

# Swedish Sauna Academy Newsletter

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## The XVII International Sauna Congress June 7-10, 2018 – Midnight Sun and Sauna

Dear Sauna friends

The programme is now available on the webpage. We are proud to present an interesting programme within the health, history/culture and technology/architecture sectors, a programme which will be held at the Experience Factory Lappari in Tornio.

Friday's sessions starts with presentations on the Arctic Bath in Harads, and the Ice hotel in Jukkasjärvi. The three lecture sessions begin with an address by an invited speaker followed by five oral presentations .

On Saturday there are a total of 12 workshops, which are held in 3 parallel sessions. We are looking forward to fruitful discussions, with the aim to exchange knowledge and further develop the use of the sauna. There are also poster presentations at the meeting.

[www.bastuakademien.se/nationalbastudag/presentations-35884788](http://www.bastuakademien.se/nationalbastudag/presentations-35884788)

The business meeting of the International Journal of Sauna Studies (IJSS) will take place on Saturday 1.45-3.30 pm. All participant are welcome to attend, and the preliminary agenda is available on the webpage, please register on <https://uws.academia.edu/JackTsonis>

Local transportations is arranged by the Swedish Sauna Academy. There will be buses between Kukkolaforseen, Haparanda and Tornio, all included in the registration fee.

On Friday evening, the Swedish Sauna Academy is celebrating its 30<sup>th</sup> anniversary; on Saturday evening the International Sauna Association is celebrating its 60<sup>th</sup> anniversary and our main sponsor, Tylo-Helo is celebrating its 100<sup>th</sup> anniversary 2018.

Registration is now open on the webpage (closing May 15<sup>th</sup>). <https://goo.gl/forms/K45oFdfHkLo49iFK2>  
Registration is needed for all participants, including lecturers. We are limiting the number of participants to 250 persons, and there for taking applications on a "first come, first served" basis.

We also appreciate if you bring a mobile sauna for the "ISA Congress Mobile Sauna Festival". This festival will be held in connection with the congress at Kukkolaforseen. More information is given on <http://www.bastuakademien.se/nationalbastudag/mobile-sauna-meet-38396422>

A Midnight Sun and Sauna Congress movie is available on [https://www.youtube.com/watch?v=MW8m11O6Occ&feature=em-share\\_video\\_user](https://www.youtube.com/watch?v=MW8m11O6Occ&feature=em-share_video_user)

We welcome all interested in sauna bathing to participate in the International Sauna Congress 2018.

The webpages <http://www.bastuakademien.se/> and <https://saunainternational.net/> will be continually updated with information.  
For questions, email to [info@bastuakademien.se](mailto:info@bastuakademien.se)



On behalf of The Swedish Sauna Academy  
Hans Häggglund