

Śivānanda maṅgalam

I

Sa - dā pā - va - nī jā hra - vī - tī - ra - - vā - siṃ

sa - dā sva - sva - - rū - pā nu - saṃ - dhā - na - śī - lam

Sa - dā su - pra - san - naṃ da - yā - luṃ bha - je' - haṃ

śi - vā - nan - da - yo - gīn - dra - mā - naṃ - da - mūr - tim

II

Ha - rer - di - vya - nā - maṃ sva - yaṃ kīr - ta - ya - aṃ - taṃ

ha - reḥ pā - da - bha - ktiṃ sa - dā bo - dha - yan - tam

Ha - reḥ pā - da - pad - ma stha - bhṛṅ - gaṃ bha - je' - haṃ

śi - vā - nan - da - yo - gīn dra - mā - naṃ - da - mūr - tim

सदा पावनी जाह्नवीतीरवासिं सदा स्वस्वरूपानुसंधानशीलम् । सदा सुप्रसन्नं दयालुं भजेऽहं शिवानन्दयोगीन्द्रमानंदमूर्तिम् ॥

I Sadā pāvanī jāhṛavītiravāsiṃ Sadā svasvarūpānusaṃdhānaśīlam.

Sadā suprasannaṃ dayāluṃ bhaje'haṃ Śivānandayogīndramānaṃdamūrtim.

The one living on the banks of the ever purifying Ganga. The one spontaneously ever engrossed in discovering his own self. I always chant your name with devotion. O ever cheer, merciful one. Śivānanda — The Indra of yogis and statue of bliss.

हरेर्दिव्यनामं स्वयं कीर्तयंतं हरेः पादभक्तिं सदा बोधयन्तम् । हरेः पादपद्मस्थभृगं भजेऽहं शिवानन्दयोगीन्द्रमानंदमूर्तिम् ॥

II Harerdivyanāmaṃ svayaṃ kīrtayantaṃ Hareḥ pādabhaktiṃ sadā bodhayantaṃ.

Hareḥ pādapadmasthabhṛṅgaṃ bhaje'haṃ Śivānandayogīndramānaṃdamūrtim.

Always chanting the divine name of Hari in kīrtan. Always making us conscious of keeping our devotion fixed at the lotus of Hari. I chant with devotion the glory of the one who lives like a bumblebee at the lotus feet of Hari. Śivānanda — The Indra of yogis and statue of bliss.

जराब्याधिदौर्बल्यसंपीडितानां सदाऽऽरोग्यदं यस्य कारुण्यनेत्रम् । भजेऽहं समस्तार्त्तसेवाधुरीणं शिवानन्दयोगीन्द्रमानंदमूर्तिम् ॥

II Jarābyādhidaurbalyasampīḍitānām Sadā”rogyadaṃ yasya kāruṇyanetram.

Bhaje’haṃ samastārttasevādhurīṇaṃ Śivānandayogīndramānaṃdamūrtim.

To the sufferers of old age, diseases and weakness. Your energy filled eyes always grant the boon of good health. I chant with devotion the glory of one who is always foremost in the service of the downtrodden. Śivananda — The Indra of yogis and statue of bliss.

सदानिर्विकल्पे स्थिरं यस्य चित्तं सदा कुंभितः प्राणवायुर्निकामम् । सदायोगनिष्ठं निरीहं भजेऽहं शिवानन्दयोगीन्द्रमानंदमूर्तिम् ॥

II Sadā nirvikalpe sthiraṃ yasya cittaṃ Sadā kuṃbhitaḥ prāṇavāyurnikāmam.

Sadā yoganiṣṭhaṃ nirīhaṃ bhaje’haṃ Śivānandayogīndramānaṃdamūrtim.

The one whose chitta firmly established in nirvikalpa samadhi, who has permanently gained the power to control the prana vayus within himself. I chant with devotion the glory of the innocent one who is always devoted to yoga. Śivananda — The Indra of yogis and statue of bliss.

महामुद्राबंधादियोगांगदक्षं सुषुम्नांतरे चित्स्वरूपे निमग्नम् । महायोगनिद्रा-विलीनं भजेऽहं शिवानन्दयोगीन्द्रमानंदमूर्तिम् ॥

II Mahāmudrābandhādiyogāṅgadakṣaṃ Suṣumnāmtare citsvarūpe nimagnam.

Mahāyoganidrā-vilīnaṃ bhaje’haṃ Śivānandayogīndramānaṃdamūrtim.

The one who is perfect in the yogic techniques of mahamudra, bahndhas and many others. Whose devine conciousness is forever immersed within sushumna. Śivananda — The Indra of yogis and statue of bliss.

दयासागरं सर्वकल्याणरार्शिं सदा सच्चिदानन्दरूपे निलीनम् । सदाचारशीलं भजेऽहं भजेऽहं शिवानन्दयोगीन्द्रमानंदमूर्तिम् ॥

II Dayāsāgaraṃ sarvakalyāṇarārśiṃ Sadā saccidānandarūpe nilīnam.

Sadācārāśīlaṃ bhaje’haṃ bhaje’haṃ Śivānandayogīndramānaṃdamūrtim.

Though art the ocean of kindness, a source of wellbeing to everyone. Always immersed in the form of the Sat-Chit-Ananda. I chant with devotion again and again your name o spontaneously virtuous one. Śivananda — The Indra of yogis and statue of bliss.

भवाम्भोधिनोकानिभं यस्य नेत्रं महामोहघोरंभकारं हरन्तम् । भजेऽहं सदा तं महान्तं नितान्तं शिवानन्दयोगीन्द्रमानंदमूर्तिम् ॥

II Bhavāmbhodhinokānibhaṃ yasya netraṃ Mahāmohaghoraṃdhakāraṃ harantam.

Bhaje’haṃ sadā taṃ mahāntaṃ nitāntaṃ Śivānandayogīndramānaṃdamūrtim.

The one who resemble a boat capable of transcending the ocean of worldliness. Dispeller of extreme darkness of attachment. I always chant with devotion your name O grates among the great forever. Śivananda — The Indra of yogis and statue of bliss.

भजेऽहं जगत्कारणं सत्स्वरूपं भजेऽहं जगद्वापकं चित्स्वरूपम् । भजेऽहं निजानंदमानंदरूपं शिवानन्दयोगीन्द्रमानंदमूर्तिम् ॥

II Bhaje’haṃ jagatkāraṇaṃ satsvarūpaṃ Bhaje’haṃ jagadvyāpakaṃ citsvarūpam.

Bhaje’haṃ nijānaṃdamānaṃdarūpaṃ Śivānandayogīndramānaṃdamūrtim.

I sing the glory of the one who is he cause of this creation. The embodiment of "Sat". I sing the glory of the allpervading universal one in form of consciousness. The one who is bliss himself. Śivananda — The Indra of yogis and statue of bliss.