

3,4 km

Place	StartNo	FirstName	LastName	Year	Club	Time	BehindByRa	Speed	Pace
1	325	Stefan	Stojanovic	1998	Huddinge AIS	00:11:33	00:00:00	17.68	03:23
2	345	Jakob	Persson		Enhörna IF	00:12:05	00:00:32	16.89	03:33
3	408	Erik	Rosquist		Mälarderhöjdens IK	00:12:38	00:01:05	16.15	03:42
4	275	Isak	Lefvert	2000	Mälarderhöjdens IK	00:12:49	00:01:15	15.94	03:45
5	360	Sumon	Lefvert		FK Studenterna	00:13:02	00:01:28	15.67	03:49
6	277	Jesper	Lidmar	2001	HAIS	00:13:23	00:01:50	15.25	03:56
7	221	Patrik	Bredin	1970	HAIS	00:13:26	00:01:52	15.20	03:56
8	223	Linnéa	Dennerporth	1999	Väsby friidrott	00:13:55	00:02:21	14.67	04:05
9	359	David	Thid		HAIS	00:13:58	00:02:24	14.63	04:06
10	245	Julius	Geiryd	2003	Huddinge AIS	00:14:05	00:02:31	14.51	04:08
11	201	Aleksi	Andreev	2001	Spårvägens FK	00:14:10	00:02:36	14.41	04:09
12	327	Teo	Torstensson	1984	Hägersten	00:14:26	00:02:52	14.15	04:14
13	303	Jennifer	Ohrzen	2002	SKÄRHOLMEN	00:14:35	00:03:02	13.100	04:17
14	248	Axel	Glavare Karlsson	2001	Täby	00:14:43	00:03:09	13.87	04:19
15	281	Alfred	Lindén	1998	Hägerten	00:14:53	00:03:19	13.72	04:22
16	236	Peter	Forsell	1958	ont i knät	00:14:56	00:03:22	13.68	04:23
17	227	Carl	Elgcrona	2001	Täby IS	00:14:57	00:03:23	13.66	04:23
18	274	Lisa	Larsson	1995	IF Linden	00:15:14	00:03:40	13.41	04:28
19	261	Matilda	Hägesten	2000	Älvsjö AIK Inneband	00:15:15	00:03:41	13.39	04:28
20	249	Lovisa	Glavare Karlsson	1999	Täby	00:15:21	00:03:48	13.30	04:30
21	404	Vincent	Einberg			00:15:30	00:03:56	13.17	04:33
22	407	Erik	Sandergren		Tullinge SK OK	00:15:38	00:04:04	13.06	04:35
23	276	Emeli	Lestaric	2002	HAIS	00:15:38	00:04:05	13.05	04:35
24	346	Simon	Thor		Spårvägen	00:15:39	00:04:05	13.05	04:35
25	299	Jenny	Nygren	1973	Huddinge	00:15:51	00:04:17	12.89	04:39
26	244	Jonna	Geiryd	2000	Huddinge AIS	00:15:54	00:04:21	12.84	04:40
27	243	Håkan	Geiryd	1969	Huddinge AIS	00:16:04	00:04:30	12.71	04:43
28	300	Jessica	Nylander-Leslie	1998	IFK Tumba	00:16:08	00:04:34	12.65	04:44
29	307	Alexandra	Palm	1985	Mannerståls	00:16:09	00:04:35	12.65	04:44
30	361	Roger	Albers		Sisu	00:16:13	00:04:39	12.59	04:46
31	240	Emelie	From Hoppeler	2002	MIK	00:16:19	00:04:45	12.52	04:47
32	337	Birgitta	Wåhlin	1965	IF Linden	00:16:19	00:04:45	12.51	04:47
33	293	Marco	Mogard	1960	Stuvsta trallaren	00:16:22	00:04:48	12.48	04:48
34	305	Nils	Olsson	1944	Huddinge AIS	00:16:24	00:04:50	12.45	04:49
35	225	Anders	Elgcrona	1966	Täby IS	00:16:28	00:04:54	12.40	04:50
36	228	Lena	Elgcrona	1966	Täby IS	00:16:39	00:05:05	12.27	04:53
37	349	Mathias	Ljungkvist		Huddinge Gymnast	00:16:41	00:05:07	12.24	04:54
38	365	Emil	Sörqvist		Huddinge AIS	00:16:43	00:05:09	12.21	04:54
39	364	Patrik	Sörqvist		Huddinge AIS	00:16:43	00:05:10	12.21	04:54
40	313	Sana	Rehman	1992	IFK Tumba Friidrott	00:16:49	00:05:16	12.14	04:56
41	224	Vilgot	Elfman	2003	Huddinge AIS	00:16:50	00:05:17	12.13	04:56
42	304	olle	olofsson	1949		00:17:01	00:05:27	11.100	05:00
43	323	Erik	Sedell	2002	HAIS	00:17:14	00:05:40	11.85	05:04
44	316	Max	Rodriguez	2004	HAIS	00:17:15	00:05:41	11.84	05:04

45	306	Kristina	Padel Roström	1963	Skubbarna	00:17:17	00:05:43	11.82	05:04
46	413	Gabriel				00:17:30	00:05:57	11.66	05:08
47	220	Alice	Bredin	2002	HAIS	00:17:31	00:05:58	11.65	05:09
48	260	Berit	Hugoson	1960	Kvillebyns SK	00:17:34	00:06:00	11.62	05:09
49	222	Jared	Clipparone	1986	Mannerståls	00:17:38	00:06:05	11.58	05:11
50	334	Elm	Wiebert	1996		00:17:41	00:06:08	11.54	05:12
51	396	Sara	Wännman			00:17:45	00:06:11	11.50	05:13
52	273	Sofie	Landström	2000	Älvsjö AIK	00:17:53	00:06:19	11.42	05:15
53	405	Fredrik	Einberg			00:18:08	00:06:34	11.26	05:19
54	310	Marianne	Palm	1959	Mannerståls	00:18:08	00:06:35	11.25	05:19
55	265	Jonathan	Jentler	2002	Segeltorps IF	00:18:16	00:06:43	11.18	05:22
56	373	David	Boman		Snättringe	00:18:18	00:06:44	11.16	05:22
57	289	Lisa	Mannerstål	1971	Mannerståls	00:18:21	00:06:47	11.13	05:23
58	399	Adrian	Lilius		HAIS	00:18:23	00:06:49	11.11	05:24
59	400	Clarence	Ärlesrink		HAIS	00:18:23	00:06:50	11.10	05:24
60	256	Bernt	Hellström	1948	Naif-79	00:18:34	00:07:01	10.99	05:27
61	284	Katrin	Lindén	1962	Ericsson Stockholm	00:18:37	00:07:04	10.96	05:28
62	362	Tobias	S Sjöberg		Karlstad	00:18:40	00:07:06	10.94	05:29
63	351	Jorma	Pitkånen		Tullinge-Tumba FF	00:18:46	00:07:12	10.88	05:30
64	315	Felix	Rodriguez	2002	HAIS	00:18:46	00:07:12	10.88	05:31
65	321	Emelie	Schlyter	2002	HAIS	00:18:47	00:07:13	10.87	05:31
66	314	Antonio	Rodriguez	1967	HAIS	00:18:47	00:07:13	10.87	05:31
67	282	Emil	Lindén	2003	Huddinge	00:18:59	00:07:26	10.75	05:34
68	353	Hugo	Andersson		HAIS	00:19:22	00:07:49	10.54	05:41
69	259	Diana	Holmberg	1996	Älvsjö	00:19:23	00:07:50	10.53	05:42
70	258	Bo	Holmberg	1955	Älvsjö	00:19:25	00:07:51	10.52	05:42
71	354	Tilda	Andersson		Huddinge	00:19:25	00:07:52	10.51	05:42
72	209	Anton	Bertenstam	2006	Huddinge AIS	00:19:26	00:07:53	10.50	05:42
73	342	Eva	Karlsson Paulsen			00:19:30	00:07:56	10.47	05:43
74	381	Albin	Röstlund		Huddinge	00:19:34	00:08:00	10.44	05:45
75	358	Sofia	Olsson		Huddinge	00:19:43	00:08:09	10.36	05:47
76	202	Ramesh	Arulmoli	1988	-	00:20:00	00:08:26	10.21	05:52
77	350	Hannes	Tolén		Huddinge	00:20:01	00:08:27	10.20	05:52
78	382	Erica	Nordin		SPIK	00:20:04	00:08:30	10.18	05:53
79	329	sverker	unnes	1943	friskis&svettis	00:20:05	00:08:31	10.17	05:54
80	280	Sofia	Lindeberg	1981	Mannerståls	00:20:14	00:08:41	10.09	05:57
80	398	Carina	Hägesten		Älvsjö AIK	00:20:14	00:08:41	10.09	05:57
82	386	Bianca	Galluzzi			00:20:19	00:08:46	10.05	05:58
83	308	Benny	Palm	1955	Mannerståls	00:20:24	00:08:50	10.01	05:59
84	378	Ola	Lovekrans			00:20:26	00:08:52	9.99	06:00
85	230	Monica	Engkvist	1956	Team MoTo	00:20:33	00:09:00	9.93	06:02
86	247	Arvid	Glavare Karlsson	2004	Täby	00:20:42	00:09:09	9.86	06:05
87	319	Petra	Samuelsson	1956		00:20:59	00:09:25	9.73	06:10
88	241	Lisa	Furuhed	2000	Hägersten	00:21:03	00:09:30	9.70	06:11
89	410	Jan-Olof	Furehed		Stockholm Rullskidl	00:21:03	00:09:30	9.70	06:11
90	226	Anna	Elgcrona	2004	Täby IS	00:21:04	00:09:30	9.69	06:11
91	272	Lars	Karlsson	1970	Täby	00:21:04	00:09:30	9.69	06:11
92	253	Ludvig	Gustafsson	2005	Saltsjö Duvnäs	00:21:06	00:09:33	9.67	06:12
93	235	Albin	Forsberg	2001		00:21:07	00:09:34	9.67	06:12

94	239	Marie	Frisell Forsberg	1970		00:21:07	00:09:34	9.67	06:12
95	406	Marina	Ruokolainen			00:21:12	00:09:38	9.63	06:13
96	234	Camelia	Folkerheim	1974	Segeltorp	00:21:15	00:09:41	9.61	06:14
97	339	Julia	Östlund	1994	Mannerståls	00:21:21	00:09:48	9.56	06:16
98	318	Kristina	Rosqvist	1960	Hägersten	00:21:31	00:09:57	9.49	06:19
99	287	Stefan	Lundberg	1948	Sannadals S12	00:21:36	00:10:02	9.45	06:20
100	229	Katarina	Ellström	1961		00:21:43	00:10:09	9.40	06:23
101	363	Rebecka	S Sjöberg		Karlstad	00:21:52	00:10:18	9.34	06:25
102	352	Raakel	Pitkånen		Tullinge-Tumba FF	00:21:54	00:10:20	9.32	06:26
103	214	Eric	Björklund	2007		00:21:55	00:10:21	9.32	06:26
104	215	Janne	Björklund	1960		00:21:55	00:10:21	9.32	06:26
105	266	Philip	Jentler	2003	Segeltorps IF	00:21:58	00:10:25	9.29	06:27
106	415	Börje	Kårslund		Stockholm	00:21:58	00:10:25	9.29	06:27
107	403	Göran	Nystrand		SPIK	00:22:03	00:10:29	9.26	06:28
108	330	Emma	Wahlberg	1984	Humpe	00:22:11	00:10:38	9.20	06:31
109	207	Alma	Bertenstam	2001		00:22:12	00:10:39	9.19	06:31
110	355	Alice	Broman		Huddinge	00:22:14	00:10:41	9.18	06:32
111	357	Ylva	Broman		Huddinge	00:22:14	00:10:41	9.18	06:32
112	409	Embla	Nystrand			00:22:15	00:10:42	9.17	06:32
113	270	Ulrika	Jentler	1973	Segeltrops IF	00:22:28	00:10:54	9.09	06:36
114	387	Ola	Lovekrans			00:22:33	00:10:59	9.05	06:37
115	401	Frida	Älander		Huddinge	00:22:49	00:11:16	8.94	06:42
116	402	Malin	Älander		Huddinge	00:22:53	00:11:20	8.92	06:43
117	348	Emma	Dahlen		Gymmix	00:23:10	00:11:36	8.82	06:48
118	347	Olivia	Aksoy		Gymmix	00:23:10	00:11:36	8.81	06:48
119	301	Staffan	Nystrand	1955	Solna	00:23:49	00:12:15	8.57	07:00
120	390	Linnea	Berg		Huddinge	00:23:52	00:12:19	8.55	07:01
121	376	Håkan	Forsberg		SPIK	00:24:04	00:12:30	8.48	07:04
122	331	Kristina	Walfridsson	1960	Uttran	00:24:16	00:12:42	8.42	07:08
123	371	Bo	Järgholm		SPIK	00:25:14	00:13:41	8.09	07:25
124	255	Lars	Hansson	1942	Ranstad Runners	00:25:21	00:13:47	8.05	07:27
125	311	Anders	Persson	1961	Huddingemoderate	00:25:55	00:14:22	7.88	07:37
126	341	Jelena	Drenjanin		Ekerö	00:25:56	00:14:22	7.87	07:37
127	394	Lars-Erik	Eklöw		SpIK	00:26:13	00:14:40	7.79	07:42
128	397	Adam	Wännman		Älvsjö	00:26:58	00:15:25	7.57	07:55
129	395	Helena				00:27:00	00:15:26	7.56	07:56
130	216	Maud	Björklund	1965		00:27:13	00:15:39	7.50	08:00
131	213	Elin	Björklund	2005		00:27:13	00:15:39	7.50	08:00
132	392	Elisabet	Lodin		HAIS	00:27:30	00:15:56	7.43	08:05
133	393	Helena	Lodin		HAIS	00:27:30	00:15:57	7.42	08:05
134	367	Alicia	von Seth		Huddinge	00:28:04	00:16:31	7.27	08:15
135	369	Didrik	von Seth		Huddinge	00:28:04	00:16:31	7.27	08:15
136	366	Ann-Marie	von Seth		HAIS	00:28:05	00:16:31	7.27	08:15
137	375	Björn	Jansson		KK Glid	00:28:07	00:16:33	7.26	08:15
138	356	Viola	Sjödin		Huddinge	00:28:14	00:16:41	7.23	08:18
139	208	Anne-Lee	Bertenstam	1973		00:28:18	00:16:44	7.22	08:19
140	377	Arne	Hedqvist		SPIK	00:28:29	00:16:55	7.17	08:22
141	370	Nils	Sjonsson		SPIK	00:28:53	00:17:19	7.07	08:29
142	374	Björn	Malmsten		Upplands Väsby	00:29:30	00:17:56	6.92	08:40

143	344	Lars	Jidell		Huddinge	00:29:39	00:18:05	6.89	08:43
144	343	Erik	Jidell		Solrosen	00:29:39	00:18:06	6.89	08:43
145	412	Sofia	Hoppeler			00:29:49	00:18:15	6.85	08:45
146	411	Ewa				00:29:58	00:18:24	6.81	08:48
147	286	Gert	Ljungkvist	1937	Sthlm Söder Rotary	00:30:37	00:19:03	6.67	09:00
148	380	Sara	Röstlund			00:31:07	00:19:34	6.56	09:09
149	379	Christina	Röstlund		Gävle	00:31:07	00:19:34	6.56	09:09
150	326	Sofia	Tor	1977	Resursteamet IF	00:31:09	00:19:36	6.55	09:09
151	254	Ulrika	Gustafsson	1975	Saltsjö Duvnäs	00:32:14	00:20:41	6.33	09:28
152	252	Amelia	Gustafsson	2008	Saltsjö Duvnäs	00:32:15	00:20:42	6.33	09:29
153	383	Ida	Karlsson		SPIK	00:32:19	00:20:46	6.32	09:30
154	384	Kenneth	Karlsson		SPIK	00:32:21	00:20:47	6.31	09:30
155	385	Christoffer	Lewald		Stockholm	00:32:40	00:21:07	6.25	09:36
156	388	Mats	Walfridsson		Uttran	00:32:49	00:21:15	6.22	09:38
157	279	Rasmus	Lindeberg	2010	Mannerståls	00:33:37	00:22:03	6.07	09:53
158	414	Vincent	Mannerstå			00:33:38	00:22:04	6.07	09:53
159	278	Filip	Lindeberg	2012	Mannerståls	00:33:39	00:22:05	6.07	09:53
160	309	Fredrik	Palm	1983	Mannerståls	00:33:39	00:22:06	6.07	09:53
161	389	Erik	Forsed		Stallgångarna	00:33:44	00:22:10	6.05	09:55
162	290	Lollo	Mannerstål	1998	Mannerståls	00:33:56	00:22:22	6.02	09:58
163	288	Ann-Marie	Mannerstål	1941	Mannerståls	00:33:56	00:22:22	6.02	09:58
164	257	Reino	Hiltunen			00:36:26	00:24:53	5.60	10:42
165	296	Kolbjörn	Nilsson	1934	Hammarby IF	00:45:21	00:33:47	4.50	13:20
166	372	Suzanne	Elmz		Huddinge	00:45:22	00:33:48	4.50	13:20
	200	Kjell	Andersson	1947	Vårby				
	203	Markus	Asplund	2000	Huddinge AIS				
	204	Jonathan	Bergdahl	1999	Huddinge AIS				
	205	Robert	Bergqvist	1971	Hägersten				
	206	Hanna	Bergström	1997	Huddinge AIS				
	210	Vera	Bertenstam	2003					
	211	Jeanette	Bjerkestam	1972	Huddinge				
	212	Lina	Bjerkestam	2005	Huddinge				
	217	Maj	Borg	1936	Segeltorp				
	218	Hillevi	Boström	2006	Huddinge				
	219	Sofia	Boström	1972	Huddinge				
	231	Ellen	Eriksson	2002	Skärholmen				
	232	Marie	Flourié	1964	Stockholm				
	233	Nnnnnn	Flourié Nr 2	1964	Stockholm				
	237	Fredrik	Forsell Wallin	1994	Hägersten				
	238	Hilda	Fransson	1994	IF Linden				
	242	Witali	Gebel	1976	Skärholmen				
	246	Maria	Glavare	1972	Täby				
	250	Dante	Grähs Eriksson	2006	Hägersten				
	251	Isolde	Grähs Eriksson	2009	Hägersten				
	262	Marcus	Häggh	1998	Huddinge AIS				
	263	Gulli	Jacobsson	1937	Huddinge				
	264	Sune	Jacobsson	1948	Huddinge				
	267	Josef	Janussi	1971	Skärholmen				
	268	Julian	Janussi	2002	Skärholmen				

	269	Magdalena	Janussi	1972	Skärholmen				
	271	Harry	Johansson	1924	Segeltorp				
	283	Emma	Lindén	1994	Hägersten				
	285	Vera	Ljung	1981	Skärholmen				
	291	Helena	Martinsson	1962	Segeltorp				
	292	Elham	Moallemi	1996	Huddinge AIS				
	294	Christina	Nilsson	1948	Älvsjö				
	295	Inge	Nilsson	1948	Älvsjö				
	297	Eva	Nolsäter	1958	Älvsjö				
	298	Ellinor	Nolsäter Sörensen	1997	Älvsjö				
	302	Maria	Ohlin	1974	Hägersten				
	312	Oliwer	Raitis	2001	Huddinge AIS				
	317	Anna	Rosqvist	1994	Hägersten				
	320	Erika	Sandberg	1998	Huddinge AIS				
	322	Daniel	Sedell	2002	HAIS				
	324	Erik	Skoglund	2005	Huddinge AIS				
	328	Johan	Tryman	1994	Skärholmen				
	332	Niclas	Wallin	1999	Huddinge AIS				
	333	Pia	Waninger	1958	Huddinge				
	335	Julia	Wiebert	1993					
	336	Pernilla	Wiebert	1964					
	338	Catharina	Yarlett	1960	Segeltorp				
	340	Helene	Östmark	1968	Stockholmspolisens IF F-98				
	368	Beatrice	von Seth		Huddinge				
	391	Henrik	Ljungkvist						

10 km

Place	StartNo	FirstName	LastName	DateOf	Club	Time	BehindByRa	Speed	Pace
1	109	Aleksei	Saveljev		Huddinge AIS	00:32:55	00:00:00	18.24	03:17
2	132	Hugo	Hultqvist		Sundbybergs Ik Skid	00:33:13	00:00:18	18.07	03:19
3	108	Jonas	Liderholm		Huddinge AIS	00:33:37	00:00:42	17.85	03:21
4	135	Cédric	Schwartzler		Runners Store LK	00:34:42	00:01:47	17.30	03:28
5	129	Andreas	Åkesson		Saltsjöbadens IF	00:35:26	00:02:31	16.94	03:32
6	96	Anders	Ternow	1977		00:36:43	00:03:48	16.35	03:40
7	128	Erik	Olsson		Urban Tribes	00:37:21	00:04:26	16.07	03:44
8	92	Jonas	Sundin	1970	ICA Kvantum Kunge	00:37:42	00:04:47	15.92	03:46
9	110	Sebastian	Högdahl			00:38:51	00:05:56	15.45	03:53
10	100	Johan	Wieck	1969	W2	00:38:54	00:05:59	15.43	03:53
11	139	Björn	Lönner			00:39:16	00:06:20	15.29	03:55
12	116	Anders	Klockar		HAIS	00:39:25	00:06:30	15.23	03:56
13	10	Marcus	Berglund	1970	ICA Kvantum Kunge	00:39:48	00:06:53	15.08	03:58
14	4	Zakarias	Andersson	1966	Huddinge	00:39:59	00:07:04	15.02	03:59
15	136	Thomas	Lundkvist		Rehns BK	00:40:00	00:07:05	15.01	03:59
16	43	Kennet	Johansson	1964	Vårby	00:40:43	00:07:48	14.74	04:04
17	112	Magnus	Boström			00:40:45	00:07:50	14.73	04:04
18	133	Tobias	Röstlund		Sträcklöp	00:40:53	00:07:58	14.68	04:05
19	44	Linn	Johansson	1986	IF Linnéa	00:40:58	00:08:03	14.65	04:05
20	3	Håkan	Andersson	1973	Stockholms RK	00:41:12	00:08:17	14.57	04:07

21	126	Daniel	Wallinder		FK Studenterna	00:41:14	00:08:19	14.56	04:07
22	73	Åsa	Nylander	1967	IFK Tumba	00:41:30	00:08:35	14.46	04:08
23	103	Lelle	Kingstedt			00:41:49	00:08:54	14.36	04:10
24	141	Rickard	Jeneskog		FK Studenterna	00:42:31	00:09:36	14.12	04:15
25	121	Daniel	Jonsson			00:42:31	00:09:36	14.12	04:15
26	51	Niklas	Langvig	1976	Segeltorp	00:42:33	00:09:38	14.11	04:15
27	111	Tomas	Pakkanen		Scania IF	00:42:59	00:10:04	13.96	04:17
28	13	Henrik	Björk	1994	Ekerö	00:43:17	00:10:22	13.87	04:19
29	1	Christian	Adler	1982		00:43:28	00:10:33	13.81	04:20
30	125	Kenneth	Nyberg		Hemlingby LK	00:43:34	00:10:39	13.78	04:21
31	104	Jason	Murphy			00:43:42	00:10:47	13.73	04:22
32	17	Hugge	Bolt	1995	Jamaica	00:43:55	00:11:00	13.67	04:23
33	143	David	Perlskog			00:44:09	00:11:14	13.59	04:24
34	85	Sixten	Roström	1997	Skubbarna	00:44:14	00:11:18	13.57	04:25
35	37	Daniel	Hartley	1979	Huddinge	00:44:23	00:11:28	13.53	04:26
36	24	Magnus	Ekström	1976	SEB	00:44:27	00:11:32	13.51	04:26
37	62	Lukas	Lovén	1974	IF Linnéa	00:44:36	00:11:41	13.46	04:27
38	40	Henrik	Holmqvist	1977	Svensk fastighetsfö	00:44:44	00:11:49	13.42	04:28
39	39	Marcus	Hedlund	1973	Bygg R1 AB	00:44:48	00:11:53	13.40	04:28
40	124	Fredrik	Sjöberg			00:45:02	00:12:07	13.33	04:30
41	83	Anders	Rosendahl	1969	Huddinge AIS	00:45:02	00:12:07	13.33	04:30
42	26	Johan	Elfman	1973	Huddingte	00:45:13	00:12:18	13.28	04:31
43	60	Stefan	Lodestad	1974	Tullinge	00:45:16	00:12:21	13.26	04:31
44	99	Anders	Wiebert	1966		00:45:19	00:12:24	13.25	04:31
45	105	Michael	Jerlin			00:45:21	00:12:26	13.23	04:32
46	76	Staffan	Ornstam	1972	Stuvsta	00:45:49	00:12:54	13.10	04:34
47	94	Marko	Säävälä	1971	Snättringe	00:46:08	00:13:13	13.01	04:36
48	102	Stefan	Frost		Huddinge AIS	00:46:18	00:13:23	12.97	04:37
49	138	Thomas	Lirén		Mordor	00:46:30	00:13:35	12.91	04:38
50	117	Hannu	Rytilahti		Etana RC	00:46:49	00:13:54	12.82	04:40
51	114	Claes	Lundahl		Gymmix	00:46:53	00:13:58	12.81	04:41
52	72	Andreas	Norberg	1983	Resursteamet IF	00:46:57	00:14:02	12.78	04:41
53	33	Daniel	Förberg	1974	Fredrikshof FIF	00:47:03	00:14:08	12.76	04:42
54	145	Daniel	van Berlekom		SpIK	00:47:09	00:14:13	12.73	04:42
55	118	Lina	Andersson		Trollhättans SOK	00:47:12	00:14:17	12.72	04:43
56	35	Katarina	Gunsell	1972	Team Skavsåret IF	00:47:48	00:14:53	12.56	04:46
57	64	Stefan	Manley	1970	ICA Kvantum Kunge	00:47:54	00:14:59	12.53	04:47
58	2	Cecil	Allstrin	1975	SEB	00:48:06	00:15:11	12.48	04:48
59	144	Tommy				00:48:17	00:15:22	12.43	04:49
60	22	Mia	Edvardsson	1966	Hässelby SK	00:48:28	00:15:33	12.39	04:50
61	142	Raffaele	Hamdoli		SpIK	00:48:32	00:15:37	12.37	04:51
62	113	Agneta	Nevell		Gymmix	00:48:33	00:15:38	12.36	04:51
63	57	Johan	Lindblad	1971	Segeltorp	00:49:03	00:16:07	12.24	04:54
64	101	Kennet	Bergh		Huddinge Moderat	00:49:11	00:16:16	12.20	04:55
65	84	Rikard	Roström	1962	Skubbarna	00:49:41	00:16:46	12.08	04:58
66	140	Björn	Hjelm			00:49:43	00:16:48	12.07	04:58
67	12	Johan	Bertenstam	1964	Huddinge AIS	00:50:00	00:17:05	12.01	04:59
68	89	Dennis	Sivertsson	1990		00:50:24	00:17:29	11.91	05:02
69	119	Anders	Svensk			00:50:29	00:17:34	11.89	05:02

70	65	Julia	Mastelle	1977	Spring Girls	00:50:41	00:17:46	11.84	05:04
71	66	Niclas	Mastelle	1968	Tullinge	00:50:45	00:17:50	11.83	05:04
72	67	Kjell	Nilsson	1950	Avaviken SK	00:51:01	00:18:06	11.77	05:06
73	49	Tommy	Lacandler	1952	Team MoTo	00:51:48	00:18:53	11.59	05:10
74	88	Pontus	Selin	1985		00:52:05	00:19:10	11.53	05:12
75	55	Sami	Lehto	1975	Huddinge	00:52:22	00:19:27	11.46	05:14
76	93	Christine	svedjestränd	1963	Bandhagen	00:52:23	00:19:28	11.46	05:14
77	82	Nina	Ridell	1960		00:52:24	00:19:29	11.46	05:14
78	9	Magnus	Berglund	1954		00:52:24	00:19:29	11.45	05:14
79	127	Ulrik	Johansson			00:52:45	00:19:50	11.38	05:16
80	130	Fredrik	Gustafsson		Kvantum	00:53:16	00:20:21	11.27	05:19
81	75	Mikael	Onelius	1985	Nacka	00:54:00	00:21:05	11.12	05:23
82	137	Ingrid	Bertmar		Passlöparna i Hudd	00:54:12	00:21:17	11.08	05:25
83	59	Kjell	Lindén	1956	Stockholms Rullskid	00:54:32	00:21:37	11.01	05:27
84	115	Lotta	Lindberg		Gymmix	00:54:52	00:21:57	10.94	05:29
85	86	Lotta	Rydélius Melin	1960	ESIK	00:55:18	00:22:23	10.86	05:31
86	50	Åsa	Lagerlöf	1971		00:55:29	00:22:34	10.82	05:32
87	23	Tomas	Ekholm	1970	Huddinge AIS	00:57:38	00:24:43	10.42	05:45
88	32	Lena	Furehed	1965	Hägersten	00:58:41	00:25:46	10.23	05:52
89	107	Mathias	Axelsson		SSK	00:58:44	00:25:49	10.22	05:52
90	7	Edgeline	Barrientos	1978	Tumba	00:59:08	00:26:13	10.15	05:54
91	46	Björn	Karlsson	1946	Huddingemoderate	00:59:33	00:26:38	10.08	05:57
92	106	Göran	Axelsson		SSK	01:00:19	00:27:24	9.95	06:01
93	134	Carina	Persson		SpIK	01:00:51	00:27:55	9.87	06:05
94	97	Rolf	Tryman	1948	FOI Grindsjöns IF	01:02:44	00:29:49	9.57	06:16
95	122	Karin	Balk		SpIK	01:08:03	00:35:08	8.82	06:48
96	61	Roma	Loukes	1984	Nacka	01:08:54	00:35:59	8.71	06:53
97	120	Gunnel	Eiderfors			01:09:03	00:36:08	8.69	06:54
98	131	Mats	Herhvall		SpIK	01:10:08	00:37:13	8.56	07:00
99	123	Carina	Hill		SpIK	01:10:11	00:37:16	8.55	07:01
100	98	Fredrik	Wall	1968	Segeltorp	01:12:59	00:40:04	8.23	07:17
101	36	Marlene	Hall	1970	ICA Kvantum Kunge	01:25:47	00:52:52	6.100	08:34
102	34	Malin	Garfve	1970	ICA Kvantum Kunge	01:25:47	00:52:52	6.100	08:34
103	15	Susanne	Boestad	1971	Segeltorp	01:26:02	00:53:07	6.98	08:36
104	16	Nnnnnn	Boestad Nr 2	1971	Segeltorp	01:26:02	00:53:07	6.98	08:36
	5	Tomas	Asp	1967	Albacon		00:00:00		
	6	Tellis	Baroutsis	1973	Stockholm		00:00:00		
	8	Carina	Bengtsson	1977	Segeltorp		00:00:00		
	11	Fredrik	Bergman	1973	Huddinge		00:00:00		
	14	Robert	Björklund	1975	Hägersten		00:00:00		
	18	Per-Åke	Broman	1967	Snigel IS		00:00:00		
	19	Bo	Calsson	1937	Skärholmen		00:00:00		
	20	Bo	Carlsson Nr 2	1937	Skärholmen		00:00:00		
	21	Herman	Degselius	1973	FK Studenterna		00:00:00		
	25	Martin	Ekström	1973	If linnea		00:00:00		
	27	Fredrik	Ericsson	1970	Skärholmen		00:00:00		
	28	Johanna	Ericsson Selin	2001			00:00:00		
	29	Henrik	Fluch	1977	DIF		00:00:00		
	30	Niklas	Frykström	1974	Skändal		00:00:00		

31	Jan-Olof	Furehed	1964	Hägersten		00:00:00		
38	Per	Haufman	1969	Segeltorp		00:00:00		
41	Maria	Isaksson	1977			00:00:00		
42	Ulf	Jentler	1976			00:00:00		
45	Royne	Johansson	1947	Skärholmen		00:00:00		
47	Leila	Koivumäki	1963	Huddinge		00:00:00		
48	Börje	Kärslund	1947	Segeltorps IF		00:00:00		
52	Bruce	Larsson	1944	Älvsjö		00:00:00		
53	Magnus	Larsson	1965	Älvsjö		00:00:00		
54	Martin	Larsson	1971	Huddinge AIS		00:00:00		
56	Peter	Lewandowski	1976	IF Swithiod		00:00:00		
58	Fredrik	Lindegårdh	1971	Segeltorp		00:00:00		
63	Danny	Lundblad	1970	ICA Kvantum Kungens Kurva		00:00:00		
68	Peter	Nilsson	1982	Kreationsbyrån		00:00:00		
69	Rasmus	Nilsson	1970	ICA Kvantum Kungens Kurva		00:00:00		
70	Rasmus	Nilsson	1970	ICA Kvantum Kungens Kurva		00:00:00		
71	Jan Anders	Nnnnnnn	1960	Hägersten		00:00:00		
74	Magnus	Olsson	1977	DIF		00:00:00		
77	Martin	Palitz	1974	Älvsjö		00:00:00		
78	Therese	Persson	1990	Bygg R1 AB		00:00:00		
79	Sture	Pettersson	1979	Huddinge		00:00:00		
80	Sirine	Pharaon	1974	Solna		00:00:00		
81	Vanessa	Qvistgaard	1970	ICA Kvantum Kungens Kurva		00:00:00		
87	Johan	Schwartz	1970	ICA Kvantum Kungens Kurva		00:00:00		
90	Peter	Skoglund	1967	Huddinge		00:00:00		
91	Henrik	Straeng	1960	Stockholm		00:00:00		
95	Stefan	Tengvall	1976	DIF		00:00:00		