inner Mongolia Autonomous Region, where Psychodrama has not spread yet, we attempted to verify our hypothesis that it would make a difference. 121 students who participated in the psychodrama, we asked for answers in 5 ways for psychodrama about what experiences about “17 Psychodrama questionnaire” independently developed. As a result, we got a positive evaluation in almost all items. Based on the results of this questionnaire, we confirmed that Psychodrama brings positive changes to the minds of students. However, due to the trial of educational support this time, we do not meet the condition of effect measurement in the so-called psychological sense. From now on, we thought that validation should be verified, such as performing Psychodrama and then measuring effects over a certain period of time. The result of this time suggested that Psychodramamight be useful for educational support. From now on, we are planning to further change the place of implementation, increase the number of subjects, and conduct repeated verification.

Masahito Ishikawa, Clinical psychologist, Mental health care worker, a representative of Counseling Office SEIRITS, school counselor and teaches mental health at Sapporo Gakuin University and counseling techniques at Esashi High School Nursing College.

Jun Maeda, Psychodramatist, Muroran Institute of Technology.

Chien-Hui Lin
presenting author: Chien-Hui Lin (Taiwan)

EMOTIONAL WORK AND COMPASSIONATE CARE ON STILLBIRTH
Poster Presentation | Research | English

This study explored midwives’ work on self-emotion and how their emotions affect the care process when providing compassionate care for pregnancy termination and stillbirth. A qualitative interpretative phenomenological design was employed to understand the phenomenon of stillbirth care as experienced by midwives. The content of group dialogues was analysed. Sixteen midwives who experienced stillbirth care participated in the group dialogue. The emotional burden on midwife include shame, sadness, and guilt; to turning the shame caused by self-isolation into the human commonly understanding, from the self-sadness catharsis to being with the parent's sadness, and to practice farewell to the stillbirth from the sense of guilt in terminating the fetus. The emotional burden for midwives in caring for stillbirth, through the experience of reflective group interaction, promote self-caring and were able to develop the practical knowledge of compassionate nursing care.

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Rie Nasu
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POWER OF PEER RELATIONSHIPS TO OVERCOME TRAUMA: AN ADOLESCENT GIRLS GROUP
Poster Presentation | Trauma

In this study, by presenting a case of group therapy for adolescent girls traumatized by family child and/or bullying in school since they were young, the effectiveness of group therapy, especially therapeutic quality of peer relationships, is discussed. Although group therapy for adolescents is known to be very effective for repairing traumatic experiences in peer relationships, most Japanese therapists conduct only individual therapy. We have been working on group therapy for adolescents and children for seven years. It is because we believe that children are in need of various supports, not only social skills training, educational support or medical support but also psychological support. We also introduced some enjoyable activities to help the girls feel relaxed, because they were exhausted and isolated in their daily life. The group was held 2 hours once a week for four adolescent girls who were referred from the local junior high schools. They had a lot of difficulties in interpersonal relationships, but they could build peer relationships in the group sessions. And then, gradually they began to talk about themselves and understand each other. It could be presumed that this was probably because, in the group as a safe space, therapists could help adolescents to talk by serving as a bridge to peers.

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Miho Okamoto has a Master's degree in Clinical Psychology. She worked as a school counselor and serves as a student counselor at Rikkyo University.

Koaru Nishimura is a Senior Associate Professor of Psychology in International Christian University and a Board Member of IAGP. He is working on research group therapy.

Wen-Chen Ouyang
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EFFECTIVENESS OF MULTIPLE GROUP PROGRAMS FOR PERSONS WITH DEMENTIA IN DAY HOSPITAL
Poster Presentation | Research

The aim was to investigate the effectiveness of multiple group programs for persons with dementia due to Alzheimer's disease (AD) in elderly day hospital (DH). The study was conducted between January 2016 and December 2017 in one elderly DH for persons with AD in one psychiatric center in Taiwan. There are 30-min morning-group exercise and afternoon-group music activity every day, 60-min group reminiscence therapy once a week and group occupational therapy 3 times a week conducted in the DH. The attendants in these groups were not fixed. The size of the groups was over 10 persons. Persons with mild or moderate AD who attended the above multiple groups for over 6 months and completed CDR and MMSE before joining the groups and 6 months afterwards were included. The outcome variables were scores of MMSE & CDR. Only 13 among the 29 persons with AD in the DH met the inclusive criteria, eleven of whom were female. The mean age was 79.7. The mean interval for attending the multiple groups was 12 months. The scores of CDR before and after the groups were the same, but scores of MMSE improved in 8 of 13 persons (p>0.05, sign test). No adverse event was found during groups. The conclusion was that multiple group intervention may improve cognitive function among persons with mild or moderate AD in elderly DH.

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Ying-Chieh Peng
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COMBINED MUSIC THERAPY WITH INSIGHT-ORIENTATED GROUP PSYCHOTHERAPY FOR ACUTE PSYCHOTIC INPATIENTS
Poster Presentation | Analytic Group

Most acute psychotic inpatients lack insight and have poor interpersonal relationships. Music therapy may diminish defensive attitudes and improve relationships. As the primary goal of group psychotherapy in acute psychiatric wards is to establish insight and social contact, the program was designed to combine music therapy and insight-oriented group psychotherapy. The program was held constantly 1 hour once per week. There were 16 to 20 patients in each section, every patient attended 1 to 10 sessions during hospitalization. Most of the inpatients were diagnosed with Schizophrenia but 90% of inpatients denied their mental illness at the beginning section. The psychotic inpatients had a higher proportion of poor insight to their mental illness. The insight-oriented group can help inpatients to understand more about the mental illness and improve insight. Combining with music therapy, enabled inpatients to be more willing to discuss their illness and so their interpersonal relationships improved.

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Hoda Refaat Mahfouz
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THE USE OF PSYCHODRAMA IN THE CONTEXT OF THE FOUR-STEP-INTEGRATIVE MODEL FOR GROUP PSYCHOTHERAPY,
Poster Presentation | Psychodrama

The Four-Step-Integrative Model is an Egyptian approach to group psychotherapy (Mahfouz, R. et al 2015). The aim of this poster is to demonstrate how the integrative use of some psychodrama techniques can pave the way
to work with this approach in a more productive manner and vice versa. The four steps of this model can be part of the acted scene of psychodrama. The time perspective (past, present and future) in these approaches can facilitate the integration of both.

Hoda Refaat, MSc, specialist psychiatrist in private practice, group therapist, psychodramatist, Member of EAGT and IAGP.

Hoda Refaat Mahfouz
presenting author: Hoda Refaat (Egypt)
co-authors: Hanan El Mazahy (Egypt)

EAGT INTERNATIONAL PSYCHODRAMA DIPLOMA IN COLLABORATION WITH THE IAGP EDUCATIONAL TASK FORCE
Poster Presentation | Psychodrama

The Egyptian Association for Group Therapies and Processes (EAGT) in collaboration with the International Association of Group Therapy (IAGP) Educational Task Force has set up an International psychodrama course. 24 psychodramatists graduated in January 2018 after a 2.5 years diploma. This poster describes the diploma and the training.

Hoda Refaat MSc, specialist psychiatrist in private practice, Cairo. She is a group therapist and practises the Four Step Integrative Model in group psychotherapy. Psychodramatist, graduating from the first EAGT international psychodrama diploma in collaboration with the IAGP educational task force. She is the head of the psychodrama section of the Egyptian Association for Group Therapies and Processes (EAGT) and is a member of the IAGP.

Hanan El Mazahy, MD, Egyptian Association for Group Therapies and Processes, Child and Adolescent Mental Health consultant, Alexandria.

Margot Solomon
presenting author: Margot Solomon (New Zealand)

TEACHING AND LEARNING AS RELATING: A TRANSFORMATIONAL EXPERIENCE
Poster Presentation | Research

This study adds to the knowledge base for teachers of psychotherapy and other helping professions by examining processes of teaching and learning through the lens of the teacher’s subjectivity. Hermeneutic phenomenology was used to explore how the teacher learns as she teaches. The focus was on the teaching of the researchers own teaching, drawing from her journals and nineteen interviews with colleagues and ex-students. At the centre of the study is the notion of ‘learning and teaching as relating’, namely that the relationship between the teacher and the students is intrinsic to effective teaching and learning. The structures of the course must be negotiated by the teacher with both students and the university and is both a pre-requisite and an ongoing process of collaboration. What emerges is that in learning from experience there is transformation for the students and for the teacher. Necessary features of the teaching and learning experience are the teacher’s capacity to dwell and journeying together with the teacher’s guidance. Implicit in the teaching and learning process is the use of the class as a group. This research demonstrates that the teacher’s way of being impacts on the students learning. It values emotional learning, bringing the whole person into the classroom setting. Transformational learning or finding new ways of experiencing the world and oneself offers the potential for an expansion of the capacity to think and reflect, thus increasing therapeutic effectiveness in clinical practice.

Dr Margot Solomon is a senior lecturer at AUT where all students training to be psychotherapists attend both a small group and a large group for each year of their training. She specialises in teaching and practicing Group Psychotherapy, Psychoanalytic Psychotherapy and Clinical Supervision. Her research interests include: Teaching and learning in groups; Large groups in Psychotherapy in New Zealand as a centre for cultural change; The use of reverie and reflection in practice and supervision.

Christine Zahn
presenting author: Christine Zahn (Germany)

ATTACHMENT AND PSYCHODYNAMIC GROUP THERAPY: DEVELOPING A PROJECTIVE TEST TO MEASURE MENTAL REPRESENTATIONS OF GROUP ATTACHMENT BASED ON THE AAP
Poster Presentation | Analytic Group

Is there any difference between dyadic and group attachment? Following Bowlby’s (1982) beliefs, attachment is important across the lifespan: depending on the early sensitive caregiving we seek out for others (family members, peer groups and lovers) to fulfill our different needs. The refined mental representations also include our
experiences of receiving protection and care in groups and conduct our perception and action in future situations. Based upon the AAP (George, C., 1999), which provides a developmental approach to the assessment of the dyadic adult attachment system, this study tries to extend the projective test by measuring patterns of group attachment. The AGAP-Test (Adult Group Attachment Projective Picture Test) contains a series of eight pictures that activate the unconscious ‘group attachment system’ and tries to give via patient’s narrative insight in secure, insecure or disorganized schemes and defensive processes against anxiety, suffering and pain in repeated former experiences in groups. The AGAP Test is currently in development and used in the measurement of the change of group attachment related mental representations in individuals during long-term psychodynamic group therapy. The second approach tries to give insight into attachment related social unconscious processes such as defense and coherence via guiding the ‘group as unity’ to absolve the projective test. As the ‘healthy’ reference groups, we are collecting the narratives of eight group analytic trainee groups at the GRAS (Gruppenanalyseseminare.V.) Institute in Bonn, Germany.