

Śānti Pāṭh

ॐ सह नावक्तु । सह नौ भुनक्तु ।
सह वीर्यं करवाकहे ।
तेजस्वि नावधीतमस्तु ।
मा विद्विषाकहे ॥
ॐ शान्तिः शान्तिः शान्तिः ॥

Om saha nāvavātu.
Saha nau bhunaktu.
Saha vīryam karavāvahai.
Tejasvi nāvadhītamastu.
Mā vidviṣāvahai.
Om śāntiḥ śāntiḥ śāntiḥ.

May the Lord protect both teacher and disciple and may He cherish us both.
May we work with full energy, that our study be perfect and give good results.
May we never feel ill-will toward the other. Om, peace.

ॐ पूर्णमदः पूर्णमिदं पूर्णात् पूर्णमुदच्यते ।
पूर्णस्य पूर्णमादाय पूर्णमेवाकशिष्यते ॥
ॐ शान्तिः शान्तिः शान्तिः ॥

Om pūrṇamadaḥ pūrṇamidam
pūrṇāt pūrṇamudacyate.
Pūrṇasya pūrṇamādāya
pūrṇamevāvaśiṣyate.
Om śāntiḥ śāntiḥ śāntiḥ

That is full, this is full. From full, the full is taken, the full has come. If you take out full from the full, the full alone remains. Om, peace.

Śānti path

असतो मा सद्गमय ।

Asato mā sadgamaya,

तमसो मा ज्योतिर्गमय ।

Tamaso mā jyotirgamaya,

मृत्योर्मांमृतं गमय ।

Mrtyormā'mṛtaṃ gamaya,

सर्वेषां स्वस्तिभवतु ।

Sarveṣāṃ svastibhavatu,

सर्वेषां शान्तिभवतु ।

Sarveṣāṃ śāntibhavatu,

सर्वेषां पूर्णं भवतु ।

Sarveṣāṃ pūrṇaṃ bhavatu,

सर्वेषां मंगलं भवतु ।

Sarveṣāṃ maṅgalaṃ bhavatu.

लोकाः समस्ताः सुखिनो भवन्तु ।

Lokāḥ samastāḥ sukhino bhavantu,

ॐ त्र्यम्बकं यजामहे

Om tryambakaṃ yajāmahe

सुगन्धिं पुष्टिवर्धनम् ।

Sugandhim puṣṭivardhanam,

उर्वारुकमिव बन्धनात्

Urvārukamiva bandhanāt

मृत्योर्मुक्षीय मामृतात् ॥

Mrtyormukṣīya māmṛtāt.

ॐ शान्तिः शान्तिः शान्तिः ॥

Om śāntiḥ śāntiḥ śāntiḥ.

From illusion lead me to truth! From darkness lead me to light! From death lead me to immortality! Let all beings live in joy! Let all beings live in peace! Let all beings live in fullness! Let all beings live in happiness! Let the whole world live in bliss!

We worship the Three-Eyed One (Lord Shiva), who is fragrant and who nourishes well all beings. May He liberate us from death for the sake of immortality, even as the gourd is severed from its vine.