


What works?
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Are we ready to do our work?




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Find out what gives you energy!!
 If you find yourself learning and developing you will do it!!



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Not knowing, opened up our rooms

What works for our clients?




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A team to work with!
 Observe, give feedback, reflect together

Rådgivningen Oden

What works for each one of us?



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We found the what works "method"!

- We are just doing IT! Steve de Shazer
- We observe what works for our clients and we do more of it!
- We continue to do what works for us and ask our clients if it works for them!
- We where actually doing therapy!

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It has to work but it doesn't

Doing something else, but what???

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Systematic and aggregated feedback Working with ORS/SRS

How do we know that it's working?

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Our own research project

Why is the counselling agency Oden successful?

<http://umu.diva-portal.org/smash/record.jsf?pid=diva2%3A623039&dswid=-2567>

Research project in Social Work/ practioners and researcher!

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So what are your stories?

- How come you are working in the area of addiction? What do you find inspiring with that?
- What are the most important thing that your clients have told you about your work?
- Where do you find support so that you can go on exploring, finding out what works for you and allowing yourself to be in uncomfot zones with your clients?

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Commitment

- Tell someone what your next step is with Deliberate practice!
- Or/and tell me! phugab@telia.com

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