Getting Better with deliberate practice

Susanne Bargmann and Ulrik Elholm
What is Deliberate Practice?
What is Deliberate Practice?
"The nuts and bolts of deliberate practice"
Getting Better with deliberate practice

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Uncover patterns

How long did it take you to find the word

DIFFICULT?

F U D I U F F D D L
T U I U U U C D F C
I F F L C T U L D F
C I F C I C T U T F
T L I I I U F D L L
F C C L C L F L U F
I L U F U U F C D L
U L L U L D D T L T
T D T I L D U I I T I
D L T I F I I L L U U
Uncover patterns
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https://completevocal.institute/
Planning
Uncover patterns
The Next Generation of Deliberate Practice for Therapists....
Uncover patterns
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Planning
Planning
Planning

Bargmann & Elholm (2016): Bliv Bedre - med fokuseret træning
Planning
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Feedback

- Concrete and specific
- Task not person oriented
- Observations not evaluations
- Tied to the wish of the receiver
Feedback

Bargmann & Elholm (2016): Bliv Bedre - med fokuseret træning
Many Ways to Get Feedback

Bargmann & Elholm (2016): Bliv Bedre - med fokuseret træning
Feedback

"Open your mouth - it helps"
Who let the dogs out?

Who? Who, who, who?
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