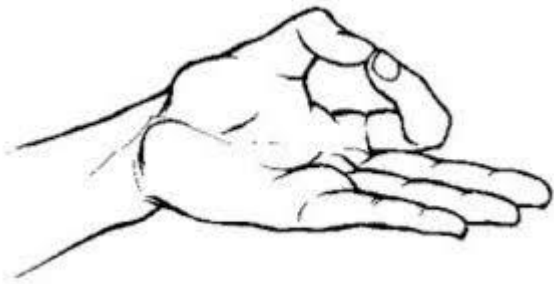
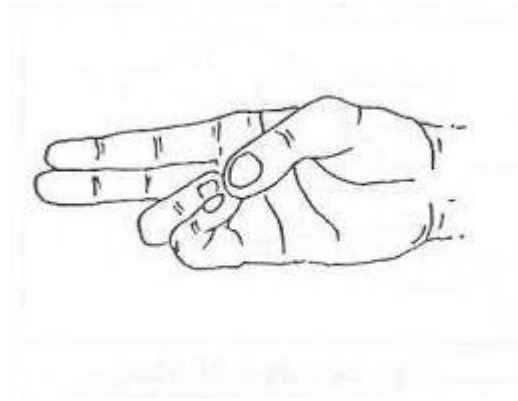


1. VAYU VARDHAKA MUDRA (JNANA MUDRA)



4. PRANA MUDRA



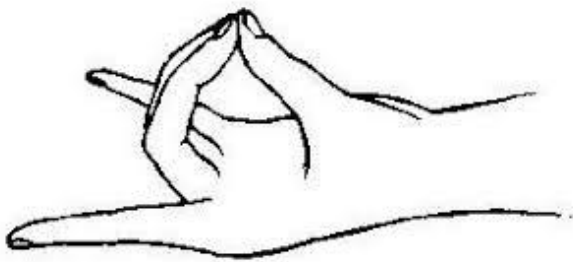
2. PRITHVI MUDRA



5. DHYANA MUDRA



3. APANA MUDRA



6. SHOONYA VAYU MUDRA

