

**Resultat – HK Multi 2019**

2019-08-03

**Solo Dam**

		<b>(5 / 5)</b>		<b>Tid</b>	<b>Efter</b>	<b>Bomtid</b>		
1.	<b>Jessica Häggqvist</b>	<b>Härnösands OK</b>		1:31:57	00:00			
	8:26 (8:26)	6:51 (15:17)	3:34 (18:51)	7:20 (26:11)	4:54 (31:05)		3:08 (34:13)	
	3:34 (37:47)	2:33 (40:20)	8:23 (48:43)	1:40 (50:23)	9:37 (1:00:00)		7:45 (1:07:45)	
	6:47 (1:14:32)	5:10 (1:19:42)	3:44 (1:23:26)	2:28 (1:25:54)	2:02 (1:27:56)		1:59 (1:29:55)	
	2:02 (1:31:57)							
2.	<b>Maja Lundholm</b>	<b>Umeå OK</b>		1:43:58+12:01	00:00			
	9:22 (9:22)	7:46 (17:08)	3:57 (21:05)	8:34 (29:39)	5:48 (35:27)		2:55 (38:22)	
	3:45 (42:07)	3:19 (45:26)	9:30 (54:56)	1:52 (56:48)	11:31 (1:08:19)		10:13 (1:18:32)	
	5:59 (1:24:31)	6:07 (1:30:38)	4:13 (1:34:51)	2:48 (1:37:39)	1:43 (1:39:22)		2:30 (1:41:52)	
	2:06 (1:43:58)							
3.	<b>Rebecka Sundin</b>	<b>Nordingrå SK</b>		1:48:51+16:54	02:26			
	9:28 (9:28)	7:53 (17:21)	3:49 (21:10)	8:12 (29:22)	5:46 (35:08)		2:56 (38:04)	
	4:18 (42:22)	3:19 (45:41)	10:16 (55:57)	2:13 (58:10)	12:40 (1:10:50)		10:55 (1:21:45)	
	6:47 (1:28:32)	6:07 (1:34:39)	4:28 (1:39:07)	2:54 (1:42:01)	2:41 (1:44:42)		2:30 (1:47:12)	
	1:39 (1:48:51)							
4.	<b>Lina Wallgren</b>	<b>Obbola IK</b>		2:09:38+37:41	01:44			
	11:17 (11:17)	9:55 (21:12)	5:10 (26:22)	9:46 (36:08)	6:38 (42:46)		3:24 (46:10)	
	5:21 (51:31)	3:49 (55:20)	12:11 (1:07:31)	2:38 (1:10:09)	15:22 (1:25:31)		11:39 (1:37:10)	
	8:23 (1:45:33)	7:34 (1:53:07)	5:14 (1:58:21)	3:23 (2:01:44)	2:47 (2:04:31)		3:08 (2:07:39)	
	1:59 (2:09:38)							
5.	<b>Maria Wallgren</b>	<b>Obbola IK</b>		2:17:21+45:24	06:06			
	12:34 (12:34)	10:59 (23:33)	5:35 (29:08)	11:42 (40:50)	7:41 (48:31)		5:08 (53:39)	
	4:33 (58:12)	3:17 (1:01:29)	11:05 (1:12:34)	2:17 (1:14:51)	13:25 (1:28:16)		11:14 (1:39:30)	
	10:30 (1:50:00)	7:40 (1:57:40)	5:26 (2:03:06)	3:41 (2:06:47)	3:53 (2:10:40)		4:20 (2:15:00)	
	2:21 (2:17:21)							

**Solo Herr**

		<b>(14 / 14)</b>		<b>Tid</b>	<b>Efter</b>	<b>Bomtid</b>		
1.	<b>John Leander</b>	<b>Asarna IK</b>		1:27:50	01:04			
	7:00 (7:00)	6:17 (13:17)	3:03 (16:20)	6:19 (22:39)	4:26 (27:05)		2:36 (29:41)	
	3:06 (32:47)	2:21 (35:08)	8:22 (43:30)	1:37 (45:07)	9:31 (54:38)		8:19 (1:02:57)	
	6:18 (1:09:15)	6:20 (1:15:35)	4:27 (1:20:02)	2:28 (1:22:30)	2:03 (1:24:33)		1:26 (1:25:59)	
	1:51 (1:27:50)							
2.	<b>Torbjörn Palm</b>	-		1:28:12+0:22	00:00			
	7:38 (7:38)	6:21 (13:59)	3:22 (17:21)	6:45 (24:06)	4:28 (28:34)		2:48 (31:22)	
	3:11 (34:33)	2:28 (37:01)	8:24 (45:25)	1:37 (47:02)	9:45 (56:47)		8:05 (1:04:52)	
	6:08 (1:11:00)	5:20 (1:16:20)	4:06 (1:20:26)	2:22 (1:22:48)	1:31 (1:24:19)		2:18 (1:26:37)	
	1:35 (1:28:12)							
3.	<b>William Malm</b>	<b>PamByPetra.se</b>		1:30:30+2:40	00:00			
	7:57 (7:57)	7:15 (15:12)	3:31 (18:43)	7:18 (26:01)	5:08 (31:09)		2:18 (33:27)	
	3:17 (36:44)	3:01 (39:45)	8:35 (48:20)	1:41 (50:01)	9:53 (59:54)		8:12 (1:08:06)	
	5:47 (1:13:53)	4:51 (1:18:44)	3:34 (1:22:18)	2:16 (1:24:34)	1:57 (1:26:31)		2:26 (1:28:57)	
	1:33 (1:30:30)							
4.	<b>Andreas Vikström</b>	<b>Umeå</b>		1:34:00+6:10	02:08			
	7:54 (7:54)	6:40 (14:34)	3:21 (17:55)	7:09 (25:04)	4:55 (29:59)		2:33 (32:32)	
	5:28 (38:00)	2:32 (40:32)	8:19 (48:51)	1:39 (50:30)	9:27 (59:57)		8:26 (1:08:23)	
	6:23 (1:14:46)	5:55 (1:20:41)	4:23 (1:25:04)	2:51 (1:27:55)	2:02 (1:29:57)		2:06 (1:32:03)	
	1:57 (1:34:00)							
5.	<b>Jakob Sundin</b>	<b>Nordingrå SK</b>		1:36:41+8:51	00:00			
	8:21 (8:21)	7:06 (15:27)	3:32 (18:59)	7:44 (26:43)	5:13 (31:56)		2:42 (34:38)	
	3:34 (38:12)	2:57 (41:09)	9:02 (50:11)	1:59 (52:10)	11:12 (1:03:22)		9:33 (1:12:55)	
	5:25 (1:18:20)	5:32 (1:23:52)	3:54 (1:27:46)	2:23 (1:30:09)	2:32 (1:32:41)		2:19 (1:35:00)	
	1:41 (1:36:41)							
6.	<b>Walter Helldén</b>	<b>Sundbybergs IK</b>		1:41:15+13:25	07:54			
	7:17 (7:17)	7:13 (14:30)	3:17 (17:47)	7:07 (24:54)	4:36 (29:30)		3:00 (32:30)	
	5:26 (37:56)	3:10 (41:06)	10:09 (51:15)	2:03 (53:18)	12:18 (1:05:36)		10:32 (1:16:08)	
	5:33 (1:21:41)	6:47 (1:28:28)	4:16 (1:32:44)	2:46 (1:35:30)	1:54 (1:37:24)		1:57 (1:39:21)	
	1:54 (1:41:15)							
7.	<b>Johan Sjölund</b>	<b>Härnösands OK</b>		1:43:47+15:57	00:00			
	8:48 (8:48)	8:14 (17:02)	3:56 (20:58)	8:22 (29:20)	5:56 (35:16)		2:52 (38:08)	
	3:48 (41:56)	2:59 (44:55)	9:54 (54:49)	1:49 (56:38)	11:22 (1:08:00)		9:29 (1:17:29)	
	6:20 (1:23:49)	6:30 (1:30:19)	4:16 (1:34:35)	2:34 (1:37:09)	2:23 (1:39:32)		2:37 (1:42:09)	
	1:38 (1:43:47)							
8.	<b>Andreas Lundholm</b>	<b>Umeå OK</b>		1:43:59+16:09	00:00			
	8:55 (8:55)	8:11 (17:06)	3:57 (21:03)	8:35 (29:38)	5:46 (35:24)		2:49 (38:13)	
	3:53 (42:06)	3:13 (45:19)	9:34 (54:53)	1:51 (56:44)	11:28 (1:08:12)		9:56 (1:18:08)	
	6:19 (1:24:27)	6:10 (1:30:37)	4:18 (1:34:55)	2:50 (1:37:45)	1:58 (1:39:43)		2:07 (1:41:50)	
	2:09 (1:43:59)							
9.	<b>Tobias Bruneflod</b>	<b>Kovlands IF</b>		1:50:06+22:16	05:00			
	8:58 (8:58)	7:23 (16:21)	3:48 (20:09)	8:07 (28:16)	6:01 (34:17)		2:23 (36:40)	
	3:54 (40:34)	2:54 (43:28)	9:55 (53:23)	1:55 (55:18)	11:01 (1:06:19)		9:56 (1:16:15)	
	7:49 (1:24:04)	7:45 (1:31:49)	5:53 (1:37:42)	4:18 (1:42:00)	3:15 (1:45:15)		2:55 (1:48:10)	
	1:56 (1:50:06)							

<b>10. Henrik Lundgren</b>	<b>Kramfors-Alliansen</b>	<b>1:54:20+26:30</b>	<b>07:39</b>
10:41 (10:41)	9:31 (20:12)	4:55 (25:07)	9:54 (35:01)
3:54 (49:30)	3:06 (52:36)	9:09 (1:01:45)	6:58 (41:59)
6:50 (1:33:06)	6:28 (1:39:34)	4:27 (1:44:01)	11:05 (1:14:48)
2:16 (1:54:20)			2:16 (1:49:18)
			3:37 (45:36)
			11:28 (1:26:16)
			2:46 (1:52:04)
<b>11. Ulf Andersson</b>	<b>Obbola IK</b>	<b>2:10:27+42:37</b>	<b>01:25</b>
11:01 (11:01)	9:41 (20:42)	4:55 (25:37)	10:28 (36:05)
5:02 (51:25)	3:58 (55:23)	12:01 (1:07:24)	6:41 (42:46)
8:17 (1:45:46)	7:43 (1:53:29)	5:39 (1:59:08)	15:28 (1:25:35)
2:03 (2:10:27)			2:48 (2:05:17)
			3:37 (46:23)
			11:54 (1:37:29)
			3:07 (2:08:24)
<b>12. Adam Wallgren</b>	<b>Umeå</b>	<b>2:26:36+58:46</b>	<b>15:58</b>
11:47 (11:47)	9:28 (21:15)	5:04 (26:19)	10:52 (37:11)
7:43 (56:11)	3:02 (59:13)	11:21 (1:10:34)	8:53 (46:04)
8:30 (1:56:07)	8:34 (2:04:41)	7:12 (2:11:53)	14:02 (1:26:55)
2:04 (2:26:36)			2:32 (2:18:56)
			2:24 (48:28)
			20:42 (1:47:37)
			5:36 (2:24:32)
<b>Viktor Sjödin</b>	-		
8:40 (8:40)	7:51 (16:31)	3:58 (20:29)	Felst.
3:52 (40:22)	3:02 (43:24)	10:32 (53:56)	- (-)
6:43 (1:24:16)	7:28 (1:31:44)	5:11 (1:36:55)	- (34:08)
1:49 (1:47:58)			- (1:07:01)
			2:22 (36:30)
			10:32 (1:17:33)
			3:23 (1:46:09)
<b>Isak Lundholm</b>	<b>Umeå OK</b>		
- (-)	- (-)	- (-)	Utg.
- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)

<b>Duo Herr</b>	<b>(4 / 4)</b>	<b>Tid</b>	<b>Efter</b>	<b>Bomtid</b>
<b>1. Hugo Eriksson/Alexander Gidlund</b>	<b>Hägglunds loFK</b>	<b>1:35:21</b>	<b>00:00</b>	
8:28 (8:28)	7:10 (15:38)	3:42 (19:20)	7:25 (26:45)	4:55 (31:40)
3:23 (37:45)	2:38 (40:23)	8:33 (48:56)	1:39 (50:35)	10:08 (1:00:43)
6:39 (1:15:07)	6:03 (1:21:10)	4:25 (1:25:35)	3:04 (1:28:39)	1:44 (1:30:23)
1:53 (1:35:21)				2:42 (34:22)
				7:45 (1:08:28)
				3:05 (1:33:28)
<b>2. Viktor Olsson/Viking Olsson</b>	<b>Hägglunds loFK</b>	<b>1:41:53+6:32</b>	<b>07:06</b>	
7:36 (7:36)	6:56 (14:32)	3:17 (17:49)	7:03 (24:52)	4:56 (29:48)
6:18 (38:49)	3:02 (41:51)	11:08 (52:59)	1:55 (54:54)	10:50 (1:05:44)
6:17 (1:21:55)	6:19 (1:28:14)	4:28 (1:32:42)	2:50 (1:35:32)	2:10 (1:37:42)
1:43 (1:41:53)				2:43 (32:31)
				9:54 (1:15:38)
				2:28 (1:40:10)
<b>3. Tony Öman/Peter Hellström</b>	<b>Bollstabruk</b>	<b>1:50:39+15:18</b>	<b>01:08</b>	
9:46 (9:46)	7:58 (17:44)	4:12 (21:56)	8:24 (30:20)	5:48 (36:08)
3:50 (42:46)	2:51 (45:37)	10:03 (55:40)	2:03 (57:43)	11:54 (1:09:37)
7:49 (1:27:36)	6:57 (1:34:33)	5:05 (1:39:38)	3:22 (1:43:00)	2:55 (1:45:55)
1:51 (1:50:39)				2:48 (38:56)
				10:10 (1:19:47)
				2:53 (1:48:48)
<b>4. Axel Andersson/Andreas Andersson</b>		<b>1:54:35+19:14</b>	<b>01:07</b>	
8:51 (8:51)	8:41 (17:32)	4:36 (22:08)	9:35 (31:43)	6:24 (38:07)
3:47 (44:36)	3:01 (47:37)	10:47 (58:24)	1:57 (1:00:21)	12:59 (1:13:20)
7:27 (1:30:34)	7:13 (1:37:47)	5:27 (1:43:14)	3:50 (1:47:04)	2:20 (1:49:24)
2:22 (1:54:35)				2:42 (40:49)
				9:47 (1:23:07)
				2:49 (1:52:13)

<b>Duo Dam</b>	<b>(3 / 3)</b>	<b>Tid</b>	<b>Efter</b>	<b>Bomtid</b>
<b>1. Elin Forsgren/Elsa Eriksson</b>	<b>Vårby IK</b>	<b>1:43:50</b>	<b>00:00</b>	
9:33 (9:33)	7:56 (17:29)	4:11 (21:40)	8:20 (30:00)	5:54 (35:54)
4:13 (42:59)	3:12 (46:11)	9:25 (55:36)	2:04 (57:40)	11:14 (1:08:54)
6:40 (1:24:58)	5:48 (1:30:46)	4:12 (1:34:58)	2:44 (1:37:42)	1:47 (1:39:29)
1:39 (1:43:50)				2:52 (38:46)
				9:24 (1:18:18)
				2:42 (1:42:11)
<b>2. Lovisa Olsson/Maja Pettersson</b>	<b>Hägglunds loFK</b>	<b>1:44:00+0:10</b>	<b>00:00</b>	
9:31 (9:31)	7:56 (17:27)	4:11 (21:38)	8:20 (29:58)	5:18 (35:16)
3:52 (42:09)	3:03 (45:12)	9:46 (54:58)	1:56 (56:54)	12:10 (1:09:04)
6:40 (1:24:54)	5:45 (1:30:39)	4:13 (1:34:52)	2:54 (1:37:46)	1:48 (1:39:34)
1:37 (1:44:00)				3:01 (38:17)
				9:10 (1:18:14)
				2:49 (1:42:23)
<b>3. Annika Dahllund/Marlene Forsberg</b>	<b>Östergårå SK</b>	<b>1:48:25+4:35</b>	<b>02:18</b>	
9:39 (9:39)	7:56 (17:35)	4:06 (21:41)	8:29 (30:10)	5:49 (35:59)
4:08 (42:42)	3:03 (45:45)	9:44 (55:29)	2:00 (57:29)	12:43 (1:10:12)
6:49 (1:26:49)	5:56 (1:32:45)	4:42 (1:37:27)	3:17 (1:40:44)	3:02 (1:43:46)
2:09 (1:48:25)				2:35 (38:34)
				9:48 (1:20:00)
				2:30 (1:46:16)

<b>Duo Mix</b>	<b>(6 / 6)</b>	<b>Tid</b>	<b>Efter</b>	<b>Bomtid</b>
<b>1. Sanna Näslund/Niklas Sjölund</b>	<b>Kärnösands OK</b>	<b>1:33:02</b>	<b>00:00</b>	
8:00 (8:00)	7:19 (15:19)	3:36 (18:55)	7:26 (26:21)	4:52 (31:13)
3:27 (37:52)	2:36 (40:28)	8:26 (48:54)	1:37 (50:31)	10:09 (1:00:40)
6:49 (1:15:12)	5:12 (1:20:24)	3:50 (1:24:14)	2:51 (1:27:05)	1:38 (1:28:43)
1:33 (1:33:02)				3:12 (34:25)
				7:43 (1:08:23)
				2:46 (1:31:29)
<b>2. Sara Hallquist/Niclas Eriksson</b>	<b>Östersunds OK</b>	<b>1:41:39+8:37</b>	<b>01:52</b>	
8:01 (8:01)	7:14 (15:15)	3:38 (18:53)	7:29 (26:22)	5:12 (31:34)
3:50 (38:08)	2:41 (40:49)	9:29 (50:18)	2:01 (52:19)	11:23 (1:03:42)
6:25 (1:21:20)	6:22 (1:27:42)	4:20 (1:32:02)	3:12 (1:35:14)	1:49 (1:37:03)
1:41 (1:41:39)				2:44 (34:18)
				11:13 (1:14:55)
				2:55 (1:39:58)
<b>3. Kristina Westman/Viktor Westman</b>	<b>Stansjöhöjdens IK</b>	<b>1:59:11+26:09</b>	<b>02:53</b>	
10:01 (10:01)	9:18 (19:19)	4:25 (23:44)	9:24 (33:08)	6:47 (39:55)
4:48 (48:02)	3:38 (51:40)	11:34 (1:03:14)	2:25 (1:05:39)	13:33 (1:19:12)
6:30 (1:37:46)	5:40 (1:43:26)	3:57 (1:47:23)	3:24 (1:50:47)	3:36 (1:54:23)
1:32 (1:59:11)				3:19 (43:14)
				12:04 (1:31:16)
				3:16 (1:57:39)

4.	Emma Stom/Martin Hansson	Härnösands OK	2:01:50+28:48	01:28		
	10:08 (10:08)	9:09 (19:17)	4:24 (23:41)	9:29 (33:10)	6:50 (40:00)	3:40 (43:40)
	4:47 (48:27)	3:30 (51:57)	12:28 (1:04:25)	2:19 (1:06:44)	14:19 (1:21:03)	10:29 (1:31:32)
	7:45 (1:39:17)	6:35 (1:45:52)	4:25 (1:50:17)	3:18 (1:53:35)	2:56 (1:56:31)	3:24 (1:59:55)
	1:55 (2:01:50)					
5.	Jennie Näslund/Peter Norberg	Fagam MDB	2:14:14+41:12	05:17		
	10:52 (10:52)	10:36 (21:28)	5:34 (27:02)	11:22 (38:24)	7:18 (45:42)	3:59 (49:41)
	4:59 (54:40)	3:11 (57:51)	13:05 (1:10:56)	3:06 (1:14:02)	16:37 (1:30:39)	12:28 (1:43:07)
	7:19 (1:50:26)	6:14 (1:56:40)	4:43 (2:01:23)	2:59 (2:04:22)	3:19 (2:07:41)	3:50 (2:11:31)
	2:43 (2:14:14)					
	Pontus Andersson/Marielle Bergström	Bergsöfjalls OK	Felst.			
	9:35 (9:35)	8:40 (18:15)	4:32 (22:47)	9:02 (31:49)	6:34 (38:23)	3:36 (41:59)
	4:51 (46:50)	3:41 (50:31)	11:25 (1:01:56)	2:25 (1:04:21)	- (-)	- (1:31:27)
	7:35 (1:39:02)	6:59 (1:46:01)	4:38 (1:50:39)	3:16 (1:53:55)	2:59 (1:56:54)	2:53 (1:59:47)
	1:51 (2:01:38)					