

Swedish Sauna Academy

Newsletter

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The XVII International Sauna Congress June 7-10, 2018 – Midnight Sun and Sauna

Dear Sauna friends

Two representatives from The Swedish Sauna Academy, Hans Hägglund and Mats Winsa, visited Helsinki November 16-18th and had the opportunity to present and discuss the sauna congress programme at the ISA board meeting and the honour to celebrate the Finnish Sauna Society's 80th anniversary. They also appreciated saunabathing in the Vaskiniemi sauna complex.

Registration for the sauna congress will be open from March 15th – to May 15th, however, preregistration is already open, and is recommended via info@bastuakademien.se. All preregistered attendees will be contacted in March for final registration and information on payment.

Accommodation has to be booked separately by the participants.

There are several ways to travel to the congress in Haparanda-Tornio. The following airports can be used: in Sweden Luleå Airport (133 km to Haparanda), in Finland Kemi, Airport (25 km), Rovaniemi Airport (133 km) and Oulu Airport (146 km). Details are given on the webpages <http://www.bastuakademien.se> and <https://saunainternational.net>

The Swedish Sauna Academy would also like to invite mobile saunas for the ISA Congress Mobile Sauna festival. The festival will be held in Kukkolaforseen, on June 7-10th. The saunas have to be mobile and hold at least one person to be included at this event. The most original mobile sauna will take home an award.

Submission of abstracts is ongoing and they can now be submitted via the webpage (abstracts already submitted do not need to be resubmitted)

Interest in sauna related topics and research is rapidly increasing, would you or your company like to be part of the congress and/or sponsoring the congress? Please contact svante@spolander.com for more information.

The webpages <http://www.bastuakademien.se> and <https://saunainternational.net> will continually updated with information.

Save the date of this most interesting event and note the submission deadline for
abstracts January 31, 2018.

To register for the newsletter, please send an email to Roger Häggström, roger.haggstrom@gmail.com

On behalf of the Swedish Sauna Academy
Hans Hägglund

