

Swedish Sauna Academy

Newsletter

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The XVII International Sauna Congress 2018

Dear Sauna friends

The XVII International Sauna Congress will be held in the north of Sweden, in the Haparanda/Tornio cities between June 7th to June 10th, 2018. Part of the the venue will be at Kukkolaforseen Tourism & Conference. The meeting starts with a welcome reception in the evening June 7th. The congress will be organized by the Swedish Sauna Academy and is open for all interested in sauna bathing, it will be a mixture of scientific presentations, workshops, sauna bathing, food, music, excursions and many more activities. There are 3 areas that will be covered at the presentations and workshops; Health science, History and Culture, and Technology and Design.

At the meeting a new interdisciplinary journal, IJSS, will be launched, for more information see below.

This is the first out of 12 planned Newsletter with the aim to inform about the meeting, such as registration, accommodation, presentations, activities and important deadlines. The newsletter will be sent out in the end of the month.

The webpages <http://www.bastuakademien.se/> and <https://saunainternational.net/> will continuously be updated with information.

Save the date for this most interesting event and note the deadline for submission of abstract January 31, 2018.

IJSS - A New Birth for Sauna Research

From the 1950s to the 1990s, the ISA and the Deutscher Sauna Bund ran a scientific journal on sauna research. While copies of the journal still exist, sadly no other journal has emerged to take its place. Until now!

Introducing, The International Journal of Sauna Studies (IJSS) – a new interdisciplinary academic journal that will publish research on Health Science, History & Culture, and Technology & Design. The IJSS will be fully open access and available free to the public, in line with the egalitarian ethos of sauna.

The journal will be launched at ISA Congress 2018 in Kukkolaforseen, with the first official business meeting on June 7. The first volume of the journal will publish papers from the Congress (late 2018).

A full website is coming soon. For more information, visit www.saunaresearch.org

The journal is hosted by ASBA, the Australian Sweat Bathing Association. ASBA became an ISA member in 2016 and is committed to promoting global sauna culture.

To register for the newsletter, please send an email to Roger Häggström, roger.haggstrom@gmail.com