What works?
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Are we ready to do our work?

Find out what gives you energy!!
If you find yourself learning and developing you will do it!

What works for each one of us?

What works for our clients?

Not knowing, opened up our rooms

A team to work with!
Observe, give feedback, reflect together

Rådgivningen Oden
We found the what works "method"!
- We are just doing IT! Steve de Shazer
- We observe what works for our clients and we do more of it!
- We continue to do what works for us and ask our clients if it works for them!
- We where actually doing therapy!

It has to work but it doesn’t

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How do we know that it’s working?

Our own research project

Systematic and aggregated feedback
Working with ORS/SRS

Why is the counselling agency Odan successful?
Research project in Social Work/ practitioners and researchear!

So what are your stories?

- How come you are working in the area of addiction?
- What do you find surprising with that?
- What are the most important thing that your clients have told you about your work?
- Where do you find support so that you can go on exploring, finding out what works for you and allowing yourself to be in uncomfortable zones with your clients?

Commitment

- Tell someone what your next step is with Deliberate practice!
- Or/and tell me! phugab@telia.com